

FRASER COAST What's On

April 2017 FREE MONTHLY MAGAZINE

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2017 PUBFEST

iTedE
DAVID STRASSMAN
PUPPETRONICS

A BEER WITH
DAVID GLEESON
OF THE SCREAMING JETS

SCHOOL HOLIDAYS:
FUN IDEAS

GIG GUIDE

Beth
MOONEY

Our
Rising
Star



April means long weekends...
...make them memorable!

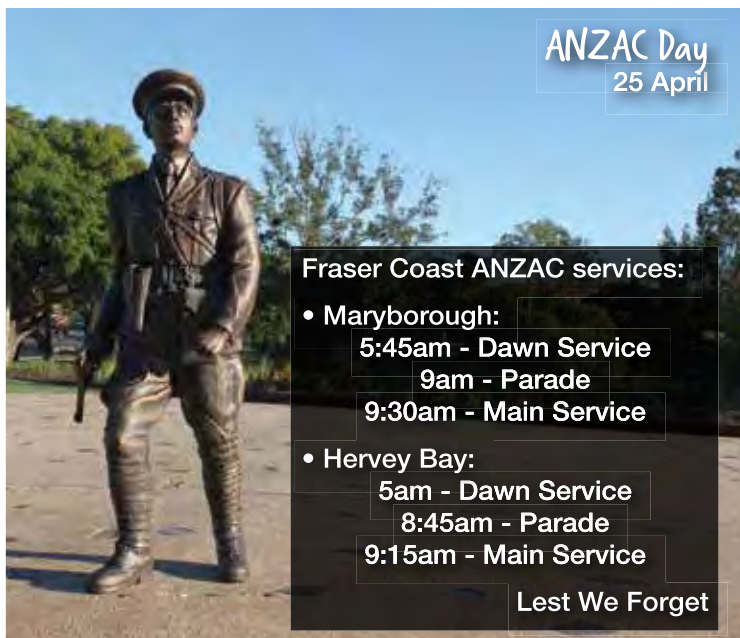


Easter is about getting the family together...
...and fishing!



Burrum Fishing Classic
14-16 April

ANZAC Day
25 April

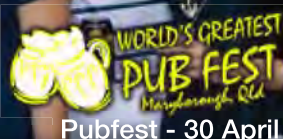


Fraser Coast ANZAC services:

- Maryborough:
 - 5:45am - Dawn Service
 - 9am - Parade
 - 9:30am - Main Service
- Hervey Bay:
 - 5am - Dawn Service
 - 8:45am - Parade
 - 9:15am - Main Service

Lest We Forget

Maryborough throws one helluva party!
...Get the squad together and join the fun



Pubfest - 30 April

bookings • tours • accommodation • events

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What's On

Note from the Editor



As the first school term draws to a close and the Easter school holidays begin I am reminded once again of how important family actually is.

We are all guilty of racing through life, and trying to be everything to everyone when what we really need to do is pause, take a deep breath and rethink about the

things that matter the most to each of us. So these holidays if possible throw your routine out of the window, change things up, be spontaneous but most of all have fun!

April has something for everyone. From the 4th Annual Purple & Gold Ball, to the Burrum Heads Easter Fishing Classic, Marcus' Legacy Family Fun Day, the Fraser Coast Dance Festival, the Bay to Bay Trailable yacht race and of course the World's Greatest Pub Fest 2017, this is a huge event held in Maryborough each year. So make sure that you get involved and support these events with those that you love.

Kim Parnell
Editor

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The Whats On Fraser Coast magazine is published monthly and distributed for free across the Fraser Coast region. Published by Chameleon Group (ABN 103883816) 16 Southern Cross Circuit, Urangan QLD 4635. Printed by Chameleon Print.

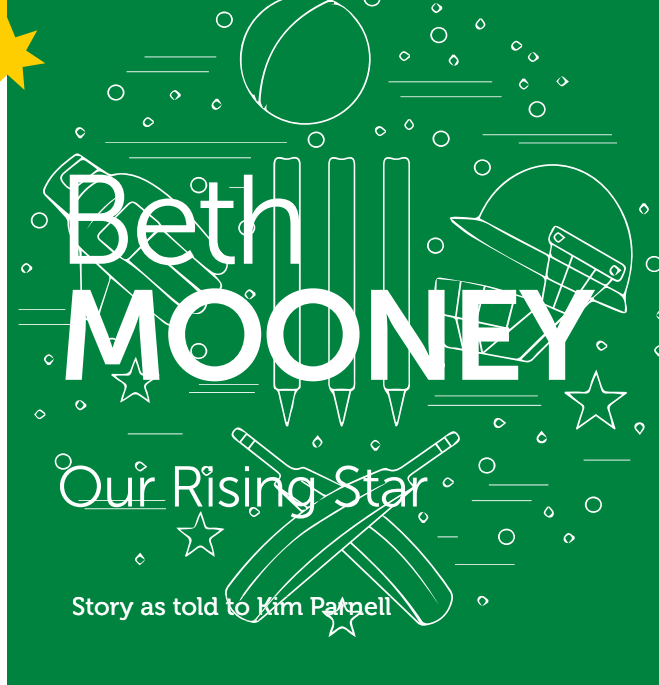
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I was born in Shepparton, Victoria in 1994. My family and I moved up to Hervey Bay when I was 10. Hervey Bay was pretty cool growing up, I went to Star of the Sea. Followed by Xavier College and found that you get more opportunities to learn and play sport and do different things when you are in a smaller environment.

Dad and I used to ride our bikes along the Esplanade early in the morning before school, we would also Kayak out on the water, at the time we had another dog named Jasper and we would put him on the front and go Kayaking for a couple of hours which was really cool, just the vibe I think is what makes coming back so nice.

When I started out I tried out for the Hervey Bay Zone Trials but had never wicket kept or anything before but I was the best catcher in the team so the coach at the time Richard Dugdale said why don't you try wicket-keeping for us, I said yeah great and then went to the State Championships. After that I made the Queensland Primary School girls team and it went from there, I decided then that this was what I wanted to do. I was about 13 at the time and the current Queensland Coach Andy Richards from Hervey Bay actually said to me that I would play for Australia. I don't know how he worked that out when I was that age but he did and I am so glad that he was right.

I just loved the team environment in Cricket and then obviously as I started to make a few more teams I made some really good friends. I think that is what has kept me in the game is the friendships that I created, and I always looked forward to going to Brisbane and missing a few days of school and catching up with my really good friends on my team. I think that is probably what helped me, having good people on your team makes a massive difference.



When I have time off I like to spend it with my Border Collie, Ruby. I do a bit of road cycling as well, Oh and I am a bit of a coffee snob so I like to find new cafes down in Brisbane and catch up with my mates from cricket and away from cricket. I just like being able to relax and just get away from cricket for a bit and to go on adventures.

In my Cricketing Career I play for Queensland on the one day side and the Brisbane Heats T20 side, so WBBL and I play for Australia. My biggest achievement to date would be when I was part of the first Queensland T20 team to win the title which was pretty cool and I was lucky enough to get to Captain that, that has probably been one of my favourite memories along with obviously debuting for Australia, that was right up there as well that was a bit of a dream come true, and of course I scored my first 100 for Australia a couple of weeks ago. This felt pretty surreal because I didn't have a very good T20 series a week or so before that so I couldn't buy a run basically and then to go out and be a consistent performer in the one day side and nail that opening position was pretty cool.

My advice to any Junior trying to get into the game is to enjoy the opportunity's that you get given but at the same time embrace the friendships that you create and if you look at it like that you will probably play a little bit longer and more successfully than some people.

I am having a holiday in a few weeks on the Whitsundays before I go back to Brisbane for the world cup prep, we have a few camps before the world cup in England in June. I would really like to play in all the games in the world cup if I get picked, and hopefully help us to win. So, a busy year ahead.



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HELP BREAK A WORLD RECORD WITH THE MARYBOROUGH PUB FEST

Story source/information:
www.worldsgreatestpubfest.com.au

The 12th Annual Maryborough Pub Fest is gearing up to be a huge event on the Fraser Coast on Sunday, April 30 so get dressed up for this great fundraiser!

This year the theme is Aussie Outback and the colour is green. All money raised goes to Rural Aid. Did you know that some entrants enter every year and plan their costumes months in advance.

It is a celebration of mateship and reunions and highlights Maryborough's outstanding heritage architecture and welcoming hospitality. The Pub Fest has a timeless appeal and crosses cultural and demographic boundaries. Young and old, friends and strangers, chat, laugh, dance and party away the afternoon as they work their way around the city's pubs. Some of the most enthusiastic revellers are groups of grandmothers and grandfathers who – like so many others – use the Fest as an annual reunion.

Register and take part to help Maryborough seize back its world record. Did you know that In 2013 Maryborough set a new record for the most people at a pub crawl with 4,781 participants. But unfortunately lost the title to Kansas City that year.

You can also buy some cool 2017 Merchandise at: The Maryborough Visitor Info Centre, Hervey Bay Visitor Info Centre, and the Brolga theatre. Or online, go to: www.worldsgreatestpubfest.com.au and follow the links. You can purchase lanyards, hats, stubby coolers, Polo Shirts and of course your Crawl Card.

At its peak there were almost 40 pubs in the immediate Maryborough area – many of which remain today and are part of the history-making annual pub Fest event. The event not only helps to celebrate the important social role of the city's pubs since its inception, but highlights Maryborough's outstanding heritage architecture which is on show in its historic pubs and buildings.

Maryborough is one of Queensland's oldest cities and has a rich and fascinating history, but what really sets Maryborough apart is that much of that heritage remains – just waiting to be uncovered.

HOW TO CRAWL?

Step 1: Buy an official Pub Fest Passport. Once you have a fully stamped card, complete the information section and pop into the barrel for your chance to win \$5000 Cash.

