

# FRASER COAST What's On

September 2017 FREE MONTHLY MAGAZINE

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**FRASER COAST**  
**What's On**

**Note from the Editor**

What a whirlwind of events, and activities we have all enjoyed over the last month. The Oceans Festival was fantastic. I always get such a buzz out of seeing so many locals and tourists out and about enjoying all that the Fraser Coast has to offer, I have to tell you that it makes me very proud to see and be a part of.

This month is Jam packed and you are sure to find something that will take your fancy, so get your calenders ready and plan out the month.

There will be workshops, theatre, a vintage festival, a ball, art exhibitions, live music, open house's, forum's, bike rides, tattoo shows, a tech challenge and swimathon's, phew I am tired just typing this list.



We also celebrate Fathers Day on September 3, on this day we appreciate our father or father figures and do something special for them. We all get so caught up in life that sometimes we forget to say those three little words, 'I love you' to those that we love, Fathers Day is the perfect time to do so.

Whatever you choose to do this month remember, enjoy, don't sweat the small stuff and love each other.

" It's not the events of our lives that shape us, but the meaning we attach to those events." - Anthony Robbins

To find out what is coming up in the next few months, and to read previous editions visit: <http://whatsonfrasercoast.com.au/> or find us on Facebook.

Cheers,  
Kim Parnell  
Editor

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# LARS OLSEN

as Humanitarian, Coach and  
Tour de Bay Volunteer

Story by Kim Parnell

Lars Olsen first came to my attention about eight years ago through his humanitarian work as the Founder of the Forget Me Not children's charity.

I was blown away with this blond, blue eyed youth who was very passionate about making a difference to some of Nepal's most vulnerable and at risk girls.

Over the years he has received many medals and awards for his work - from the Pride of Australia Medal In 2006 to the Suncorp Young Queenslander of the year in 2007, to being the winning recipient of the Queensland Young Australian of the year in 2008. Along the way there have been other awards, medals and accolades of which Lars said, "It was a big thing in terms of creating exposure for Forget Me Not. It was never about me individually it was always more about what we could achieve through the organisation."

Lars stepped down from Forget Me Not In 2013, but still visits and supports the girls that he has grown to know so well in Nepal, and with the assistance of Rotary, an organisation that Lars is still part of, has taken approximately four teams of volunteers to Nepal and assisted with everything from drainage to rock walls and building works. Lars said, "I found that for me the ethos of Rotary fitted in very well with who I am and the way that I like to live.

"I would like to hope that as the years progress I will stay with Rotary regardless of where I am, Just purely because of what the organisation believe in and what they do for the community."



In 2012 Lars founded B Mee Multisport. Lars inspires many triathletes, runners, cyclists and swimmers of all ages to push themselves and to reach their own goals by offering support and training. Of his own fitness Lars said, "I enjoy keeping fit and pushing my own boundaries, competing and participating in events is part of that.

"As long as I give it my all and enjoy the training side and the participation with other people I am happy."

As part of Rotary Club of Hervey Bay Sunrise, Lars has continued to volunteer on various projects including the upcoming Tour de Bay. In fact Lars has been on the committee for the past four years. Since the event moved to the Hervey Bay Community Centre it has grown every year.

Lars said, "This fund-raising event is for everybody to enjoy. You do not need to be super fit to compete, there is a ride for everyone."

The Tour de Bay - Is a bike ride that raises funds for the Hervey Bay Youth Mentoring Program, this program is run through the Hervey Bay Community Centre and is the sole fund-raiser for keeping the project alive. The goal each year is to try to raise \$20,000 this ensures that the program can run for another year. 100% of your entry fee, which is your donation goes to supporting the program. But you are more than welcome to fund-raise more if you like, to do this you must register online as a fund-raiser. The money raised goes to different schools and is used to mentor kids that are really struggling with school. The program has had a lot of really positive results.

**You can take part in either:**

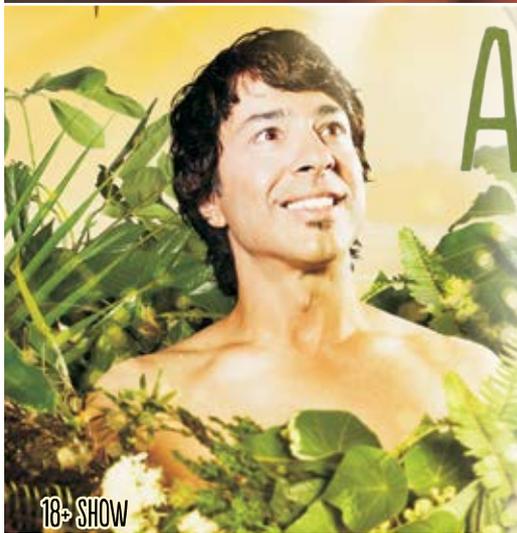
- 10km - The Amazing Ride - \$30 Individual or \$50 for a family**
- 25km - The Scenic Cycle - \$40 Individual**
- 50km - The Biking Bruiser - \$40 Individual**
- 100km - The Centurion - \$55 Individual**

Register online at: <https://www.tourdebay.com.au/>,  
you can also check out maps and times.

## Hervey Bay Tour de Bay Sunday, September 17

Begins and ends at The Hervey Bay Community Centre  
There will be a community breakfast for all Competitors  
hosted by Rotary Club of Hervey Bay Sunrise.  
Competitor shirts will be available for purchase online  
before the event.

*What's happening at your club!*



# ARJ BARKER

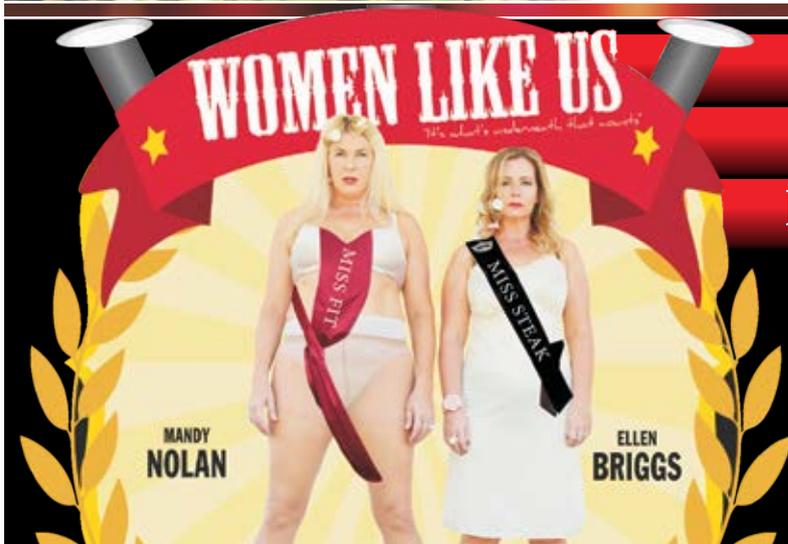
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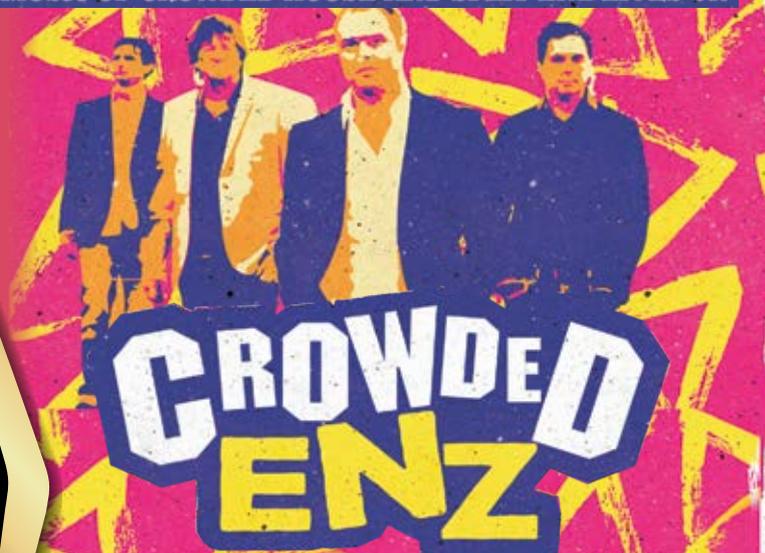


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## Pacific Whale Foundation

After 3 decades conducting scientific studies of humpback whales off the east coast of Australia, Pacific Whale Foundation (PWF) now provides opportunity to see whales as the researchers do in the sheltered waters of Hervey Bay. Beginning this season, PWF offers expeditions aboard its new, 13m purpose-built Ocean Defender: a low-profile, smooth riding vessel that mimics the experience of riding on a research boat.