*Please note: If you do not purchase a passport you will not be able to catch the bus, or receive any prize money.

Step 2: Get a team together and create your costumes.

There will be costume competitions throughout the day, with prize money to be won. Prizes will be awarded to best dressed individual, best team with under 5 members and People's Choice award.

Step 3: Find a starting point

Make your way to any of the participating pubs just before the official starting time of 11:00am.

Maryborough's time cannon will fire on the dot of 11am in Wharf Street and the bells of St Paul's Anglican Church ring to officially kick off the day.

Step 4: Join the fun with your mates

Get your card stamped on the back of the Pub Fest Passport. When you purchase an item from over the bar, the bar attendant will stamp your card.

Enjoy the day with your mates and support our cause – Rural Aid

We recommend and encourage non-alcoholic drinks. If you do choose to drink alcohol, please drink and act responsibly and do not drive.

Please note: You must be 18 years of age or over to participate in the Pub Crawl. Please do not bring along minors to the event as they will not be allowed inside any of the pubs.

Buses will be operating to and from Hervey Bay on the event day.

The Boat Club

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WED 10:15AM **\$26**
TO PLAY

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+ Undercover + Big Bucks Link Bingo

THU 10:15AM **\$10**
TO PLAY

5x \$100
JACKPOTS MUST BE WON

FRI 10:15AM

15 FREE GAMES! **\$3 Manager Special**

\$500 JACKPOT
MUST BE WON

SAT 1:30PM **\$20**
TO PLAY

\$500 14x Trebles
JACKPOTS MUST BE WON

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TO PLAY

5x \$100 3x \$250 2x \$1,000
JACKPOTS MUST BE WON



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David Strassman iTedE

SHOW DETAILS

Hervey Bay RSL
Fri, May 5

7pm – Tickets \$59.90
Ph 4197 7444
www.herveybayrsl.com.au

Brolga Theatre, Maryborough
Sat, May 6

7pm – Tickets \$84.90
A Reserve \$64.90
B Reserve \$54.90
Call: 4122 6060



David Strassman's new show iTedE is coming to the Fraser Coast for two exciting shows in May.

Taking ventriloquism to new heights and beyond, visiting places that it has never visited before, David takes you to the world of wireless robots where it appears that his characters are drawing breath, and looking right at you. He has actually made the art of Ventriloquy look cool.

His latest show plays on the fact that we are addicted to technology, and always looking at our Ipads, mobile phones and consoles, we are lost within a digital world and have lost the art of looking into each others face's and communicating, this makes for some interesting word play amongst the characters. The highlight of the show is a twenty minute segment in the second half where David engages in a hilarious six way conversation with five puppets. This is true Puppetronics at its very best.

Each of David's Puppets have personalities that we can all associate and identify with. Like us they have fears and neuroses. This show features the the evil and selfish Chuck Wood the cute and naive Ted E. Bare, the energetic Sid Beaverman, Kevin the Alien, and the always drunk Buttons the Clown.

The American Ventriloquist was born in 1957 and was raised in Los Angeles, California. In grade 8 David took a ventriloquism class and realised that he was good at it and that he could make money from his performances and a lot more money than other Jobs at the time. He also started out busking in places like Leicester Square, New York, London and Paris.

Well known in countries such as New Zealand, Britain and Australia, David describes in his own words that he possesses a "Dark, twisted, profane, adult and intelligent sense of humour."

David says "It takes a lot to make me laugh. But Monty Python, Billy Connelly, and Jim Jefferies all succeed."

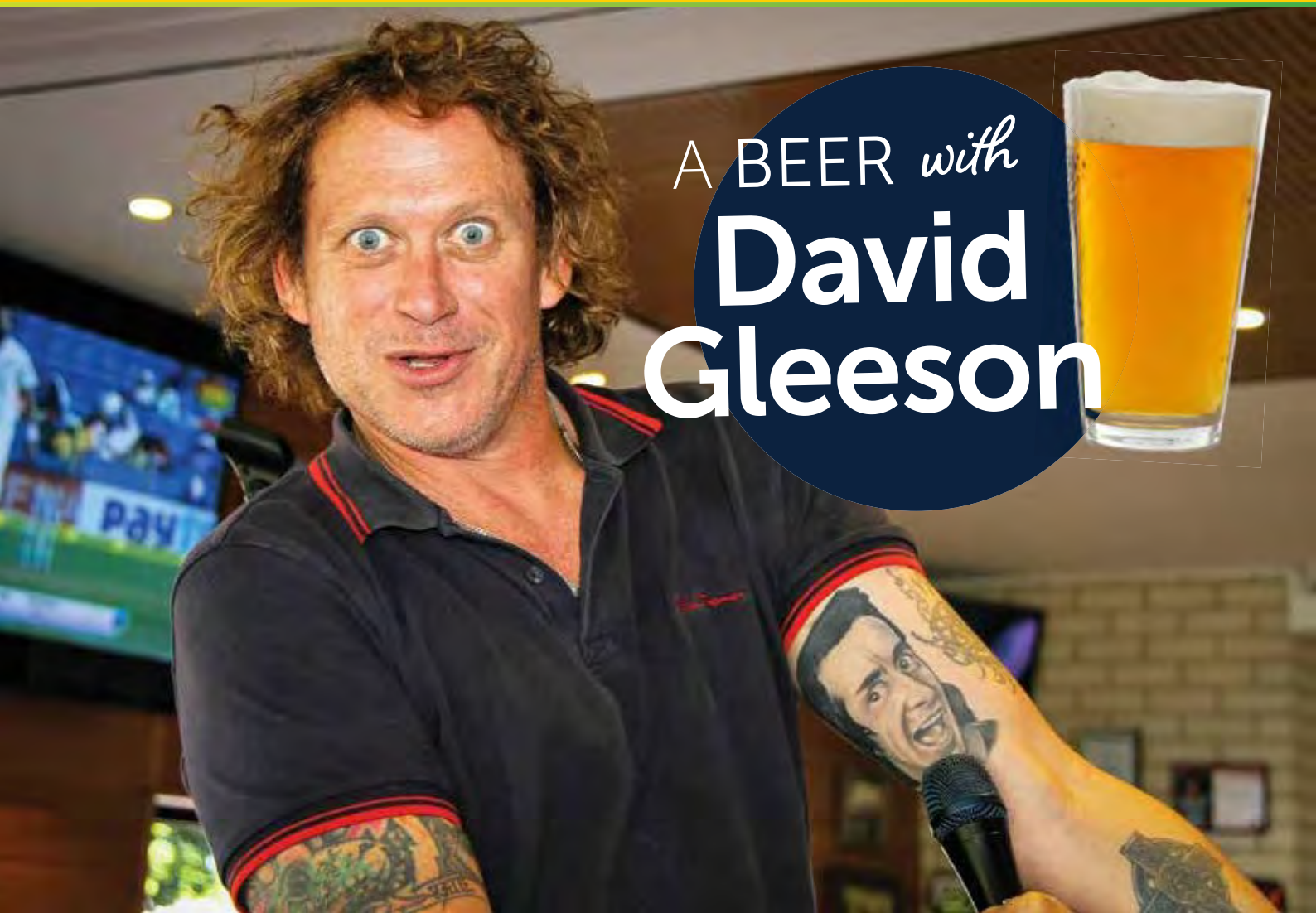
It came as no surprise to me that If David had not have become a performer he would have been an Astronaut, as he loves NASA and basically anything to do with space the universe and everything.

David has performed on the Fraser Coast on and off for the last two decades. His last appearance here was in 2013. He describes the Fraser Coast as "A fantastic part of Australia." and admitted that he is yet to see Fraser Island.

When asked what David would like to tell the people of the Fraser Coast about his upcoming show he said, "You will laugh every 10seconds, you will laugh so much that your cheeks will hurt and you will get a sore belly."

So make sure that if you do nothing else you pick up a ticket to see this brand new show.





A BEER *with* David Gleeson

Story by Kim Parnell

Australian rock band The Screaming Jets were formed in 1989 in Newcastle by three high school friends. The current line up consists of Guitarists Scott Kingsman and Jimi Hocking, Bass Guitar Paul Woseen, Drums Mick Sayers and of course Vocalist Dave Gleeson. The Screaming Jets have had a string of Albums and hits.

Dave Gleeson and Bass Guitarist, Paul Woseen are the only two original band members to still be with The Screaming Jets.

Ahead of their Concert in Hervey Bay I sat down with Dave Gleeson at the Beach House Hotel and over a beer we had a chat. Dave says it how it is, with his unruly mop of curly hair, his boyish grin and an infectious laugh. He fills the room with his personality.

If there was one question that you wish Reporters would ask, what would it be?

"Well few people would know that I live on a 10 Acre Farm in Adelaide. We keep sheep so as they can eat the grass. I love my tools and have a vast array. I also have two dogs one is a Kelpie, the other is a Foxy Cross that we call Bear. I love nothing more than coming home after touring and spending time with my wife and children and being a husband and a dad".

What do you prefer, song writing or performing?

"They are both such different roles and I enjoy both immensely. I always think of a paraphrase of Brian Fanning's he says 'When you walk into the studio nothing exists, there is no song no music just an idea. Then you create a song from nothing right in that studio, it is truly magical'.

"Performing is where the magic happens. When you are up

there on stage and all of these people have spent money on tickets to see you perform you have a responsibility to put on the best damn show imaginable. When you have people yelling and screaming your name, it feels pretty good".

Who do you get along with the most?

"Well our current line up have now been together for about eight years. That is a bit of a record for us, we are really all best mates. If we weren't there would be no point in doing what we do. I am reminded of an Eagles concert from 1980, there was footage of Glyn Fry on stage just before the band broke up, Glyn said, 'We are three more songs away till I kick your ass Pal'. "Once feelings are like that you should not stay together any longer. Once you don't enjoy work any-more it is time to quit".

Were you ever nervous interviewing legends on your radio show, 'Rock of Ages'?

"Interviewing Barnsey made me the most nervous. I have known him for years and we are friends, so it was funny asking him questions as an Interviewer. I have also interviewed Don McLean and Meatloaf to name a few".

How many times have you performed on the Fraser Coast?

"The Screaming Jets have been touring for over 27 years. I think we first came to the Fraser Coast in 1991, I have family here so love visiting. There is no Rock School, music is magic when you are on stage. It is not like the reality tv shows you see everyday like Australian Idol. It is not about the rehearsals, the hair the costumes, the props. Watching the process in all of that takes away the magic, and makes people lose interest. Performing is not about having someone dictate your every

Story continues on page 10

FRASER COAST

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A BEER *with* David Gleeson

Story continued from page 10

move, but about having the freedom to express yourself in any way you choose. To me Mystique is very important".

What are the major differences between the Angels and the Screaming Jets?

"Doc is an Icon, at first I was a bit wary as I did not know whether the fans of the Angels would accept me when I first became the lead singer. With the Angels I am more of a sub contractor as well so I am not as free with my speech. Where as with the Screaming Jets I am one of the bosses so I can say whatever I feel like at the time. The Screaming Jets has always been my baby, and I am a lot freer. I love playing in both though, and they both give me an extreme level of satisfaction.

I also steer clear from social media, I am not interested about what people carry on about on there. Come and see me in person at a concert, then we can talk".



Rally RENOVATION

A Backyard Blitz
for Aedan Harris



woollam 
CONSTRUCTIONS



Thank you!

A heartfelt thank you to everyone involved
with helping Aedan and the Harris Family.

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Beach House



School Holiday Fun

○ Gatakers Artspace – Maryborough:

April 3,5,10 & 12 - Cartooning Workshop – 10am to 12.30pm, with Adam Cashmore-Brooke, a very experienced cartoonist and Illustrator. Cost \$15, Gatakers Artspace, Kent St, Maryborough. Call: 4190 5723 to reserve your child's spot.

April 4,6,11 & 13 – Pottery Workshop – 10am to 12.30pm, with Tracie Turner. Create animals in Clay. With the emphasis on fun learning, integrating imagination with new skills. Cost \$15, Gatakers Artspace, Kent St, Maryborough. Call: 4190 5723 to reserve your child's spot.

○ Rock Off Indoor Skate Park – Pialba:

April 4 - Headspace/Rock Off Graffiti Workshop, 10am to 2pm - Cost: Free, but there are limited spaces. Contact David at Headspace to register.

April 05 – Youth Week Festival, 10am to 3pm, Free park riding 10-3pm and plenty of activities, cheap drinks, sausage sizzle, jumping castle etc plus Youth Talent Show! Register at rock off for talent show.

7th April-Glow Party/Disco - \$5, 7pm-10pm

10th April - Lock in- 9pm-9am - Ride all night with your mates, fully supervised fun - \$35 per head includes pizza and pancakes.

○ FC Cultural Centre - Hervey Bay Regional Gallery & Discovery Sphere 166 Old Maryborough Rd, Hervey Bay – For all Bookings call: 4197 4206

April 1 to April 17 – Kids On Tour: The Gabori Sisters, Gathering by the Sea – Queensland Art Gallery, Gallery of Modern Art, an Interactive hands on multimedia exhibit for young people.

April 5th, 8th, 15th, 29th - Dingo and Reptile Visit – from the folks at Fraser Coast Wildlife Sanctuary - 11am to 1pm

April 5 – Weird and Wonderful Creatures of the Sea. Discovery Sphere and Ocean Life Education. Times: 10.30am,12pm,1.30pm

An interactive touch and learn session. One hour sessions are available at \$8.50 per person, (under 5 years is a gold coin). Or book your child in for the Junior Ranger day from 10am-4pm. The cost is \$60 per child (Grade 3+) Bookings required.

April 6 – Indigenous Craft, 10am-12pm, based on traditional techniques. Listen to the stories behind the creations and share in the knowledge of our first people. Cost \$15, Bookings required.

April 22 – Microbats talk – 10am 1pm.

April 13 – Easter Workshop – 10am-12pm, A fun Easter themed workshop. Lookout for a surprise visit. Cost \$15, Bookings required.



School Holiday Fun

○ Children's Workshops

April 19 - Papis – 10am, Ages 3-5 years, 1 hour, Cost: \$3 per session (includes materials). Bookings essential

April 22 – Little Skippers – 10am, Ages 5-8 years, 1.5 hours, Cost: \$15 session or \$11 for members. Bookings essential.

April 22 – Mud Skippers – 1pm, Ages 9-14 years, 2 hours, Cost: \$15 per session or \$11 members. Bookings essential

○ Other:

April 3 – Youth Inflatable Fun Day – 11am-3pm – Adults \$12, Child \$10, includes entry, inflatable fun, hot chips and a can of drink, Maryborough Aquatic Centre.

April 15 – 16 – Easter Bunny, Easter Eggs – Wetside will be open from 10am-5pm on both days, the Easter Bunny will be hopping around at various times over the two days – Cost: Free.

April 15 – Easter at Scarness Park – No further details available at time of print: Go to www.whatsonfrasercoast.com.au closer to the date to get the latest Information.

○ Discovery Sphere

Monday-Friday 10am to 4pm, Saturday and Sunday 10am to 1pm, Free Entry.

Places of Interest:

Maryborough - Mary Ann Steam Train – April Operating Hours:

Thursday 6th, 13th, 20th, 27th, and Sunday 30th of April

Time: From 9am and last ride approx 12.30pm

Thursday's cost: \$3 per Adult, \$2 per Child, \$7 per Family

Sundays (longer ride), \$5 per Adult, \$3 per Child, \$12 per Family

Board: At Sussex St, Shelter, or Main Station at Macalister St, (Portside).

Why not camp at the Australian Adventure Park over Easter. The Park has an excellent Easter program on offer for kids. Call: 1300 471 785 for details or go to: www.australianadventurepark.com.au

Hervey Bay PCYC – 4124 5211

Big Screen Cinemas Hervey Bay – 4124 8200

Reef World Aquarium: 4128 9828

Hervey Bay Go Kart Track: 4128 1180

Jump Trampoline Park: 4191 4051

Wetside Water Park: 0406 451 472

Hervey Bay Botanic Gardens – 4125 9700

Hervey Bay Historical Village and Museum – 4128 4804

Susan River Homestead -Horse-riding: 4121 6846

For bigger kids: Breakout the Room – 0435 961 243



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SAT APRIL 1 - TILL DAWN

FRI APRIL 7 - DAVID TURNER

SAT APRIL 8 - LUKE KAROLAK

SAT APRIL 15 - SKIP THE PLEASANTRIES

FRI APRIL 21 - DARREN MARLOW

SAT APRIL 22 - IAN MURRAY

FRI APRIL 28 - DUST DUO

SAT APRIL 29 - PETER BAKER

SUN APRIL 30 - PUB FEST + SLY RU

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A MONTH IN REVIEW



The Relay for Life Family Fun Day

This event attracted approximately 550 people and raised about \$3400 that gets added to the tally of Luke's Relay for Life Hervey Bay Team, Tea and Toasters in preparation for the Relay for life being held in October. Organiser Luke said, "There was heaps of fun things for the whole family including horse and carriage rides, Hervey bays first dry boat race, a curry eating competition, live music and much more! Events like these are critical in raising much needed funds for Cancer research and support." -Luke Strochnetter



Rally Renovation - A Backyard Blitz for Aedan Harris

Aedan Harris and his family received over \$100,000 in a backyard transformation made possible thanks to Dunga Derby by Rally for a Cause, Woollam Constructions and over 60 businesses, big and small came from around the Fraser Coast. The backyard renovation included a heated pool for Hydrotherapy from Barrier Reef Pools Queensland, an aquatic chairlift, specially designed wheelchair friendly cement paths (for Aedan to access) all abilities swing, trampoline, raised sensory garden beds a sandpit, turf, landscaped gardens, carport, new outdoor patio, furniture and a brand new BBQ. The Harris Family said, "They are overwhelmed by all of the support and generosity and forever thankful that Aedan and family were chosen, this was truly life changing".



Burrumbuttock Hay Runners from Maryborough

With the help of about 146 Prime Movers, and 212 trailers, 6000 bales of Hay, 200 care packs, dog food, and chaff got to Muttaborra. Around 160 farmers benefited from this run. It took a team of about 500 from woe to go to bring this project to life. Two of the Volunteers from Tiara Lions Club went along and were instrumental in the delivery of care packs for both male and female. The farmers were also given a box of groceries. The boys actually went out further to remote farmers and delivered the packages personally.



Death by Chocolate

Chefs from Gatakers Landing Restaurant, Allikats On Kent, Trax Cafe & Bar, 71 Wharf, Muddy Waters Cafe, and The Vinyard, created chocolate sensations for 173 attendees, as part of the Annual Fund-raiser Death by Chocolate held at the Brolga recently. This year proceeds went to Riding for the Disabled, Maryborough. By the end of the night about \$5200 was raised for this great organisation. The guest Judge was Damien Symes from Urangan State High School, he had an extremely hard job picking the winners. Muddy Waters Cafe took out the Peoples Choice Award. With Gatakers Landing Restaurant winning, 'Most Unique Ingredient Combination, while The Vinyard took home, 'Best Visual Presentation'.