The 2017 season got off to an early start, with our first whale watches starting on July 15th. Whales have been observed on every trip to date, and we are now entering the most exciting time of the season when mothers and their newborn calves, pods (groups) of large males competing for access to reproductively active males and curious young whales enter the Bay in large numbers. Not only are whale-watchers guaranteed sightings during this time of the season, they will see the most spectacular surface and aerial behaviours to be witnessed anywhere in the world. PWF has developed a unique vocabulary over the past 30 years to describe these fascinating interactions and behaviours. Breach, spy hop, pecslap, fluke-up dive, peduncle arch, competition pod... are a sample of the unique terms that are a standard part of the Hervey Bay vernacular during this time of year.



## Blue Dolphin Marine Tours

Whale season 2017 has kicked off to a great start with superb weather and an abundance of whales visiting the Bay. We are seeing good visitor numbers to Hervey Bay especially from international tourists enjoying this glorious sub tropical climate we are experiencing.

The whale encounters so far have been mind boggling and seasoned whale watchers are beside themselves with the quality of viewing and interactions they are seeing. Mugging season is well and truly here and it seems the whales can't get enough of human watching. We had a beautiful pod that mugged us, but one female Humpback stood out, as the others came and went, she hung around for hours and even followed us for a short while when it was time to go. No where else in Australia do you see this type of interaction and it still astounds us as to why they are so curious about the vessels in Hervey Bay.

An Italian family was shown a wonderful introduction to Humpback Whales and had whales mugging Blue Dolphin all day. All you could hear was CIAO, BELLA, BELLISIMO as they waved and talked to the whales. Memories etched in their minds forever and Hervey Bay will always be known as the home of the Humpback Whales. We love our backyard and showing these magnificent whales to the world. Looking forward to the rest of the season and seeing a lot more Mums and their calves enter the Bay. Heres to a great season.

## Spirit of Hervey Bay

The whales are back in the Bay!. There have been lots of large males in the bay just hanging out in pods. These are the inquisitive ones!. They have definitely been making their presence felt this year, checking out areas where they don't normally go! Whales have been seen off Torquay Beach and have even ventured into the Mary River system.

This inquisitiveness is great for our guests on board as we are regularly being 'mugged'. And that's not what you would normally think...but means the whales have been coming right up close to the boats, rolling on their sides and lifting their giant heads out of the water to take a look at the humans who have come to see them.

Our guests on the 'Spirit of Hervey Bay' and our fast, fun boat 'Yahoo' absolutely love this experience saying it is one of those special events that they will remember for the rest of their lives.

We look forward to more mums and calves coming into the bay as the season progresses. Pretty amazing that they make this journey from Antarctica to the warmer waters of North Queensland and back every year. We are so lucky to be in the best place in the world to view humpback whales. Come and enjoy it with us. We would love to welcome you on-board either the 'Spirit of Hervey Bay' or 'Yahoo'. **Check out our website at: <http://www.spiritofherveybay.com/>**



# DEAN VEGAS

## gets us 'All Shook Up' with his Elvis Tribute Show

**2017** marks forty years since Elvis Presley passed away. Known as the 'King of Pop' Elvis is one of the most celebrated musicians in life and indeed in death during the 20th Century.

Elvis's career spanned from 1956 right through to the year of his death in 1977. Mourned by millions throughout the world, there are currently over 85,000 Elvis Impersonators in the world, but only a handful of very good ones.

Mark Andrew Tabone aka, Dean Vegas is one of them. While he is a regular on the Fraser Coast gig circuit. He has also performed throughout the world. In fact his fans can't seem to get enough of the man that is Dean Vegas. The Elvis Presley tribute artist has just spent time in America performing in the Collingwood Elvis Festival, which is the largest Elvis Festival in the world. Dean knows this stage well especially after winning there in the year 2000 while representing Australia. "I have played there six or seven times now, it is my second home", Dean said.

While growing up Dean admired Elvis, " People are inspired by many different things. For some it could be a sport, or

a group, for me it was Elvis. I am blessed that I get to do this and have been doing so now for over twenty years." Dean said.

During his career Dean has performed with The Jordanares, The Sweet Inspirations, and The Imperials, both groups have provided backup on Elvis Presley's recordings. He has also toured places like Canada, New Zealand, Beirut, Memphis, Tonga, Bali, Dubai and China.

Dean was also the first Australian to be invited to perform at the Elvis Memorial dinner in Memphis, this event was always

organised by Marian Cocke, who was Elvis's nurse for three to four years before he passed away.

" It was amazing. I also got to meet Sam Phillips who was the special guest that year, Sam Phillips owned Sun Records and was the first person ever to record Elvis. I had written a song Dean also was the first Elvis in the world to receive the key to the city of Tupelo, the birth place of Elvis Presley himself. Dean also received a guitar as a gift from the same hardware store that Elvis used.

Dean Vegas loves everything about the Fraser Coast and said, " It is beautiful I find it so laid back, It reminds me of the Gold Coast maybe twenty five to thirty years ago. I was only on the Fraser Coast a couple of months ago and was lucky enough to MC the All Abilities Ball and hang out on a boat whale watching with none other than Home and Away cast members Opheus Pledger, and Scott Lee along with Model, Madeline Stuart, not a bad way to spend a Sunday.

" We saw lots of whales, it really was a beautiful experience, if you haven't done it I suggest that you do it", Dean said.

On his upcoming show at the Hervey Bay RSL Dean has a special message for his fans on the Fraser Coast, "You will have a wonderful night of memories, Elvis brings back good memories for many and inspires as well, remember always follow your dreams, don't listen to people who try to shout you down, believe in yourself."

**DEAN VEGAS – Elvis Tribute Show Saturday, September 9**

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# Peter Rowe

## Connecting through art

Hello, my name is Peter Rowe, I am an Author, Artist and Presenter, and yes, I just happen to have Down syndrome. I was born with Down syndrome and other conditions that limit my verbal ability, although I have never felt limited nor defined by this. I may not have been blessed with the gift of speech, I was however born with a passion to communicate.

I was introduced to 'Facilitated Communication' in my early thirties and it has changed my life. With the assistance of a facilitator I tap out my words, letter by letter onto a "QWERTY" board, with my facilitator speaking them as I tap. Facilitated Communication was the beginning of me finding my voice and sharing my story. I was finally free to share my thoughts, my hopes, my fears. With the support and love of my Mum and Dad I began to show everyone that I was more than a label.

Art has been an important part of my journey, it has given me a way to share my voice, my story and a way to connect, with my words and stories embedded within every piece I create. Art began as a form of therapy for me to overcome trauma from abuse I experienced in a care facility many years ago. Creativity allowed me to paint through the darkness and the pain, into a place of peace, happiness and colour. Today because of the support of wonderful people in my life and within my community like Cheryl Nonmus my art tutor, who believe in who I am and all I am capable of I have grown as an artist and as a person. I am living a life I love, I can finally express who I am and what I stand for.

I am passionate about the importance of community connections because I believe when people feel connected to, and part of their communities, they are more likely to feel valued and less likely to feel isolated. I get great joy from encouraging people regardless of abilities to do whatever it takes to find their voice and share their story. Something that makes me even happier is when I see individuals and communities doing their bit to ensure this happens.



Last year at the opening of my 'Take a Seat' exhibition at Gympie Regional Gallery, I had the pleasure of meeting a creative, colourful and intuitive young lady from the Fraser Coast, Leigh West. A shared love of art, people and an understanding that not all conversations need words, has flourished into a wonderful connection with the Fraser Coast and Hervey Bay community. After my first visit to Hervey Bay I was overwhelmed and delighted by the warmth of this community. People often speak of inclusion, diversity and communities with heart. I must say Hervey Bay is certainly inclusion and diversity in action, with a very big heart that beats to the rhythm of every individual within it.

I feel very honoured to have been invited by the Hervey Bay Regional Gallery, to exhibit part of my 'Take a Seat' collection of works, with other talented Fraser Coast artists for the 'Art Affair' exhibition. This wonderful exhibition coincides with Disability Action Week and is on display from 8th Sept-15th Oct 17. 'Art Affair' celebrates all abilities and the importance of creativity as a form of self-expression, something that is very important to me.

I am also incredibly excited to be sharing my story and love of art at 'An Evening with Peter Rowe' on September 16th at the 'Hervey Bay Regional Gallery'. The event will include a fun art workshop where we will create a big community piece of art together, music, nibbles and drinks, quite the evening! 'An Evening with Peter Rowe' is the result of many people and businesses within the Fraser Coast who believe my story needed to be heard. I am so grateful for the connection I now have with this beautiful community, and the opportunities that have been created.