Pier Centenary

The Urangan Pier Centenary Celebrations on Saturday 4 March were attended by thousands of locals and visitors to mark a significant milestone for a Hervey Bay landmark. For a century the Urangan Pier has served the Hervey Bay region – through the export of products like coal, timber and sugar, the importation of needed products and now as a peaceful place to take a scenic stroll. The celebrations included historical re-enactments, the parade with the Queensland Governor, markets, live music, games and activities on the beach and much more. It was a chance to reflect on 100 years of memories and look forward to another hundred years in beautiful Hervey Bay. - George Seymour.



Tuff Dunga

A great day was had by all who came along to the TUFF DUNGA obstacle course at the Australian Adventure Park, Burrum River on Saturday 4th March. The event, held by the Katastrophy Wives Dunga Derby team saw 220 participants make their way around the fun and very muddy 7.5km or 5km courses – all to raise funds for the 2017 Dunga Derby which supports the local Fraser Coast Rally for a Cause charity. The Katastrophy Wives team would like to thank Brendan from the Australian Adventure Park and Shane from Kickass Obstacle Race who helped them put the event together, as well as all the participants and volunteers who made the day a great success – Kerry Spencer



Triathlon Age Is No Barrier



With Jacob Kitson-Holebrook

The Fraser Coast is a great region for young men and women to experience many things. When it comes to Triathlons, the region is becoming somewhat of a draw card for youth participation with more and more young people from around Queensland travelling to Hervey Bay to take part in events.

Austin Slater from Urangan State High School, recent competitor in the Queensland Schools Triathlon, says that "The experience was great. It was my first time competing at that level," he went on to say "the best part of the race would have to of been the support I got from everyone, plus since my school was helping out on the course, going past my peers with them cheering for me - especially the boys on the water station handing out water - really got me through." Austin was one of the several USHS students that attended the Triathlon and trained for months on end to compete.

Many would think that all that was required to be ready for the event was physical training but that is far from the truth. There are many dietary requirements that are needed in preparation for the event. Many Tri-athletes start their dietary change as early as a year before the event which is a big call for ANY teenager.

Just over a decade ago the stereotype broke that Triathlons were just for adults, and specialised races were made for youth and younger children to start participating. The main goal in a youth triathlon is for people to have fun. This encourages a larger range of participation and everyone has a great time.

Choosing the right type of triathlon to take part in is easy, for instance, for a local triathlon there will be an abundance of kids allowing it to be a fun day for the entire family. Every single person who attends the event makes a tremendous effort to make sure that the entire day runs like a well-oiled machine.

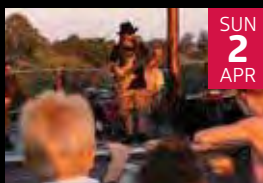
So why not give a Triathlon a go - a lot of schools on the Fraser Coast support their students by assisting them to engage with the sport either through school teams or via local Triathlon clubs.

WHAT'S ON AT THE BROLGA



SUN
2
APR

Flicker Fest
Short Film Festival



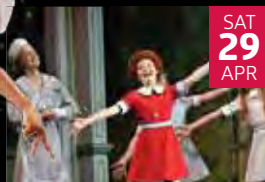
SUN
2
APR

Sunday Riverside
• Dust • Kelly Cork



FRI
21
APR

The Beatles
Rock and Roll Tour



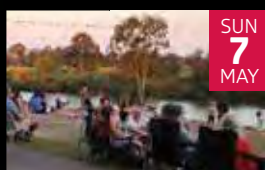
SAT
29
APR

Annie
Macabre Theatre



SAT
6
MAY

STRASSMAN's 'iTedE'



SUN
7
MAY

Sunday Riverside
• Dogwood Crossing
• Darryl & The Devil



FRI
19
MAY

Everly Brothers
and Buddy Holly



SAT
27
MAY

Petula Clark

Calendar of Events

APRIL

MAR 8 - APR 12

Hervey Bay Unplugged 2017

7.30pm each Wednesday at the Beach House Hotel, Scarness

Registrations open to solo, duo, trio and acoustic bands

Go to: www.unplugged.net.au to register

APR 1

Friends of the Gallery presents: An Afternoon in the Gallery

3pm-5.30pm

Nibbles, wine cheese, Jazz and Contemporary Vocalist Helen Francis followed by classically trained Violinist Helen Brereton

Cost: \$25, Bookings required
Hervey Bay Regional Gallery

APR 1

Bargain Book Sale

8am-3pm

A Joint venture between the Rotary Club of Hervey Bay Sunrise & Fraser Coast Libraries
Hervey Bay Community Centre, Charles St

APR 1

Zumba – Welcome to the Jungle with Bel-Mondo

6pm class: 6.30pm – 8pm
\$20

Aldridge State High School, 47 Boys Ave, Maryborough
Call: 0427 047 189

APR 1

Burlesque at the Bayswater – Masquerade Ball

The Bayswater Hotel

APR 2

Race Day 2 – Hervey Bay Motocross Club

for more details go to:
www.mqlid.org.au

APR 2

V Dub Club Fraser Coast Meet Up

9.30am – for Brunch at Cobbers Cove Cafe, 322 Esplanade

RSVP the V Dub Club via their Face book page.

APR 3-4

Community Workshops

Maryborough, Apr 3 – 3.30pm – 8.30pm Federation Room at the Brolga Theatre.

Hervey Bay, April 4 – 8.30am-1pm
Hervey Bay Community Centre, 22 Charles St, Pialba

Call Melissa Dower on: 4197 4378 for more info

APR 4-8

Pony Club Qld Show-jumping State Championships

For further details go to:
www.pcaq.asn.au

APR 4

Melodies in the Morning – Rodney Vincent

\$5 Members, \$7 Non Members

13+ Show, doors open 10am, starts 11am

Tickets on sale now at the Hervey Bay RSL

APR 5

Untapped – An extravaganza of dance with some aussie humor.

Adults \$30, Pensioner/Senior \$25, Student \$20

Call: 4122 6060, or visit www.brolgatheatre.com.au

Brolga Theatre, Maryborough

APR 6

Culture Caf – Greek

10am till 12 noon

Embrace the Greek culture with costumes and food

\$4

Hervey Bay Community Centre, 22 Charles St, Pialba

APR 6

Lloyd Webber & Friends – Morning Melodies

11am

\$15 Adults, \$13 Friends of the Brolga, \$12 Groups 10+

Call: 4122 6060, or visit www.brolgatheatre.com.au

Brolga Theatre, Maryborough

APR 8

4th Annual Purple & Gold Ball

6pm – 11.59pm

Fundraiser for Relay for Life - \$70 per head, incl. 2 course meal, tea & coffee, live music. For bookings and information call Kay on: 0420 884 825, or email: herveybayrelay@gmail.com

APR 14-16

Burrum Heads Easter Fishing Classic

A great family event

For more information go to:
www.burrumheads fishing.com.au

APR 14-16

The 86th Maryborough Sailing Club Easter Regatta

Scarness, Hervey Bay

To find out more find them on Face book at: Maryborough Sailing Club.

APR 15

Killer Queen

Members \$25, Non Members \$30

Doors open 7pm, show starts at 8pm – 18+ Show

Hervey Bay RSL

APR 14-17

11th North Coast Camp-out Conrodders Show & Shine

8am-5pm

No cost advised at time of print – Have a look on the Facebook page for a full list of events.

Maryborough Showgrounds

APR 15-16

Fraser Coast Dance Festival

Regional Queensland's celebration of dance. Over 11 hours of workshops with teachers from Sydney, Melbourne & Brisbane, guest & student performances and Dance Expo. Brolga Theatre. Call: 4122 6060, or email: Jonathoninfo@frasercoastdancefest.com

APR 16**11th North Coast Camp-out Pin-up Competition**

11am, Maryborough Showgrounds

For more information email: info@conroddershervybay.org.au

APR 21**The Beatles Rock and Roll Tour**

8pm
Adults \$ 65, Pensioner/Senior \$63
Call: 4122 6060, or visit www.brolgatheatre.com.au

APR 22**Energy & Wellbeing Expo**

9am – 4pm
Psychic Readings, Energy Healings
\$5 Entry – Call Di Woodstock on: 0419 224 628

APR 22**Marcus' Legacy Family Fun Day - Fundraiser**

9am-3pm
Rides, music, food vans, kids entertainment
Seafront Oval.

APR 22-23**Wide Bay Gallery Present – David Wells Pastel Workshop**

\$300 for the 2 day workshop
Morning/ afternoon tea and a light lunch are provided
Full payment to be made by Apr 14
Call: 4122 1858 or email wbgallery@bigpond.com
Blue Shades Motel Conference Room, Maryborough

APR 23**Special movie screening of The Fate of the Furious**

Hosted by Team 44 Derbydore
2.15pm, Big Screen Cinemas
Tickets \$15 from Auto Electrical Solutions or Bigscreen Cinemas. Limited numbers. Proceeds go to Rally for a Cause - Dunga Derby 2017.
note: tickets are non refundable and not valid with any other session.

APR 23-25**Services at the wreck of the Maheno on Fraser Island:**

Sunday 23rd April - permanent memorial
Tuesday 25th April - ANZAC Day commemoration
A full list of services will be put up on What's On Fraser Coast's website and Facebook page.

APR 28-MAY 1**Create@Campialba**

Hosted by: Hervey Bay Spinners, Weavers & Fibre Artists Inc
For Registration, forms and cost call Stuart Marshall on: 4124 3369
Pialba

APR 29**Fraser Coast Cavy Group Show 1 - 2017**

From 1pm
Entry: Free
Oslove Park, Oslove Drive
Call Angela: 0451 396 974

APR 29-30**37th Annual Bay to Bay Trailable Yacht Race**

For more details go to: Maryborough Sailing Club on Facebook.

APR 29**Macabre Theatre Company Presents, 'Annie'.**

1pm & 7.30pm
Adults \$35, Concession \$30, Students \$30, Children \$25
Tickets available from: Call: 4122 6060, or visit www.brolgatheatre.com.au
Brolga Theatre, Maryborough

APR 28 - MAY 01**May in the Wide Bay**

Celebrating 10 years of the Hotrod and Custom Car run.
For more details go to: Wide Bay Rodders Inc. Custom Car Club on Facebook. Or Call: 0409 276 550.

APR 29-30**Fraser Coast Home Brew Comp 2017**

For further details go to: www.frasercoastbrewers.com or phone: 4128 2033.

APR 29**APL Poker – 15K at the Bay**

Go to: www.playAPL.com for fees and inquiries
Hervey Bay RSL

APR 29**Peace Cake Charity Ball**

A Re-creation of the 1919 Victory Ball hosted by The Maryborough Mural Project - 7pm at the Maryborough RSL
Tickets \$100 or \$950 for a table of 10 from Maryborough RSL.
themaryboroughmuralproject@gmail.com

APR 29-30 – MAY 1**Annual May 8 Ball Competition**

\$5,000 in prizes
Open to all players over 15 years
Contact Brian Eadie on: 0407 031 252 for fees/rules and info.
Sportsman Club, Urangan

APR 30**World's Greatest Pub Fest 2017**

12pm-8pm – Must be 18+
Theme Aussie Outback
Colour: Green
Charity: Rural Aid Maryborough
To register go to: www.worldsgreatestpubfest.com.au



For a full list of What's On, go to: facebook.com/WhatsOnHerveyBay/

Gig Guide

Live music and more on the Fraser Coast in April

HERVEY BAY

The Boat Club

Sat, 1, 5pm, Trevor Judge
Sat, 1, 8pm, Red Betty
Sun, 2, 1pm, Radio Star
Tues, 4, 12pm, Trevor Judge
Thurs, 6, 12pm & 5pm, Neil Wenk
Fri, 7, 5:30pm, Vibeke Voller
Fri, 7, 8pm, Doug and The Upper Hand
Sat, 8, 5pm, Brian Speirs
Sat, 8, 8pm, Hard Cover
Sun, 9, 1pm, Trevor Judge
Sun, 9, 6pm, Neil Wenk
Tues, 11, 12pm, Trevor Judge
Thurs, 13, 12pm & 5pm, Neil Wenk
Fri, 14, Closed, Good Fri
Sat, 15, 5pm, Brian Speirs
Sun, 16, 1pm, Brian Speirs
Sun, 16, 6pm, Neil Wenk
Tues, 18, 12pm, Trevor Judge
Thurs, 20, 12pm & 5pm, Neil Wenk
Fri, 21, 5:30pm, Jon Veave
Fri, 21, 8pm, Cover Girl
Sat, 22, 5pm, Brian Speirs
Sat, 22, 8pm, Cover Girl
Sat, 22, 8pm, Wayne Donnelly-Hypnotist Show @ the Sporties Show Room
Sun, 23, 6pm, Neil Wenk
Sun, 23, 1pm, Brian Speirs
Tues, 25, 12pm, Trevor Judge
Thurs, 27, 12pm & 5pm, Neil Wenk
Fri, 28, 6pm, Trevor Judge
Fri, 28, 8:30pm, Paul Terry Trio
Sat, 29, 5pm, Radio Star
Sat, 29, 8:30pm, Romeos Apprentice
Sun, 30, 1pm, Radio Star
Sun, 30, 6pm - Neil Wenk

The Torquay Hotel

Sat, 1, 9pm, Head On
Fri, 7, 9pm, See You Next Tues
Sat, 8, 9pm, Uncle Arthur
Sat, 15, 9pm, DJ Simon
Fri, 21, 9pm, DJ Simon
Sat, 22, 9pm, DJ Simon
Fri, 28, 9pm, Matt Phillips
Sat, 29, 9pm, Matt Phillips

Coast Restaurant

Sun 2, 2pm-5pm, Sun Sessions, Sam Maddison
Sun 9, 2pm-5pm, Sun Sessions, Darryl & the Devil

Sun 16, 2pm-5pm, Sun Sessions, Sam Maddison
Sun 23, 2pm-5pm, Sun Sessions, Darryl & the Devil
Sun 30, 2pm-5pm, Sun Sessions, Frank Benn

Hervey Bay RSL

Sat 1th, 8.00pm, Doug and the Upperhand
Tues 4th, 11.00am, Morning Melody with Rodney Vincent. \$5 members / \$7 non members.
Fri 7th, 6.00pm, Bobby Barnes
Sat 8th, 8.00pm, Contraband
Thurs 13th, 11am, Jon Veave in the Sportsbar for Veteran's Day
Fri 14th, Good Fri - Closed
Sat 18th, 8.00pm, Killer Queen Show. \$25 members / \$30 non members
Sat 18th, 6pm, Tony Fallon
Fri 21st, 6.00pm, Derek Smith
Sat 22nd, 8.00pm, Red Betty
Fri 28th, 6.00pm, Doug Edwards
Fri 28th, 7.00pm - Hervey Bay Jazz Club presents 'The Kitty Kats'. \$20 Jazz Club members / \$25 non members.
Sat 29th, 8.00pm, Janice and the Violets
Sun 30th, 12.30pm, Sam Maddison

The Clubhouse

Sat 1st, 6.00pm, Tony Fallon
Fri 7th, 6.00pm, Sam Maddison
Sat 8th, 6.00pm, Jon Veave
Fri 14th, Good Fri - Closed
Sat 15th, 6.00pm, Doug Edwards
Fri 21st, 6.00pm, Frank Benn
Sat 22nd, 6.00pm, Pete Baker
Fri 28th, 6.00pm, Karen Thompson
Sat 29th, 6.00pm, Sam Maddison

The Beach House Hotel

Sat, 1, 8.30pm, Uncle Arthur
Sun, 2, 2.00pm, Charlotte's Web
Fri, 7, 8.00pm, Doug Edwards Trio
Sat, 8, 8.30pm, Pete Allan
Sun, 9, 2.00pm, Derek Smith
Sat, 15, 8.30pm, Red Betty
Sun, 16, 2.00pm, Bobby Barnes
Fri, 21, 8.00pm, Dogwood

Crossing Duo
Sat, 22, 8.30pm, The Grasscutters
Sun, 23, 2.00pm, Frank Benn
Fri, 28, 8.00pm, Ian Murray
Sat, 29, 8.30pm, Abby Skye
Sun, 30, 2.00pm, Shaun Beckett

Bay Central Tavern

Sat 1, 8pm, Wal Neilsen Band
Sun 2, 1pm, Harley Meszaros
Fri 7, 8pm, TBA
Sat 8, 8pm, Doug Edwards Trio
Sun 9, 1pm, Sam Maddison
Fri 14, 8pm, Doug Edwards
Sat 15, 8pm, Wrecked On Sun
Sun 16, 1pm, TBA
Fri 21, 8pm, Bobby Barnes
Sat 22, 8pm, Dogwood Crossing
Sun 23, 1pm, Wal Neilsen
Fri 28, 8pm, Frank Benn
Sat 29, 8pm, Pennies From Heaven
Sun 30, 1pm, Harley Meszaros

Goody's on the Beach

Sat 1, 12-3pm Sam Maddison
Sun 2, 12-3pm Derek Smith
Sat 8, 12-3pm Derek Smith
Sun 9, 12-3pm Sam Maddison
Sat 15, 12-3pm Sam Maddison
Sun 16, 12-3pm Frank Benn
Mon 17, (Easter Mon) 12-3pm Sam Maddison
Sat 22, 12-3pm Frank Benn
Sun 23, 12-3pm Sam Maddison
Sat 29, 12-3pm Sam Maddison
Sun 30, 12-3pm Ricky Manych

MARYBOROUGH

The Carriers Arms

Sat 1st, 7.30pm, Till Dawn
Fri 7th, 7.30pm, David Turner
Sat 8th, 7.30pm, Luke Karolak
Sat 15th, 7.30pm, Skip The Pleasantries
Fri 21st, 7.30pm, Darren Marlow
Sat 22nd, 7.30pm, Ian Murray
Fri 28th, 7.30pm, Dust Dup
Sat 29th, 7.30pm, Peter Baker
Sun 30th, 7.30pm, Sly Ru (Pub Fest After Party)

The Federal Hotel

Sat, 1, 8.00pm, Pete Baker
Fri, 7, 8.00pm, Dave Gray
Sat, 8, 12.00pm, Sam Maddison
Sat, 8, 8.00pm, Pete Baker
Fri, 14, 8.00pm, Jim Daniell

Sat, 15, 8.00pm, Kev Gray
Fri, 21, 8.00pm, Duncan McNeil
Sat, 22, 8.00pm, Luke Karolak
Fri, 28, 8.00pm, Stumpy
Sat, 29, 8.00pm, Open Mic with Jon Veave
Sun, 30, 12.00pm, Pub Fest Outdoor Festival featuring 2 Shades of Gray, Scone Farmers, Revolver and Skip the Pleasantries

Maryborough Sports Club

Sat 1st 7.30pm Neil Duddy
Thurs 6th 6.30pm Quinn The Radio Star
Fri 7th 7.30pm Roger Lewis
Sat 8th 7.30pm Don Costa
Thurs 13th 6.30pm Glenn Fox
Sat 15th 7.30pm Z28
Thurs 20th 6.30pm Quinn The Radio Star
Fri 21st 7.30pm Forbidden Road
Sat 22nd 7.30pm One For The Road
Thurs 27th 6.30pm Glenn Fox
Fri 28th 7.30pm Black Swamp Blues
Sat 29th 7.30pm Rebel Rouser
Sun 30th 12.30pm Rebel Rouser
End Of Month Draws

Maryborough RSL

Sat, 1, 7:00pm Scone Farmers
Fri, 7, 7:00pm Darryl and the Devil
Sat, 8, 7:00pm Bobby Barnes
Fri, 14 closed for good Fri
Sat, 15, 7:00pm The Black Alley Cats
Fri 21, 7:00pm Sam Maddison
Sat, 22, 7:00pm The Scone Farmers
Fri 28, 7:00pm Tony Fallon
Sat, 29 7:00pm Red Betty

Tinana Hotel

Sat April 1st 7.30pm, Bobby Barnes
Sat April 8, 7.30pm Shaun Beckett
Sat April 15, 7.00pm Frank Benn
Sat April 22, 7.30pm Ricky Manych
Sat April 29, 7.30pm Wal Neilson.