Peter Rowe

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## CARRIERS GIG GUIDE SEPTEMBER

**FRIDAY 1 » 7:30PM**

Shaun Beckett

**SATURDAY 2 » 7:30PM**

Beckett-Turner Overdrive

**THURSDAY 7 » 7.00PM**

Open Mic Night

**FRIDAY 8 » 7:30PM**

Till Dawn

**SATURDAY 9 » 7:30PM**

Bobby Barnes

**THURSDAY 14 » 7.00PM**

Open Mic Night

**FRIDAY 15 » 7:30PM**

Ian Murray

**SATURDAY 16 » 7:30PM**

Ricky's Duo

**THURSDAY 21 » 7.00PM**

Open Mic Night

**FRIDAY 22 » 7:30PM**

Lexicon

**SATURDAY 23 » 7:30PM**

Doug Edwards

**THURSDAY 28 » 7.00PM**

Open Mic Night

**FRIDAY 29 » 7:30PM**

Frank Ben

**SATURDAY 30 » 7:30PM**

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there's no honest way  
to explain it...

## A great family day out at the annual Bauple Nut Bash

Story by Debbie Brischke



**The Bauple Community is gearing up to celebrate what life in this beautiful community is all about, with the annual Bauple Nut Bash for 2017.**

While the theme may change year to year, the organisers have maintained a strong focus, over the last eleven years, on the core values that the residents of Bauple hold dear to heart- of wholesome fun, friendship and community involvement. The result is this fantastic, laid back, family fun based event that comes together with the help of local community groups, residents, local businesses and much valued Fraser Coast Council support.

The event starts at 12pm at the Bauple Recreation Grounds on 2nd September, with a Licensed bar through until 8pm. This year's theme being 'Circus/Carnival', there will be no shortage of activities to keep the young and young at heart entertained. From the Annual Nut Cracking Championship- celebrating Bauple's historical connection with the Macadamia Nut. To a variety of market & food stalls, local musical entertainment from Musical Merv & the Bhopple Fairies, lots of kids games, street circus activities & tug-o-war to fill out the afternoon. To the big traditional Bauple Nut Bash finale of Ron Laycock's Mad Jet Truck and in our opinion the best Fire Works display on the Fraser Coast.

For anyone new to the area or wanting to get involved in our community, this event is an ideal time to network and get to know a few fellow locals. Our local P&C, Play group, Scouts, Bauple Band Hall, Historical Museum and Mens shed all pitch in on the day, so don't be shy if you have any questions or enquiries, someone will be able to direct you to the relevant person to talk to.

With a warm & friendly atmosphere, the Bauple community welcomes all attendees to come, dress in Circus theme if they dare, to share the atmosphere we love about our little town and see how our thriving community groups can put on a day for all to remember.

*"We look forward to seeing everyone on the day."*



## The Rockin' Maryborough

# Vintage Festival

Written by Camilla Perry



**T**he 3rd annual Rockin' Maryborough Vintage Festival will be happening again in Maryborough, Queensland from 15th – 17th September! A new committee has been formed to celebrate this iconic era with all the vintage loving fans out there! Set against the historical backdrop of the Maryborough Town Hall, Adelaide and Ellena streets will be jam packed with exciting events for everyone to come along and enjoy! The weekend programme will feature events and activities that celebrate everything retro and vintage, from the 1940's through to the 1960's.

To kick off the festival, there will be a Happy Days themed vintage ball in the Maryborough Town Hall on Friday 15th September, starting at 7:30pm. Guests will be entertained by Sunshine Coast favourites "Darlin' and the Midnight Delights", with a playlist covering some of the most popular songs from the doo-wop, rock and roll, and girl group wave hits. There will also be a light supper, refreshments from a fully licensed bar and the opportunity to have your photo taken dressed up in your vintage best. Tickets are \$35 each and can be purchased from <https://www.rockinmaryborough.com.au/> or the Rockin' Maryborough Vintage Festival Facebook page.

Saturday 16th September will be a fun filled day of events and activities guaranteed to keep the whole family entertained. The morning will commence with the judging of the inaugural mini hot rod competition. This is an exciting opportunity to showcase the engineering and construction skills of our local primary school students – who have been challenged to build their own mini hot rod. Their creations will be on show in front of the Maryborough Town Hall throughout the festival.

Saturday also sees the judging of the first two Pin-up groups: "Miss Teen Rockin' Maryborough 2017 will be held in Adelaide Street at 11:00am for entrants between 13 and 17 years of age. This category is a fantastic opportunity for young ladies to develop their style while having fun and making new friends. Everyone is invited to join us as

we crown "Miss Teen Rockin' Maryborough 2017" and "Miss Teen Rockin' Maryborough Runner Up"

Following on from the judging of the junior entrants, the Miss Rockin Maryborough 2017 finals will commence in the Town Hall at 1:00pm. Three lucky ladies will be crowned "Miss Rockin' Maryborough 2017", "Miss Rockin' Maryborough Runner Up" and "Miss Congeniality 2017". For anyone with an interest in Rockabilly, the pinup competitions are a great way to show off their own personal pinup look, to make new friends and gain confidence.

If you fancy a bit of retail therapy during the festival, in addition to the wide range of goods available from our local stores, there will be vintage themed market stalls. A variety of food vendors will also be on hand to keep you fed and watered while you walk around the town admiring the vintage cars, caravans and bikes that will line the streets of the festival.

The rockabilly dance party will see the Maryborough Town Hall filled with the sounds of Americana roots and hillbilly blues courtesy of Brisbane favourites: The Haymakers. Starting at 7pm, groovers and shakers will be able to take to the dance floor and shake a tail feather as they dance the night away Tickets are available online, or on the night for \$25.

The festival concludes on Sunday 17th September, with an action packed morning kicked off with the Little Master and Little Miss Pinup competition, at 10am. This is the chance for our youngest pin-ups to strut the catwalk and show off their cute little vintage inspired outfits for the crowd and the judges. Who will be crowned the inaugural Little Master Rockin' Maryborough (boy) and Little Miss Rockin' Maryborough (girl)?

Following the final pin-up parade, our four legged friends get the opportunity to strut their stuff in the Pooch parade from 11am. Is your best friend the cutest pooch in town? Do they have an impressive repertoire of tricks to take out a prize? Or perhaps the two of you are just out to wow the audience with the best dressed owner and dog ... whichever class you enter, this is guaranteed to be entertaining!

So clear your schedule, brush off your blue suede shoes and check out the Rockin' Maryborough Vintage Festival this September - you won't be disappointed!

# Maryborough Open House and Garden

Maryborough is one of my favourite places to visit, here you will find some of the best heritage listed buildings and the most spectacular architecture. This is a city rich in history with many stories to tell. The city has seen its fair share of tragedy over the decades from devastating floods to plagues and fires, but it has also been a town of hope and resilience, and the birthplace of some prominent and famous people from politicians to Olympians to authors.

This is the one chance a year to go back in history and gain entry to some of the oldest buildings in Maryborough and to stroll around the historic gardens. Don't forget your camera! - Kim Parnell, Editor

Maryborough Open House is now in its sixth year and continues to showcase what is special and unique about Maryborough. The historic buildings help tell the history of the city. The weekend is about unlocking the stories behind historic buildings and beautiful gardens. Open House chairperson George Seymour said that whether ringing the historic bells at St Paul's bell tower, exploring Baddow House mansion or learning the interesting histories behind our old pubs; exploring the buildings was an enjoyable and enlightening experience.

Open Gardens will include many presentations and musical performances. It is about showing what is possible in Maryborough's sub-tropical climate. "Maryborough has always had a very strong gardening culture" Mr Seymour said. Gardeners should get some inspiration from the gardens open for the day. The gardens range from small cottage gardens to large expansive riverside terraced gardens.

## Maryborough OPEN HOUSE September 23 10am to 4pm

Maryborough, one of Queensland's oldest cities, opens its doors for you to explore the past. The grandeur of private residences, churches and striking public buildings reflects Maryborough's early prosperity in the late 1800s and 1900s. Discover architectural styles ranging from colonial and federation era to the more simplified styles of the inter-war period.