71 Wharf

Sun, 2, 12-3pm, Wal Neilsen
Sun, 9, 12-3pm, Chrystal Newman
Sun, 16, 12-3pm, Pete Baker
Sun 23, 1-4pm, Derek Smith
Sun, 30, 12-3pm, Matthew Barker

Vox Pop



This month I took to the streets to find out what people's favourite forms of Entertainment were. When I asked this question I was thinking more about things that cost money. But as it turns out I was reminded that you don't have to spend money to have a good time. **Kim Parnell, Editor**

What are your three favourite forms of Entertainment?

"For entertainment I thoroughly enjoy football, and cruising around in my Kombi. I also like fishing."

Andrew Garcina, Toogoom



"I love travelling, I have been to Asia and Thailand. I also love visiting Zoos, and going sailing at the Whitsundays."

Beatrice Wittbom, Sweden



"I like spending time with the grand-kids as they are very entertaining. We are lucky as we all live close together."

Colleen Harris, Victoria



"I bring the kids to the beach, go to the movies and share happiness with the beautiful people of Hervey Bay."

Ronald Whieldon, Torquay



What's On

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"Our Cafe is all about bringing balance to your life."

Cafe Mind Body & Soul
Chef, Yvonne Miles
with Jemma Gameau

The Suspended Coffee Movement



We have all heard of the fantastic movement called Pay It Forward, but who has heard of the Suspended Coffee Movement?. Helping other people by putting a smile on their faces while making their day just a little bit easier is what the movement is all about. Meet the newest cafe to offer this service.

Cafe 'Mind Body and Soul' now offer suspended coffee in their Vegetarian and Vegan Cafe based in Torquay. Chef

Yvonne Miles said, " We have been looking at doing this for awhile, the idea was originally suggested by Pay It Forward Hervey Bay. " Please Help us help others and pay it forward when you are having a good day, week or month. Our Cafe is all about bringing balance to your life".

The Suspended Coffee Movement originated in Naples, and is now a world wide movement. Customers come in buy a coffee or some food for themselves and buy an extra one. The cafe then suspends the purchase until someone that is in need walks through the door. It is these random acts of kindness that make a huge difference in peoples lives.

" It doesn't matter whether you are a mother that just needs time out, a doctor, someone who is down on their luck. We never Judge or ask questions. We give the coffee in a cup with a red heart on it as it is given with love, or alternately the customer can pick up a cup with a red heart to let us know they would like one," Yvonne said.

So next time you go out for coffee or a meal consider paying it forward and buying two to help those that are a little less fortunate than ourselves.

Cafes offering Suspended Coffee on the Fraser Coast are:

Allikats on Kent – 374 Kent St, Maryborough

Cafe' Mind Body and Soul – 415 Esplanade, Torquay



The Fraser Coast Show May 25-26

Maryborough Showgrounds

Roll up, roll up, it's almost time for the Fraser Coast Show. Gates will open from 9am each day. Tickets are on sale now at www.frasercoastshow.com.au. Tickets are also available at the Maryborough and Hervey Bay Visitor Information Centres. You can pick up a one day pass, two day pass and ride tickets (Bonus tickets) 30 tickets for \$25. On the website. Show passes can also be purchased at the gate during the show at full price. Ride tickets can not be purchased at the gate. you will also find all of the online entry forms for the many show competitions that are on offer this year. From Cake Decorating, Patchwork and Quilting, to Cookery. A new Competition has also been introduced this year called Natural Fibres and Wearable Art along with all of your usual favourites.

Every Hand Helps Volunteers Expo May 06

This is a great chance for groups to showcase their efforts, encourage new members and for potential volunteers to investigate their options. Come along and see what opportunities exist for you to participate. Talk to people about ways you can help; how to get started and what you can contribute to our community. You can make a difference. 10am to 2pm. This event will be held at the Maryborough City Hall, 388 Kent St, Maryborough. Need Volunteers? Contact Kieren to book a stall – Kieren.Stoneley@frasercoast.qld.gov.au or 1300 79 49 29.

Maryborough Dance Eisteddfod May 12-14

This Eisteddfod is one of the largest and most successful competitive performing arts festival on the Fraser Coast. It is on at the Brolga Theatre, tickets are available from the venue. Call: 4122 6060, or go to www.ourfrasercoast.com.au to book. To find out more go to: <http://maryborougheisteddfod.com/>

Mothers Day Classic Hervey Bay 2017 May 14

Urangan Pier

This event is NOT to be missed! It will be even bigger and better this year- A beautiful family fun morning celebrating Mothers Day while supporting a brilliant cause, raising funds for the National Breast Cancer foundation! Come down by 7.30am to walk or run either 2km or 5km and show Hervey Bay we care. Registrations open 6.30am. Briefing (Essential for participants) 7.45am, Run/walk begins at 8am. Dress up in Pink. Best Dressed Prizes available. Children's entertainment, sausage sizzle.

If you would like sponsorship information or would like to be a stall/vendor on the day please contact email: herveybaymothersdayclassic@hotmail.com
Eliza 0400 631 306 or Kira 0458 260 184

What's Coming Up in May?



Fishing on the Fraser Coast

Photographs on this page provided by www.GuidedFishingDownUnder.com

"Plenty of Tuna around at the moment, with lots of surface action."

www.GuidedFishingDownUnder.com



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HAVE SOME FUN IN THE GREAT OUTDOORS

Written by Lauren Burch

As Queenslanders, our love of the sun, sand and water is certainly no secret, and can you blame us?



The Fraser Coast, located along the beautiful Queensland coastline, is home to an abundance of attractions, especially when it comes to the water! Hervey Bay is a known water-lover's nirvana made for swimming, fishing, water sports and beach activities.

There is certainly no shortage of water sports options on the Fraser Coast. Water activities are available for people of all ages and abilities, whether you want to satisfy your need for speed, test your fitness or take a break, the Fraser Coast has something for you.

- 1 Jet ski the stunning waters of the Fraser Coast - Aquavue Hervey Bay offers Jet Ski hire as well as Fraser Island Jet Ski Tours – the perfect way to satisfy your need for speed. Different hire and tour options are available, visit their website for more information.
- 2 Test your balance on a Stand Up Paddle Board - Stand Up Paddle Boarding is immensely popular throughout the Fraser Coast. Aquavue in Torquay, Enzo's on the Beach in Scarness and Hervey Bay Stand Up Paddle are the SUP hotspots for the Hervey Bay area.
- 3 Work up a sweat on a Kayak - Paddle the crystal clear waters and work out at the same time on a Kayak at Aquavue or with Mad Aussie Kayak Hire. The scenery is to die-for, we promise you'll love it!
- 4 Have a go at Out-riggering at a Sunday Come and Try session - Make some friends at the Fraser Coast Outrigger Canoe Club's social Sunday Morning paddle. A free lesson is on offer from 7.45am every Sunday morning from the FCOCC compound (Opposite 371 Esplanade, Scarness)
- 5 Learn to Wake-board or Knee-board -The Homestead Wake Park is perfect for wake boarders of any level. Contact the team to arrange a boarding session.
- 6 Visit the beautiful Pelican Banks by boat or Jet Ski - Hire a boat with Hervey Bay Boat Hire and take a trip to visit the magnificent Pelican Banks. Even better, book a tour on Tasman Venture's Remote Fraser Island Tour or Whalesong's Fraser Beach and BBQ cruise. These cruises offer their own water sports such as SUPs and snorkelling during the tour. Check out their websites for more information.
- 7 Zen out with SUP Yoga - SUP Yoga is available with Ocean Tree Yoga Studio on a Saturday Morning, 7.30am sharp. Bookings are essential so contact the team now!
- 8 Have fun with friends and go tubing or Big Banana riding - Grab some mates and visit Aquavue for your tubing and Big Banana riding needs. We guarantee these activities won't be keeping you dry. The Homestead Wake Park also offers tubing. Contact the team for more info.
- 9 Try Fly and Sport Fishing - Hervey Bay Fly and Sport Fishing is a team of experienced, local fishermen who will take you to the hottest fishing spots. Check out their full and half day fishing trips!
- 10 Dive with Wrecks and Whales - as Hervey Bay will welcome a brand new attraction in May 2017 known as the Hervey Bay Dive Centre.

Aquavue
415a Esplanade, Torquay
(07) 4125 5528
www.aquavue.com.au

Hervey Bay Boat Hire
044 844 0966

Hervey Bay Stand Up Paddle Board
0488 787 875

Mad Aussies Kayak Hire
0412 682 970

Enzo's on the Beach
351a Esplanade, Scarness
(07) 4124 6375
www.enzosonthebeach.com.au

Whalesong
Buccaneer Drive, Urangan
(07) 4125 6222
www.whalesong.com.au

Fraser Coast Jet Ski Tours
Pier A, Great Sandy Straits Marina
0412 004 590

Ocean Tree Yoga Studio
414a Esplanade, Torquay
0408 014 582
www.oceantreeyogastudio.com

Homestead Wake Park
LOT 56 Noble Road, Susan River
0408 072 518
www.homesteadwakepark.com

Hervey Bay Fly and Sport Fishing
0407 627 852
www.herveybaysportfishing.com.au

Hervey Bay Dive Centre
3 Buccaneer Drive Urangan
(07) 3503 6789
www.diveherveybay.com.au

Tasman Venture
1 Buccaneer Drive, Urangan
1800 620 322
www.tasmanventure.com.au

Fraser Coast Outrigger Canoe Club
Opposite 371 Esplanade, Scarness
www.fcoutriggers.com.au/canoecub

Weekly Activities 2017

HERVEY BAY

HERVEY BAY BOWLS CLUB

Barefoot Bowls available
for Social & Business Groups
Ph 4128 1093

HERVEY BAY

TAI CHI

Mon Nights – Beginners, Time:
6pm, Cost \$10.00, Contact Marg
to book your spot on
0408 705 140 or Email:
marg@margrichters.com
Venue: Hervey Bay Community
Centre, Charles St, Pialba.

HERVEY BAY

INTEGRATED MARTIAL ARTS TRAINING

Men & Women, Boys & Girls
of all ages welcome. Various
venues, various nights, Group
prices range from \$6 to \$8 per
session. Contact: Michael Green
on 0402 992 074, or email:
integratedacademy@gmail.com

HERVEY BAY

ZCLUB FITNESS

Join our fitness club offering
Zumba, Strong & Piloxing
Fitness classes & social events
for adults, seniors & kids,
Memorial Hall, 7 Main St and
the Boat Club,
Phone Katie on: 0401 755 666.

HERVEY BAY

REIKI HEALING DAY

9am-1pm, held on the
fourth Sunday of the month,
Cost: Donation, Hervey Bay
Community Centre, Charles
St, Pialba – Joan: 4124 0360.

HERVEY BAY

WHAT WOMEN WANT

Networking for Women of the
Fraser Coast. Informal and
friendly events bi-monthly
at different venues. Email:
www.frasercoast@gmail.com

HERVEY BAY

WOODCRAFT CLUB

Meets Mon, Wed and Fri
mornings from 8.30am to
11.30am, \$45 per year to join,
\$3 per session, this includes
morning tea and Insurance,
Phone Jim: 0402 019 281

HERVEY BAY

BAY POTTERS

from February to December
we meet every Tues night and
work on Pottery. To join the
club there is an annual fee of
\$40, and each Tues there is
a fee of \$5 for the workshop.
Phone Sue on: 4125 3638 for
further details.

HERVEY BAY

Bellydance and Bollywood
Dance Class, Friday's, 6pm,
(during school term), CWA
Hall, 19 Pulgul St, Urangan.
Contact Lorna on:
0416 463 686.

HERVEY BAY

HERVEY BAY PARKRUN

- FREE weekly timed 5km
event for runners of all
standards, every Sat at 7am
at Pier Park, Urangan, Hervey
Bay, register and get your
barcode at: www.parkrun.
com.au

HERVEY BAY

YOGA QIGONG

Sat Morning, 7.30am-8.45am,
Deck @ Gatakers Landing
Restaurant, Point Vernon.
Mon: 6.00pm -7.15pm, Hervey
Bay Sailing Club, Torquay, All
welcome, Casual class fee \$15, or
\$12 concession, BYO mats,
Ph Kath on: 0448 663 303.

HERVEY BAY

BURRUM HEADS YOUTH GROUP

Every Thurs, (during school
term). 3.30pm -5pm,
Membership is \$1 per year,
afternoon tea is provided,
Burrum District Community
Centre, 56 Steley St, Howard.
Phone: 4129 0996 for details.

MARYBOROUGH

DADS IN DISTRESS
(DIDS), Meet Tues Nights,
7pm-9pm,
596 Kent St, Maryborough
Call: 0421 808 606

MARYBOROUGH

FRASER COAST RUNNERS
AND WALKERS CLUB
community club with an
emphasis on health and
fitness for Men, Women and
Children who run or walk.
Meet monthly alternating
Hervey Bay & Maryborough.
Call: 4122 2526

MARYBOROUGH

MARY ANN
STEAM TRAIN RIDES
9am-1pm, Thurs at Queens
Park. \$3 adults / \$2 children /
family \$7.
For more info contact the
Maryborough City Whistle
Stop: 4121 0444.

MARYBOROUGH

MARYBOROUGH AMATEUR
ATHLETIC CLUB
& LITTLE ATHLETICS
Meet every Fri at 6pm, Jock
Anderson Oval, Gympie Rd,
Tinana,
Call: 4121 3696 for details.

MARYBOROUGH

MARYBOROUGH CAMERA CLUB
Meeting place: St Stephens
Uniting Church Hall, Membership
is \$35 per year, and there is a \$3
hall fee payable on the night, call:
0408 930 028 for details, or go to:
www.maryboroughcameraclub.org.au

MARYBOROUGH

WIDE BAY VOLUNTEERS
We refer people to community
groups, and provide training
Call: 4151 6644.

MARYBOROUGH

MARYBOROUGH PARKRUN
FREE weekly timed 5km event
for runners of all standards,
every Sat at 7am at Anzac
Park/Ululah Lagoon, register
and get your barcode at:
www.parkrun.com.au

MARYBOROUGH

MARYBOROUGH -
AUSTRALIAN COUNTRY
MUSIC ASSOCIATION INC
Meet every Fri for practice,
Cost \$3, then every 3rd Sat
of the month is our concert
- Call: 4123 4159 for further
details.

MARYBOROUGH

Star Dust Drama Academy
classes at 3 locations around
Maryborough & Hervey Bay:
Excelsior Band Hall, (Tues 3.45pm
-7.30pm), Tinana Hall, (Thurs
3.45pm-7.30pm), and Pialba
Memorial Hall, (Sat 9am-12.45pm),
Call: 0474 098 873.

MARYBOROUGH

Maryborough Creative Fabrics
Craft friendship group, not for
profit, Tues from 9am to noon.
\$6, Woocoo Community
Centre, Cnr Maryborough/
Biggenden Rd and Woocoo
Dr, Oakhurst. Call: 0408 028
225

MARYBOROUGH

Maryborough Scottish
Country Dancers
Meet from 7pm at
St Stephen's Hall, Sussex St,
All ages, beginners are
welcome
Call: 4123 0663 for details.

Weekly Activities & Fraser Coast Markets Submissions or corrections:

Please contact
What's On Fraser Coast
on 0408 987 860 or
kim.parnell@whatsonfrasercoast.com.au

Fraser Coast Markets

MARYBOROUGH

FRASER COAST

WILDLIFE SANCTUARY MARKETS

79 Mungar Road, Maryborough
(Donation gets you free entry to the Sanctuary)

3rd Sun of the Month
7am - 12pm

info@frasercoastwildlifesanctuary.org.au

MARYBOROUGH

MARYBOROUGH

CITY HEARTS MARKETS

Adelaide & Ellena St, Maryborough

Every Thurs 8am - 1pm

markets@frasercoastopportunities.com.au

HERVEY BAY

KOALA MARKETS

Kruger Court, Booral Rd, Urangan

2nd and 4th Sun

6am - 12noon

koalamarkets@yahoo.com.au

(back on 2nd weekend of February)

HERVEY BAY

NIKENBAH MARKETS

Hervey Bay Animal Refuge

Nikenbah-Dundowran Rd,
Nikenbah

1st, 3rd & 5th Sun of the month

6am - 12noon

hbanimalrefuge@gmail.com

HERVEY BAY

MARINA TWILIGHT MARKETS

Hervey Bay Marina,

Buccaneer Dr, Urangan

Every Fri 2.30pm to 7.30pm

marinamarkets@hotmail.com

HERVEY BAY

URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan

(in front of Jetty)

Every Sat 7am to 1pm &
Every Wed 7am - 1pm

pierparkcommunitymarkets@gmail.com

HERVEY BAY

TORQUAY BEACHSIDE MARKETS

Outside AQUAVUE, Torquay

2nd & 4th Sat 8am to 1pm

info@torquaymarkets.com.au

BURRUM HEADS

BURRUM HEADS MARKETS

Community Hall, Main Rd &
Howard St

Burum Heads

2nd Sat of the Month

7am to 11am

HERVEY BAY

HERVEY BAY BOAT CLUB

ART & CRAFT MARKET

Buccaneer Dr, Urangan

3rd Wed of the month

9am to 2pm

info@boatclub.com.au

BAUPLE

BAUPLE MARKETS

(free for stallholders)

Band Hall, Band Hall Rd, Bauple

4th Sat of the month

7am to 12noon

www.facebook.com/bauplemarketS

TIARO

TIARO MARKETS

Memorial Hall, Main St, Tiaro

2nd Sat of the month

7am to 12noon

HOWARD

HOWARD COMMUNITY CENTRE

Steley St, Howard

1st Sat of the month

7am to 12noon

info@howardcommunitycentre.org.au

DISCLAIMER: Markets subject to change due to School Holidays, Public Holidays and weather conditions.

Namaste *from* Nepal

Story by Carol McNaughton



Above: Carol McNaughton with students from the Madala Devi Primary School

Below: Carol presenting a plaque for the Bio Gas Units after the completion of the digging.