### ACTIVITIES:

**Free Brolga Backstage Tours** - Learn the history of the theatre and backstage secrets on a 45 min Tour

**Ring the Bells** - Experience the thrill of ringing the oldest church bells in Queensland at St Paul's Bell Tower.

**Tipples and Tales** - Meet The Gauger and hear his stories of the Bond Store's past as you enjoy a tantalizing experience of regional ports, liqueurs and tasting platters. Cost: \$30

**Gatakers By Night Special performance with The Company** - Settle in as Gatakers Courtyard is transformed with free live music, drinks, food and art. FREE

### BUILDINGS:

Maryborough School of Arts

Maryborough City Hall

St Paul's Anglican Church

Goods Shed Railway Station  
Museum

St Mary's Catholic Church

WWII Air Raid Shelter MELSA

Maryborough Heritage Centre

Federal Hotel

Resource Centre

Christ Church Granville

Brennan And Geraghtys Store Museum

Water Treatment Plant

Californian Bungalow

St Matthew's Lutheran Church

Customs House

Customs House Residence

Bond Store

Maryborough Military and Colonial

Criterion Hotel

Waterside Workers Hall

Gatakers Artspace

Cottage and National Trust Interiors

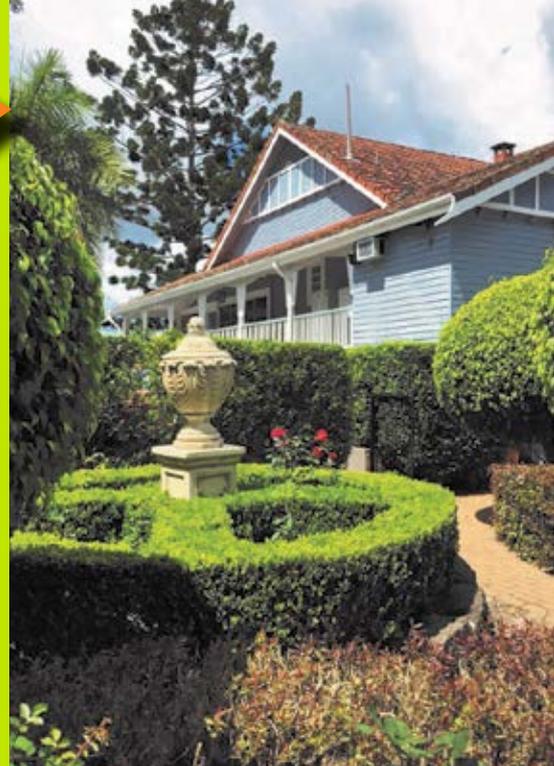
Croydon Foundry Museum

Baddow House

Wide Bay Hospitals Museum

WWII Royal Australian Airforce Hangars

Brolga Theatre



## Maryborough Open Garden September 24 10am to 4pm

Stroll through Maryborough's stunning gardens and discover the natural beauty of our charming city. Be inspired as you explore the private gardens of some of Maryborough's most avid green thumbs.

### ACTIVITIES:

There will be live music, demonstrations and plant sales at various gardens

### GARDENS:

9 Elizabeth Street, Maryborough

201 Alice Street, Maryborough

25 Chelsea Court, Tinana

19 Brooke Court, Oakhurst

41 Aldershot Street, Aldershot

14 North Street, Maryborough

Lupton Park Community Garden

192 Lindah Road West, Tinana

64 Loudon Close, Yengarie

131 Burgowan Road, Torbanlea

To read the history of the buildings and gardens, or to view maps, visit: <http://www.ourfrasercoast.com.au/Open-House>





## The 16th Fraser Coast

# TECHNOLOGY CHALLENGE

Written by Mark Williams



**2017 sees the Fraser Coast Technology Challenge celebrate its 16th year, with a renewed emphasis on providing relevant activities and resources for students and teachers to support, encourage and foster recognised STEM outcomes.**

2017 sees the Fraser Coast Technology Challenge celebrate its 16th year, with a renewed emphasis on providing relevant activities and resources for students and teachers to support, encourage and foster recognised STEM outcomes.

The Fraser Coast Technology Challenge has become a regionally significant signature event that was first held in 2002. It was inspired by the Victorian based RACV Energy Breakthrough and is currently promoted and run by the Maryborough Chamber of Commerce Inc. Since that first event, the Technology Challenge has grown to become the premier student based challenge in Queensland with now more than 2,600 primary and high school students from across the state competing across a number of categories of innovation and imagination in a weekend of competition and fun. It is now a major event in the Queensland education calendar, providing a unique opportunity to introduce students to competitive activities that involve elements of design, construction, innovation, technology and most importantly participation.

But it is so much more than just a weekend away, schools that participate in the event embrace the opportunity to continue attending because they can use the elements of designing, making and racing a human powered vehicle, solar powered boats or cars, CO2 driven model dragster and coding of robotics all within the current educational framework. Lesson plans have been developed by many of the participating teachers who make them available to other teachers in the following curriculum areas:

- The Arts
- English
- Health and physical education
- Mathematics
- Science
- Studies of society and the environment (SOSE)
- Technology

The event has been instrumental in transferring learning from the classroom into the real world, by helping students prepare for a post-school life and encouraging them to develop their skills across all the curriculum areas, with participating teachers using the opportunity to engage students with subjects that fuel their enthusiasm.

One of our principle goals over the next few years is to build a state based curriculum for the event in partnership with the Department of Education, relevant schools, Universities, educational based technology companies and even our regional council libraries. These partnerships will see the Fraser Coast Technology Challenge as a resource for schools enabling them to embed the competition into their lesson plans with assessable outcomes, and provide a platform of support and development for all schools and students participating in the event.

In recognition of the importance of this iconic Event for the Fraser Coast region and the education sector, it receives unprecedented support from the local community. Our community service clubs, local scout groups, local sporting clubs and a significant number of independent volunteers are actively involved in the event and on site for the duration to make sure that all competitors are safe and the event proceeds smoothly.

Supported through its developmental years under Events Queensland Regional programs, the event is made financially sustainable with the help of sponsors the likes of; Fraser Coast Regional Council, RACQ, Downer, Gilking School supplies, MyOsh media, DATTA Queensland, Richers Transport, Ergon, Handy Hire, Gillespie Electrical, Wide Bay Sound Systems and many more, all recognising that the students participating in the event are the consumers and decision-makers of tomorrow, they acknowledge an opportunity to help educate today's youth and inspire them to become the engineers, designers, innovators of tomorrow.

The Fraser Coast Technology Challenge is set in the iconic Queensland City of Maryborough on the beautiful Fraser Coast. It is staged in the educational precinct around the Maryborough State High School twin campuses and the Maryborough Central State School. The precinct is bordered by Kent Street, John Street, Sussex Street and Ferry Street.

With and expectant 5600 individuals attending the event, this will be comprised of more than 2600 Competitors and some 600 support personnel, event staff, community workers and stall holders and 2400 Spectators

This year's Fraser Coast Technology Challenge Maryborough is held on September 8th, 9th and 10th with the Friday being a set up day and the main events starting around 9am on the Saturday morning up at the Maryborough State High School off Kent Street.



# Introducing **MUSIC Pathways Qld**

Story by Kellie List

My love for Facilitated Drum Circles was immediate. I completed the DRUMBEAT Facilitators Program, (Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts) and was later blessed to work intensively with 'The God Father of the Modern Day Drum Circle,' Californian, Arthur Hull.

I'm an experienced, classically trained musician of multiple instruments, who is inspired by the immediate contribution to music Drum Circles offers participants, irrelevant of their experience. They provide an opportunity for self-expression, a place for collaboration and an unjudgmental environment to contribute to In-The-Moment-Music. There is an undeniable

sense of community, acceptance and inclusiveness when you're part of a Drum Circle. With this aligning perfectly with my social and musical philosophies, Music Pathways Qld is devoted to continuing making music accessible for everybody.

A Facilitated Drum Circle is a very different experience to a stereotypical Anarchist Drum Circle. As the Facilitator, I am like the conductor of a Percussion Symphony Orchestra. Through gentle guidance and musical expertise, I'm responsible for supporting the group throughout their musical journey, with different ideas working considerably and creatively together. There are no specific rhythms to learn, it is a constantly evolving collaborative exploration, unique to each group and each session.

As well as being excitingly unpredictable and good fun, valid research indicates group drumming provides multiple health benefits such as: a reduction in stress, anxiety and chronic pain and the ability to lower blood pressure. Drumming encourages synchronicity of both sides of the brain and can boost the immune system through a reduction of stress

hormones. Drumming allows individuals to be calm and take time to unconsciously let go of negative thoughts; it's an automatic response with the creative process providing distraction from the stresses of life.

The flexible nature of my Drum Circle sessions allow me to adapt programs to suit the needs of different groups, including groups with Special Needs, Schools, Aged Care Homes and Corporate Businesses. All instruments are provided, with Music Pathways Qld owning over one hundred percussion instruments. Open Community Sessions include; Tiny Tappers Drumming (2 to 9 years old), Community Drum Circle and Formal Rhythm Lessons which run weekly across the Wide Bay/Fraser Coast.

**For more details please visit**  
[www.musicpathways.com.au](http://www.musicpathways.com.au),  
**Facebook at Music Pathways Qld or phone**  
**0427 714 236.**

## WHAT'S ON @ THE BROLGA



**SAT 2 SEP**  
The Wizard of Oz

**SUN 3 SEP**  
SUNDAY RIVERSIDE  
with Phoebe Jay, Leonie Kingdom and Sam West

**MON 11 SEP**  
YAMATO  
Drummers of Japan

**16 & 18 SEP**  
Angels In America  
Part 1 - NT Live

**SUN 17 SEP**  
Scat! Jazz Quartet

**THU 21 SEP**  
Morning Melodies  
Bella Diva

**SAT 23 SEP**  
Maryborough  
Open House  
Backstage Tours

**23 & 25 SEP**  
Angels In America  
Part 2 - NT Live

**25-27 SEP**  
Sustainable  
Agriculture Forum

**FRI 6 OCT**  
Isla Grant  
in Concert

**WED 11 OCT**  
MRAC Cinema Night  
Daniel Blake

**SUN 15 OCT**  
The Glenn Miller  
Orchestra

**22 & 24 SEP**  
Twelfth Night -  
NT Live

**SAT 28 OCT**  
Lee Kernaghan  
Boys from the Bush



# Calendar of Events

## SEPTEMBER

### SEPTEMBER 1

#### Fisherman's Ball

Tickets: \$125.00, includes Seafood Buffet, 3 hour drinks package, entertainment

Black tie

Proceeds go to the Hervey Bay Surf Lifesavers

Beach House Hotel

### SEPTEMBER 1-3

#### Country Campout Weekend

Hosted by Tea & Toasters Hervey Bay Relay for Life

Susan River Homestead

Tickets available from: <http://countrycampoutweekend.eventbrite.com.au/>

### SEPTEMBER 2

#### Garage Sale – Fraser Coast Artslink

7am – 11am

Arts and Craft Village, 187 Bideford St

For enquiries call: 0408 827 917

### SEPTEMBER 2

#### The Wizard of Oz

2pm – 4.30pm

The Brolga Theatre and Convention Centre

[www.ourfrasercoast.com.au](http://www.ourfrasercoast.com.au)

### SEPTEMBER 2

#### Fund-raiser – Supporting the Girl Guides

10am – 2pm

Dog wash \$10, Sausage Sizzle \$2 etc

Cnr Torquay & Denman Camp Roads, Scarness

Call Sharon: 0438 748 465

### SEPTEMBER 2

#### Torbonlea State School Fete

10am

Torbonlea State School

### SEPTEMBER 2

#### Riverfest

Riverheads

River Heads Progress Association

### SEPTEMBER 3

#### Wide Bay Burnett Water4Life Ride

10am -12pm

With Guy McLean

Register: message face-book page: Happy Horses Hervey Bay

### SEPTEMBER 3

#### Australian Native Bee Workshop

\$70.00 per person

Morning tea and lunch are supplied

To book contact Sharon on: 0499 073 116

### SEPTEMBER 3

#### Athlete Workshop

1pm

\$45 per athlete

6 Walton St, Maryborough

Call: 0423 55 0013

Hosted by Asgard Allstars

### SEPTEMBER 3

#### Brolga Theatre River Stage

3pm – 6pm

Live Entertainment

### SEPTEMBER 5

#### Speed Networking

6pm

Beach House Hotel, Scarness  
Hosted by Business Networking Hervey Bay

### SEPTEMBER 5

#### Beyondblue Botanic Garden Tour

10am – 11am

\$5 per person

Hervey Bay Botanical Gardens  
Bookings essential: 0448 001 759

### SEPTEMBER 5

#### Business Preparedness Evening

6pm

Free Admission

Maryborough RSL

### SEPTEMBER 8-10

#### Fraser Coast Technology Challenge

Maryborough

<https://www.frasercoasttechnologychallenge.com/>

Hervey Bay Boat Club

### SEPTEMBER 8

#### FCAC Jazz and Shiraz Evening

6.30pm – 9.30pm

Ticket's \$30 pp, includes drinks and nibbles

Fraser Coast Anglican Collage

### SEPTEMBER 9

#### Days for Girls

10am – 3pm

The Baptist Church – Nikenbah  
RSVP Heather: 0400 553 295

### SEPTEMBER 9

#### Dean Vegas Show

8pm

Tickets \$20 members, \$25 non Members

Hervey Bay RSL

### SEPTEMBER 10

#### Basic Photography Workshop on DSLR

10am – 2pm

Go to: [www.elfotographyherveybay.com.au/basic](http://www.elfotographyherveybay.com.au/basic)

## SEPTEMBER 10

### Fraser Coast Baby & Children's Handmade Market

8am – 1pm

Arts & Craft Village, 187 Bideford St, Hervey Bay

## SEPTEMBER 11

### Yamato at Maryborough, Australia

7.30pm-9.30pm

Brolga Theatre and Convention Centre

[www.ourfrasercoast.com.au](http://www.ourfrasercoast.com.au)

## SEPTEMBER 15-17

### Rockin' Maryborough Vintage Festival

Maryborough CBD

Find us on Face-book

## SEPTEMBER 15

### Business Hervey Bay

5.30pm – 7.30pm

Hervey Bay Surf Life Saving Club

## SEPTEMBER 15-17

### Lines in the Sand

Inspiration for readers and writers

Fraser Coast Libraries

Bookings essential, Call: 4197 4220

## SEPTEMBER 16

### An Evening with Peter Rowe

4.30pm

Free entry

Art, wine, music

Hervey Bay Regional Gallery

## SEPTEMBER 16

### Wide Bay 2nd Annual Tattoo Show

1pm, Music, Motorcycle Show and Shine - \$10 for event entry

Hosted by: Under the Gun Tattooing & Body Piercing

Carriers Arms Hotel-Motel

Phone Heather on: 0404 017 433

## SEPTEMBER 16

### Metal United Down Under

6pm

Hervey Bay Hotel

## SEPTEMBER 16

### 80's Pub Rock Band Theme Night, Big Hair, Big Sound & Light Show

8pm

Carriers Arms Hotel-Motel Convention Centre

## SEPTEMBER 16-17

### 40th HBAR Anniversary Show

Hervey Bay Active Riders

## SEPTEMBER 17

### Swimathon

Hervey Bay Aquatic Centre

Raising funds and awareness

of MS

[MSSwimathon.com.au](http://MSSwimathon.com.au)

## SEPTEMBER 17

### Tour de Bay

Register at: [www.tourdebay.com.au](http://www.tourdebay.com.au)



## SEPTEMBER 20-22

### Annual Quota Bookfest

Maryborough City Hall

## SEPTEMBER 23

### Glam. Po

12pm -4pm

Hervey Bay Neighbourhood Centre

Hosted by: Recreation 4 Recovery

## SEPTEMBER 23-24

### Pacific Coast A Class Arabian Show

Maryborough Showgrounds

## SEPTEMBER 23-24

### Maryborough Open House and Garden

## SEPTEMBER 23

### Jazmine's Shave for Cancer

10am

Stockland Shopping Centre

## SEPTEMBER 25-27

### Sustainable Agriculture Forum

The Brolga and Convention Centre

## SEPTEMBER 29-

### OCT 2

### Fraser Coast Interclub

7am – 10pm

133-149 Tavistock St, Hervey Bay Sports Club

Organiser – Hervey Bay Amateur Fishing Club



For a full list of What's On, go to: [facebook.com/WhatsOnHerveyBay/](https://facebook.com/WhatsOnHerveyBay/)

# Gig Guide

## Live music and more on the Fraser Coast in September

### HERVEY BAY

The Torquay Hotel  
Fri 1, 9pm, DJ Simon  
Sat 2, 9pm, FUZZCOX  
Fri 8, 9pm, DJ Simon  
Sat 9, 9pm, DJ Simon  
Fri 15, 9pm, DJ Simon  
Sat 16, 9pm, DJ Simon  
Fri 22, 9pm, Matt Phillips  
Sat 23, 9pm, Matt Phillips  
Fri 29, 9pm, DJ Simon  
Sat 30, 9pm, DJ Simon

Coast Restaurant  
Sun 3, 2-5pm, Sam Maddison  
Sun 10, 2-5pm, Frank Benn  
Sun 17, 2-5pm, Sam Maddison  
Sun 24, 2-5pm, Frank Benn



Hervey Bay RSL  
Fri 1, 6.00pm, Bobby Barnes  
Sat 2, 8.00pm, Uncle Arthur  
Fri 8, 6.00pm, Karen Thompson  
Sat 9, 8.00pm, Sly Ru  
Sat 9, 8.00pm, Dean Vegas Show  
– Tickets \$20 members, \$25 non members  
Tues 12, 11.00am, Morning Melody  
– 50 Years of Legends with Paul Hayman – Tickets \$5 members, \$7 non members  
Thurs 14, 11.00am, Quinn the Radio Star  
Fri 15, 6.00pm, Dust Duo  
Sat 16, 8.00pm, Forbidden Road  
Fri 22, 6.00pm, Frank Benn  
Sat 23, 8.00pm, Red Betty  
Sun 24, 11.30pm, Sam Maddison  
Fri 29, 7.00pm, Jazz in Hervey House – Jazz Club members \$20, non members \$25  
Sat 30, 8.00pm, Doug and the Upperhand