My destination, Nepal. After a successful fund-raiser, and 200kg+ of donated goods, eight of us Hervey Bay residents travelled to Nepal and headed to Dhulikhel where we stayed and worked for the next 3 days. Karve district and a small village on the side of the mountain were amongst many completely wiped out by the earthquake in 2015. Our task was to help with the initial ground work to install the last 2 of 20 Bio Gas Energy Units our fund-raiser purchased. We split into 2 teams working on digging the holes for the storage tank. Each hole being 10ftx6ft, busting our way through thick red soil and various rock matter. Not an easy job in two days. Through working as a team, sheer determination and perseverance we got the job done, we were physically and emotionally exhausted. At the completion of our digging each of the families were presented with our plaques for the installation of the Bio Gas Units. I was fortunate enough to work and present the Nepalese family my family name plaque. I felt extremely humble and emotional that moment just knowing my little contribution has made such a huge difference to this family not only today but for generations to come. Knowing now their lives will be so much easier with self-generated energy for cooking, lighting and heating. I certainly will in the near future travel back to visit and see their progress.

Next we visited another village completely rebuilt where the Bio Gas Units are completed, seeing how they work and the difference in their lives. All the fund-raiser plaques were presented to the families with hundreds of photos being taken. It was a very humbling experience. We also paid a visit to the Local Women's Co-operative Group where we met the village women and distributed a lot of the scarves and gloves made by the Fraser Shores Retirement Village. We also gave each of the women a bag of rice/lentil/vegetable mix donated by the Rotary's District Governor along with leaving a few suitcases full of clothing for them to distribute within the village. The smiles of appreciation and the many exchanges of 'Namaste' was a lovely heart filling moment.

Day three and we headed to Madala Devi Primary School which was totally destroyed by the earthquake. Part of our fund-raising provided a roof for the new school, full painting, 40 desks, chairs along with books and pencils for the children. We worked alongside members of the Rotary Club of Dhulikhel and painted the full outside and inside of the school. Such a wonderful sense of achievement was felt by all as well as being covered in paint. We then met the children, Principal, teachers, and the local Women's Development Group and presented more plaques for the Biogas Units installed in the village as well as some more wonderful knitted goods, St James Lutheran College and Galangoor Duwalami Primary Health Care Uniforms that were donated, more suitcases full of clothes, sporting goods and another 75 rice bags. The look of excitement and gratitude on their faces was a precious moment.

My final two days were back in Kathmandu. We all took on an Ultra Marathon 'Stupa to Stupa' 54km race through the mountains around the rim of the Kathmandu Valley. The first 5km was a 700m climb to 2100m. The top view was simply stunning with the valley below and the Himalayan Snow Capped Mountains in the distance. My journey over the 54km was physically challenging, emotionally rewarding, and personally life changing. One step at a time I completed the 54km feeling proud though exhausted in 10hrs 51mins. Thank you to Lars Olsen my coach/Rotary for believing in me and asking me to join this volunteer life experience trip to Nepal, it's something that I will never forget.

Social Snaps

Out and about on the Fraser Coast



Clockwise from top-left:
Nikki, Kelli, Sheena, and Kerry ready for a night with the Screaming Jets
Richard Barnes loves a good Fondue
Michelle Huang and Olivia Maddern enjoy the night
 The **Gomercon Boys** are at the Screaming Jets
Tuff Dunga, Aedan's Crusade style - Photo supplied by Donna Harris



Social Snaps



Clockwise from top-left:
Jessie Jia, Rachel Whitely
and **Stephanie Chin** are in
chocolate heaven

Jodi Downman, Holly
Sanders, Amy Harth and
Jess Smith are thinking of
nothing but chocolate

Kate Thompson savours
each mouthful

Guest Judge **Damien**
Symes with staff from
Urangan State High School

Hervey Bay Historical
Village and Museum
Volunteers at Urangan Pier
Centenary Celebrations



Out and about on the Fraser Coast



Clockwise from top-left:
Celebrating Urangan Pier's
100 Year Centenary in style
Choc-a-Holics **Madisson
Owens, Kelsey Horne and
Lynece Horne**
Adam and Nathan Doyle
ready to rumble on the
Hayrun for the second time
Alexandria Slama at Death
by Chocolate
Enjoying the day at the
recent **Tuff Dunga**
Founder of the Queensland
Penny Farthing & Historical
Cycle Club's, **Mark Pearce**





In the Kitchen with

Conan Schmitzer

Cook @ 71 Wharf, Maryborough



"I actually enjoy anything that will give me a challenge."

Conan Schmitzer
71 Wharf,
Maryborough

How Long have you been a Cook at 71 Wharf?

I have been at 71 Wharf for seven months now. I was offered the position here and snapped it up straight away. It is in a great spot with a great crew.

What inspired you to be a Cook, and how long have you been one?

I have been cooking for seventeen years now. I started by doing a school based Apprenticeship on the Sunshine Coast. I have a few more modules to complete before I am classed as a qualified Chef.

What do you love the most about the Fraser Coast?

I moved from the Sunshine Coast to the Fraser Coast two years ago with my wife who had family here. I also liked the change of atmosphere as Maryborough is a relaxed town. I have a young son, we go to the park, and to the beach at the bay.

What is the most popular dish on the 71 Wharf menu and why?

On our lunch menu the Honey Sesame Prawns are the most popular. The salad is so fresh as is the fruit. The prawns are freshly cooked as well. On our dinner menu the Seafood Platter is a winner. The platter consists of moreton bay Bugs, crab, approximately a dozen whole prawns, oysters natural and oysters kilpatrick with a hot seafood mornay in the centre. With the seafood platter you also get a free bottle of wine.

What would be the best way to sum up your menu?

We have a few exotic items on our menu. We have a duck breast on a bed of risotto, and we have just introduced a spiced kangaroo. Then we have the basics that everyone loves like our steaks and lamb. We also have mussels in a chef's sauce of the week.

Do you buy from local suppliers?

We use B Mart for our fruit and vegetables, Urangan Fisheries and our global supplier is from Bundaberg.

What are your favourite foods to cook with?

I like to play around with a lot of harder foods like kangaroo, I enjoy working on getting the balance right between spices and other ingredients. I actually enjoy anything that will give me a challenge.

What do you think sets 71 Wharf apart from other Cafes/ Restaurants?

Definitely our location. The view is fantastic, and very relaxing. I believe we have the best outlook in Maryborough. We are fully licensed and have live music every Sun from 12pm to 3pm.



CRUNCHY *Thai Salad*

This Crunchy Thai Salad is perfect for our hot climate here on the Fraser Coast and so fresh and full of colour and goodness. The great thing is you don't need to add the meat if you are wanting a meat-free meal.

Recipe by Denise Raxach of the Nurture Room



SALAD INGREDIENTS

Cucumber
Beansprouts
Red/Green Capsicum
Snow Peas
Savoy/Chinese Cabbage
Spring Onions
Carrot
Basil and Coriander
Deseeded Red/Green Chilli

TASTY THAI DRESSING

4 tbs Lime Juice
3 tbs Olive Oil
1 tbs Sesame Oil
1 tbs Soy Sauce
1 tbs Ginger (finely chopped)
1 Red Chilli deseeded
1 handful Coriander and Basil
Brown sugar (only a pinch)
Clove (or two) of Garlic

PREPARATION

Top with your choice of cooked Beef or Chicken Strips. Or leave it naked as the roasted Cashews are another great source of protein.



LET US HELP YOU
**BRING YOUR
IDEAS TO LIFE**
FOR YOUR BUSINESS
& EVENTS

brochures ▸ print ▸ envelopes ▸ leaflets
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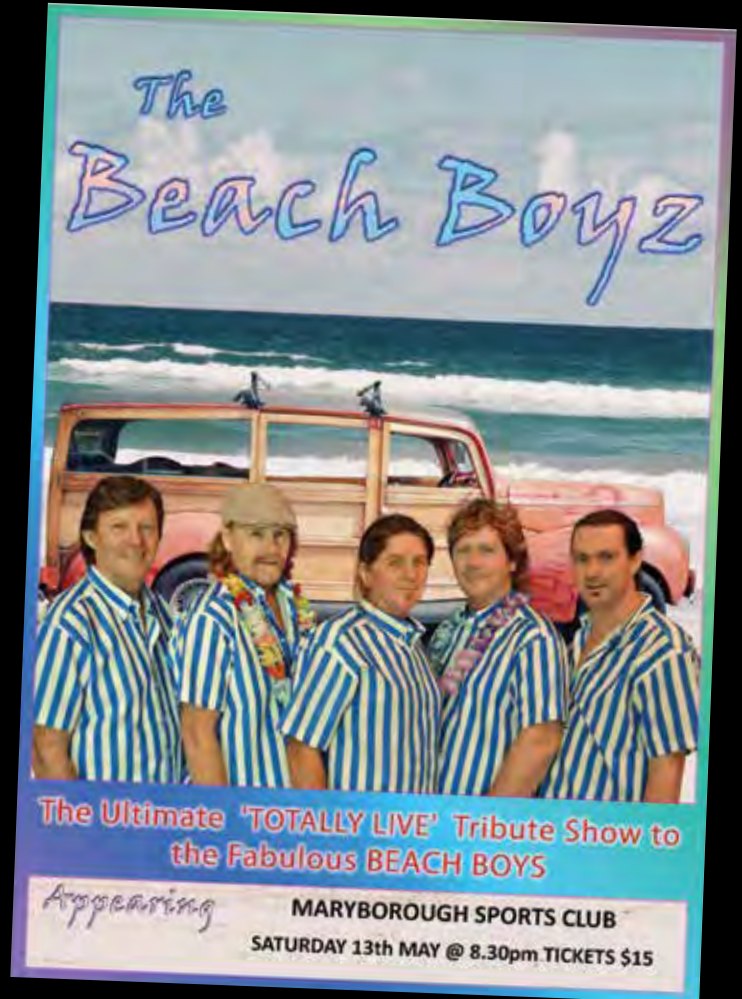
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MARYBOROUGH SPORTS CLUB INC



Friday 28th April @ 8.30pm Tickets \$20



\$9.95
LUNCH
7 DAYS

Free Courtesy Bus

58 Pokie Machines

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Cnr of Sydney St
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