The Clubhouse  
Fri 1, 6.00pm, Bobby Barnes  
Sat 2, 6.00pm, Ricky Manych  
Fri 8, 6.00pm, Sweet Sacrifice Duo  
Sat 9, 6.00pm, Doug Edwards  
Fri 15, 6.00pm, Sam Maddison  
Sat 16, 6.00pm, Jon Veavea  
Fri 22, 6.00pm, Tony Fallon  
Sat 23, 6.00pm, Dale Newberry  
Fri 29, 6.00pm, Chris Staib  
Sat 30, 6.00pm, Shaun Beckett

The Hervey Bay Boatclub

Fri 1, 8:00pm, Red Betty  
Sat 2, 8:00pm, Red Betty  
Fri 8, 8:00pm, Soul City  
Sat 9, 8:00pm, Soul City  
Fri 15, 8:00pm, Mo Swagger  
Sat 16, 8:00pm, Mo Swagger  
Fri 22, 8:00pm, Retrospect  
Sat 23, 8:00pm, Retrospect  
Fri 29, 5:30pm, Sam Maddison  
Fri 29, 8:00pm, The Darlington Stripes  
Sat 30, 8:00pm, The Darlington Stripes



The Beach House Hotel  
Thu 31, 7.30pm, Open Mic  
Fri 1, 8.00pm, Broken Web  
Sat 2, 8.30pm, Shotgun Duo  
Sun 3, 2.00pm, Doug Edwards  
Thu 7, 7.30pm, Open Mic  
Fri 8, 8.00pm, See Ya Next Tuesday  
Sat 9, 8.30pm, Red Betty  
Sun 10, 2.00pm, Bobby Barnes  
Thu 14, 7.30pm, Open Mic  
Fri 15, 8.00pm, Frank Benn  
Sat 16, 8.30pm, Uncle Arthur  
Sun 17, 2.00pm, Shaun Beckett  
Thu 21, 7.30pm, Open Mic  
Fri 22, 8.00pm, Doug Edwards Trio  
Sat 23, 8.30pm, Abby Skye  
Sun 24, 2.00pm, Derek Smith  
Thu 28, 7.30pm, Open Mic  
Fri 29, 8.00pm, Harley Meszaros  
Sat 30, 8.30pm, Wrecked on Sunday  
Sun 1, 2.00pm, Broken Web

Smokey Joe's Cafe Bar and Grill – Ramada Hotel  
Fri 1, 6pm, John Corowa  
Sat 2, 6pm, Vibeke  
Fri 8, 6pm, Doug Edwards  
Sat 9, 6pm, Al Davies  
Fri 15, 6pm, Jim Daniells  
Sat 16, 6pm, Vibeke  
Fri 22, 6pm, Al Davies  
Sat 23, 6pm, John Corowa  
Fri 29, 6pm, Vibeke  
Sat 30, 6pm, Jim Daniel

The Vinyard Restaurant and Bar  
Fri 29, Friday Windup, 7.30 - 10pm, Steve Case

Bay Central Tav  
Fri 1, Dust Duo  
Sat 2, Drew McCalister & Forbidden Road  
Sun 3, Forbidden Road  
Fri 8, Karens Karaoke  
Sat 9, Forbidden Road  
Sun 10, Harley Meszaros  
Fri 15, Karens Karaoke  
Sat 16, TBA  
Sun 17 Bobby Barnes  
Fri 22, Karens Karaoke  
Sat 23, TBA  
Sun 24, Shaun Beckett  
Fri 29, Karens Karaoke  
Sat 30, Cold Chisel

Goody's on the Beach – Toogoom  
Sat 2, 12-3pm, Sam Maddison  
Sun 3, 12-3pm \*Father's Day\*, Frank Benn  
Sat 9, 12-3pm, Frank Benn  
Sun 10, 12-3, pm, Sam Maddison  
Sat 16, 12-3pm, Sam Maddison  
Sun 17, 12-3pm, Frank Benn  
Sat 23, 12-3pm, Derek Smith  
Sun 24, 12-3pm, Sam Maddison  
Sat 30, 12-3pm, Sam Maddison

### MARYBOROUGH

The Federal Hotel  
Fri 1, 8.00pm, Luke Karolak  
Sat 2, 8.00pm, Sam Maddison  
Fri 8, 8.00pm, Dave Gray  
Sat 9, 12.00pm, Pete Baker Arvo Sesh  
Sat 9, 8.00pm, Darryl and the Devil  
Fri 15, 8.00pm, One Sly Dog  
Sat 16, 8.00pm, Duncan McNeil  
Fri 22, 8.00pm, Jim Daniell  
Sat 23, 12.00pm, Kev Gray (Open House Arvo Sesh)  
Sat 23, 8.00pm, One Sly Dog  
Fri 29, 8.00pm, Pete Baker  
Sat 30, 8.00pm, Open Mic

Maryborough Sports Club  
Fri 1, 7.30pm, Darlington Stripes  
Sat 2, 7pm, Smooth n Groove  
Thurs 7, 11.30am Chad Morgan Show + Lunch Tickets \$15  
Thurs 7, 6.30pm Quinn The Radio Star  
Fri 8, 7.30, Billy Guy  
Sat 9, 7pm, Don Costa  
Thurs 14, 6.30pm, Glenn Fox  
Fri 15, 8pm, Inexcess Tickets \$20  
Sat 16, 7.30pm, Darlin and the Midnight Delights Tickets \$10

Thurs 21, 6.30pm, Quinn The Radio Star  
Fri 22, 7.30pm, Just Friends  
Sat 23, 7pm, Private Function  
Tues 26, Trivia Night Registration 7pm  
Thurs 28, 6.30pm, Glenn Fox  
Fri 29, 7.30pm, Roger Lewis  
Sat 30, 12.30pm, Trevor White - End Of Month Draws

Maryborough RSL  
Fri 1, 7.30pm, Darryl and the devil  
Sat 2, 7:30pm, Till Dawn  
Fri 8, 7:30pm, Tony Fallon  
Sat 9, 7:30pm, Smokin Crawdads  
Fri 15, John Corowa  
Sat 16, 7:30pm, Don Costa  
Fri 22, 7:30pm, Phil Morgan  
Sat 23, 7:30pm Frank Benn  
Fri 29, 7:30pm, Benny G  
Sat 30, 7:30pm, Red Betty



Carriers Arms Hotel  
Fri 1, 7:30pm, Shaun Beckett  
Sat 2, 7:30pm, Beckett-Turner Overdrive  
Thur 7, 7pm, Open Mic Night  
Fri 8, 7:30pm, Till Dawn  
Sat 9, 7:30pm, Bobby Barnes  
Thur 14, 7pm, Open Mic Night  
Fri 15, 7:30pm, Ian Murray  
Sat 16, 7:30pm, Ricky's Duo  
Thur 21, 7pm, Open Mic Night  
Fri 22, 7:30pm, Lexicon  
Sat 23, 7:30pm, Doug Edwards  
Thur 28, 7pm, Open Mic Night  
Fri 29, 7:30pm, Frank Ben  
Sat 30, 7:30pm, See You Next Tuesday

# Vox Pop



I will never forget my first concert experience, it was Michael Jackson's 'Bad World Tour' on November 28, 1987 at the Brisbane Entertainment Centre. To date this remains my best all time concert. I still remember how grown up I felt, the crowds, the hysteria and the spectacle. Michael Jackson was larger than life and so full of energy, with amazing special effects. Definitely memories that will last a lifetime.  
- Kim Parnell, Editor

Question: **Do you remember your first live concert or band, tell us about it?**

" My first live concert was U2 in Lancaster Park, Christchurch New Zealand. The tour was called ' Joshua Tree', I was eighteen. That is back when they did real concerts."

**Tony Webster, Urangan**



" It was George Thorogood at Festival Hall in Brisbane in about 1979. I remember that it was packed, people were jumping on the seats and denting them".

**Bette .P., Point Vernon**



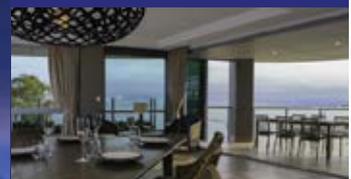
" I saw Silver Chair in 1997 at the Kondari Hotel in Urangan. They used to hold some great concerts there. I remember on this day though the air conditioner did not work and it was really hot. I think I was about twelve or thirteen "

**Matthew Ninnes, Torquay**



" For me it was Brian Adams in 1992, I was sixteen. I remember the concert was in Canberra and we travelled two hours by bus to see him. My best friend at the time was so in love with him."

**Paula Wheatley with her Daughter, Georgia, 7, Torquay**



# THE VINYARD

Fraser Coast Business & Tourism Awards 2016 WINNER Restaurants, Cafés and Hospitality



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E: [enquiries@thevinyard.com.au](mailto:enquiries@thevinyard.com.au)  
W: [thevinyard.com.au](http://thevinyard.com.au)







# Celebrating

## FATHERS DAY on September 3

With Jacob Kitson - Holebrook



**Father's Day** is a day about appreciating Dad, that ONE day that Dad is able to put his feet up and just relax. If this is your child's first Father's Day you might go all out with presents to celebrate the day where as for some families with slightly older children, it might just be a day where there is a complete shut-down of everything electronic, no social media, no television - just a focus on being together as a family.

Father's Day is one of those days in the year where time should be taken to really appreciate everything that Dad has done for you. There are many things that can make Father's Day great for the entire family even if somewhat unpleasant teenagers are in tow. There is no rule book on the way Father's Day should be spent and there are definitely no limits. Some family's might choose to have a day at home where no one cooks, no one cleans and there is just a focus on spending time together, or there is the complete opposite where you have an entire itinerary of fun filled events for the day.

The Fraser Coast is packed with options for all families and you can mix and match a dining experience with a stroll or games on the beach, a historical jaunt through Maryborough, a family trip to the movies or a barbecue in one of our regions fantastic parks, just to name a few options.

When it comes to buying Dad a present, well I guess that's another can of worms. Yes every Dad is different but I guarantee most people have one year totally forgotten about Father's Day and had to do the last minute jocks and socks run. Better to be prepared and find a gift that reflects your appreciation and is chosen with the heart. Remember it's all about the thought, not necessarily about the price tag, so think creatively about what YOUR Dad is really into.

On a more serious note, do any of us really ever stop to think about who came up for a day entirely focused on the importance of fatherhood. In 1966, US President Lyndon B. Johnson issued the first presidential proclamation honouring fathers, designating a set day as Father's Day. Six years later in 1972, Father's Day was brought into US law by President Richard Nixon and is now celebrated in over 40 plus countries. All of these countries follow the same principle of just being there and showing Dad how much he means to them - so to all our great Dad's on the Fraser Coast - Happy Father's Day on Sunday 3 September.

# Fishing on the Fraser Coast

Photographs on this page provided by [www.GuidedFishingDownUnder.com](http://www.GuidedFishingDownUnder.com)

## King Threadfin (Threadfin Salmon)

With the warmer weather just around the corner, it's time to start looking around some of those flats, drains and deeper holes in your local estuary or river system for King Threadfin. Colour, depth and size of lures and flies can make a difference when targeting Threadfin. Sometimes Threadies will eat any lure or fly you throw at them without hesitation, but then there are days when they can be very fickle, especially when they are feeding on Jelly Prawns.

- As a general rule, if the water clarity is low and discoloured (as it usually is where threadfin live), bright fleuro colours do seem to be more effective.
- Use a lure or fly that will sink to the depth they are feeding in, i.e.
  - A shallow running, floating hard body lure up on the flats and drains, or a fly with bead chain eyes.
  - A soft vibe would be my first choice when fishing for threadfin in deeper water, or a fly with lead eyes on a sinking line.
- Lures and flies in the 90mm size range seem to get the most bites when it comes to threadfin. Apart from Jelly prawns, most of what they eat is around the 90mm mark: baitfish, Banana Prawns etc.

In my book, Threadfin are right up there with the best when it comes to light tackle sportfish, and not a bad table fish. Remember, fish for the future:

- Keep only enough for your immediate needs
- Handle any fish to be released with care. Get a quick photo and then get them back in the water as quickly as you can.

If we all do this we can enjoy sustainable fishing into the future.

John Haenke [GuidedFishingDownUnder.com](http://GuidedFishingDownUnder.com) 0418 187 618





# Key Dates In **OCTOBER**

## **OCTOBER 28 – TORBONLEA PICNIC RACES**

– Gates open 9.00am for a 9.30am start. Thoroughbred, Arab and Quarter-horse races, Team Tug-O-War Challenge, Wood Chop, Fashions on the Field, Children’s entertainment and activities, Transport with Wide Bay Transport, Tickets on-sale at the gates, \$10, children under 14 free. For more information email: [burrumrra@gmail.com](mailto:burrumrra@gmail.com). All the proceeds from the day are given back to the community by improving and maintaining of the grounds. These grounds have provided a home ground and training facilities for three different codes of football, Little Athletics, and the Burrum District Riders at affordable rates, without this many juniors would be unable to participate in sports in their local area.

**EVENING PERFORMANCES:** October 20, 21, 27, 28 at 7:30pm – Matinees, October 22, 28, 29, at 2pm - Sex Please We’re Sixty - By Susan and Michael Parker, Directed by Liane Mills, You’ll love the jokes, the characters and the physical comedy in this zany fast-paced hilarious show. Tickets: Range from \$15 to \$25 - ‘Early Bird Discount’ applies to those who book and pay by September 29th. Tickets can also be booked Friday mornings 9-12 at our theatre box office. Licensed Bar and live music before the show and at intermission. Get a group together of 10 or more and receive complimentary refreshments at intermission Go to: <http://www.zpactheatre.com> and follow the links to book. Or for telephone bookings call Liane on 0418 712636

**OCTOBER 28 – LEE KERNAGHAN’S** – Boys From The Bush 25th Anniversary Tour - 8:00pm - Lee Kernaghan’s Boys From The Bush 25th Anniversary Tour. Covering 25 years of smash hits and featuring songs from Lee’s new 25th Anniversary Album. Tickets: Adult \$69.90, Concession \$64.90, Friends BT \$64.90, Student \$64.90, Child \$59.90. Tickets are available online at: <http://www.ourfrasercoast.com.au/Brolga-Theatre>, follow the links to the appropriate page. Or call: 4122 6060. Brolga Theatre and Convention Centre, Maryborough.



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# Fraser Coast Markets

## MARYBOROUGH

### FRASER COAST WILDLIFE SANCTUARY MARKETS

79 Mungar Road, Maryborough  
(Donation gets you free entry to  
the Sanctuary)  
3rd Sun of the Month  
7am to 12pm  
[info@frasercoastwildlifesanctuary.org.au](mailto:info@frasercoastwildlifesanctuary.org.au)

## MARYBOROUGH

### MARYBOROUGH CITY HEARTS MARKETS

Adelaide & Ellena St,  
Maryborough  
Every Thurs 8am to 1pm  
[markets@fcte.com.au](mailto:markets@fcte.com.au)

## HERVEY BAY

### NIKENBAH MARKETS

Hervey Bay Animal Refuge  
Nikenbah-Dundowran Rd,  
Nikenbah  
1st, 3rd & 5th Sun of the month  
6am to 12noon  
[hbanimalrefuge@gmail.com](mailto:hbanimalrefuge@gmail.com)

## HERVEY BAY

### KOALA MARKETS

Kruger Court, Booral Rd, Urangan  
2nd and 4th Sun  
6am to 12noon  
[koalamarkets@yahoo.com.au](mailto:koalamarkets@yahoo.com.au)

## HERVEY BAY

### BUZERS BAZAAR TWILIGHT MARKET

Beside Mary Ryans,  
the Esplanade, Torquay  
Every Fri  
1pm to 6pm  
[bayconnect@hotmail.com](mailto:bayconnect@hotmail.com)



## The Urangan Pier Park Markets

# Every Wednesday

from 7.00am until 1.00pm

# and Saturday

from 7.00am until 1.00pm

*Come along and join in the fun!*

 Find us on Facebook  
[pierparkcommunitymarkets](https://www.facebook.com/pierparkcommunitymarkets)

[www.pierparkcommunitymarketsinc.com.au](http://www.pierparkcommunitymarketsinc.com.au)

## HERVEY BAY

### URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan  
(in front of Jetty)  
Every Wed 7am to 1pm  
Every Sat 7am to 1pm  
[pierparkcommunitymarkets@gmail.com](mailto:pierparkcommunitymarkets@gmail.com)

## HERVEY BAY

### TORQUAY BEACHSIDE MARKETS

Outside AQUAVUE, Torquay  
2nd & 4th Sat  
8am to 1pm  
[info@torquaymarkets.com.au](mailto:info@torquaymarkets.com.au)

## BAUPLE

### BAUPLE MARKETS

(free for stallholders)  
Band Hall, Band Hall Rd, Bauple  
4th Sat of the month  
7am to 12noon  
[www.facebook.com/bauplemarkets](http://www.facebook.com/bauplemarkets)

## BURRUM HEADS

### BURRUM HEADS MARKETS

Community Hall, Main Rd  
& Howard St  
Burum Heads  
2nd Sat of the Month  
7am to 11am

## HERVEY BAY

### HERVEY BAY BOAT CLUB

#### ART & CRAFT MARKET

Buccaneer Dr, Urangan  
3rd Wed of the month  
9am to 2pm  
[info@boatclub.com.au](mailto:info@boatclub.com.au)

## BURRUM RIVER

### FRASER COAST MONTHLY COUNTRY MARKETS

Australia Adventure Park, 805  
Burrum Heads Rd, Burrum River  
2nd or 3rd Sat of the month  
(subject to change at any time)  
Please go to the Australia Adventure Park  
Facebook page for updates and times

## HOWARD

### HOWARD COUNTRY MARKETS

Howard Community Centre  
Steley St, Howard  
1st Sat of the month  
7am to 12noon  
[info@howardcommunitycentre.org.au](mailto:info@howardcommunitycentre.org.au)

## TIARO

### TIARO MARKETS

Memorial Hall, Main St, Tiaro  
2nd Sat of the month  
7am to 12noon

### Weekly Activities & Fraser Coast Markets Submissions or corrections:

Please contact  
What's On Fraser Coast  
on 0408 987 860 or  
[kim.parnell@whatsonfrasercoast.com.au](mailto:kim.parnell@whatsonfrasercoast.com.au)

DISCLAIMER: Markets subject to change due to School  
Holidays, Public Holidays and weather conditions.

# Social Snaps



Clockwise from top-left:  
**Aedan's Crusade** with Hulk at the Dunga Derby Welcome Home event

**Caitlin Martin** celebrates her 30th Birthday

**Holly Prentice**, 12 and her brother **Dean**, 9 were star struck to meet Home and Away Actor Orpheus Pledger

**Hervey Bay Animal Refuge Volunteer Bob Heathcote** with the acrobatic Callahan

**Amy Astin, Ashleigh Taylor** and **Emma Broom** live it up at the Hervey Bay Seafood Festival



# Out and about on the Fraser Coast



Clockwise from top-left:  
**Kayden Barney and Tom Callaghan** dress up for the Teddy Bears Picnic

**Jim Thorburn** showcases fresh prawns at the Hervey Bay Seafood Festival

**Margaret Milton** and husband **Johnny** enjoy the 'Tastes of the Bay', at the Long Lunch

**Robert Garland and Lincoln Hahn** from Car 2, survived the Dunga Derby

**Khosi Ferris** from South Africa, gets ready for a feast at the festival



# Social Snaps

*Out and about on the Fraser Coast*



Clockwise from top-left:  
**The Joker** from car 19, gives the thumbs up to **Xavier Siganto** after a successful mission with the Dunga Derby  
**Teagan Marturana** is starry eyed with Home and away actors Scott Lee, Orpheus Pledger and Model, Madeline Stuart  
Visitors **Caitlyn Kissin**, 8 with Brother **Reece**, 5 have fun at the Condy Park Teddy Bears Picnic  
The Animal Refuge celebrate 40 years with **Mark Hodgson**, and Founders **Joan Martin** and **Beryl McConnell** along with **Maree Hill**



# Restaurant Guide



**HERVEY BAY**  
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 Cnr Esplanade & Queens Rd, Scarness

[www.beachhousehotel.com.au](http://www.beachhousehotel.com.au)

## Thai Diamond

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 353 Esplanade,  
 Torquay

## Hoolihans

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 Torquay

## Wild Lotus

Ph. 4125 3278  
 433 Esplanade,  
 Torquay

## Oriental Palace

Ph. 4128 3496  
 352 Esplanade,  
 Scarness

## Café Belena

Ph. 4125 4799  
 7 Buccaneer  
 Drive, Urangan

## Bay Central Tavern

Ph. 4124 4111  
 155 Boat Harbour  
 Drive, Pialba

## The Vinyard

Ph. 4125 6982  
 552 Esplanade,  
 Urangan

## Maryborough RSL

Ph. 4122 2321  
 163-175 Lennox St,  
 Maryborough

## Old Sydney Hotel

Ph. 4121 3307  
 Cnr Richmond  
 St & Ellena St,  
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### Hervey Bay

Goodies On the Beach	4128 0248	54 Moreton St, Toogoom
Gatakers Landing	4124 2470	Gatakers Lane, Point Vernon
Tandori Taj	4128 2872	355 Esplanade, Scarness
Migaloo Café	4128 9479	1 Pilot St, Urangan
Agean Waters	4125 2232	434 Esplanade, Torquay
Black Dog	4124 3177	382 Esplanade, Torquay
Gringos	4125 1644	16 Bideford St, Torquay
Ricardos	4124 1666	267 Esplanade, Pialba
Santini's	4125 5880	470 Esplanade, Torquay
Paolo's Pizza	4125 3100	446 Esplanade, Torquay
Bay Aroma	4125 1515	428 Esplanade, Torquay
Badger Brown	4125 6576	449 Esplanade, Torquay
Dan & Steps		449 Esplanade, Torquay
The Dock	4194 6477	Buccaneer Drive, Urangan
Pier Restaurant	4128 9699	573 Esplanade, Urangan
Salt	4124 9722	569 Esplanade, Urangan
Hogs Breath	4194 5566	163 Boat Harbour Dr, Pialba
Coast Restaurant	4125 5454	469 Esplanade, Torquay
The Boat Club	4128 9643	Buccaneer Dr, Urangan
Viva Italia	4125 2066	566 Esplanade, Urangan

### Maryborough

Muddy Waters Café	4121 5011	133 Wharf St, Maryborough
Fortune Chinese Restaurant	4123 1744	224 Bazaar St, Maryborough
Indian Diamond Restaurant	4121 5566	3/133 Lennox St, Maryborough
Federal Hotel	4122 4711	270 Kent St, Maryborough



# *In the Kitchen* with Saul Collins

Head Chef @  
The Vinyard Restaurant and Bar



Twice cooked pork belly with  
masterstock glaze, orange and  
coriander salad



## **How long have you been a Chef?**

I have been a Chef for eighteen years. I have been at the Vinyard since it has opened which has been about nineteen months now.

Who Was your biggest inspiration, while you were training to be a Chef?

Dad was a Chef, so he was a big inspiration for me I always wanted to be a Chef and follow in my dad's footsteps. I grew up sitting in kitchens as a young kid surrounded by food.

## **As a kid what was your favourite food memory?**

I don't have just one memory in particular but many. I started my apprenticeship when I was fifteen so I got introduced to a lot of really great food when I was young, my eyes were always open and I got to taste some amazing food. I was definitely introduced to the fine dining experience early on.

## **What is your favourite kitchen appliance or gadget?**

There are a lot of things that I couldn't do without. Probably my Blender as I use that a lot. I apply classical, old fashioned techniques so also couldn't do without my Mandoline Slicer, this is a great little tool used for precision cutting.

## **How do you sum up the menu at the Vinyard?**

The menu is as local as possible. About 80% of the seafood is local. I also use pork belly from Biggendon, and I also use Kawangan Butcher's. All of my beef and pork is bought locally. Here at the Vinyard we try not to be pretentious, in fact I think we cater for everyone. We cook dishes from fried calamari to Coq au Vin, and everything in between. We have an emphasis on seafood and showcase the Hervey Bay scallops. Our menu is seasonal and is changed about four to five times a year at the moment we have Beef Cheeks as part of our winter warmers. Our cheese platters are world class. We use real cheeses like Stilton, Cave Aged Cheddar from the UK, Le formulaire Brie, these cheeses are only the best, and expensive.

## **What is the newest trend that you see emerging?**

I think the new trend is cooking without flour, the food is a lot lighter now and also a lot fresher. Back in the day everything had flour and rice and thick sauces. About 90% of our menu is now gluten free so there is definitely no more stodgy thick sauces that were the norm back in the day.

## **What advice would you give a novice just getting into the business?**

You just have to stick with it, it is really hard work and there is a lot of behind the scenes work like washing the dishes and some other fairly crappy Jobs like that. You need to have a love of food to start with, because without the love of food, it is simply not worth the heartache and pain as Chefs don't get paid a whole heap of money. You have to have lots of dedication and do a lot of research as well. In this day and age you can look up anything on the internet everything is at your fingertips. So I guess it is just having a thirst for knowledge and putting the hard yakka in.

## **What do you most like to cook?**

I think it would be Confit Duck Leg, this is my favourite thing to cook, I cook pretty wicked Pork Belly too.

## **How long have you lived on the Fraser Coast for?**

My wife and I have been here for about three years. We have two young kids so we like to go down to the beach and go fishing as that is something that I enjoy. The Fraser Coast is a great place for young kids.

## **What is the strangest item in your fridge right now?**

I have a few items in my fridge right now that could be considered strange. I have some Shrimp Paste at the moment or Saffron, I also have a few Finger Limes as well.

Guest Recipe: Kim Parnell, Editor, What's On Fraser Coast

## Leek, Chicken and Bacon Pie



There was enough of this delicious Pie left over for lunches the next day.

### List of Ingredients

- 40g butter
- 2-3 leeks washed, diced thinly
- 200g Bacon bits
- 1kg chicken thigh fillets, diced
- ¼ cup of plain flour
- 1 teaspoon of Dijon mustard
- 1 cup of thickened cream
- 1 egg lightly beaten
- 3-4 of shortcrust pastry

### Method

1. Melt butter in a frying pan add bacon and leeks, cook until leeks are soft.
2. Add diced chicken and stir at times until chicken browns.
3. Lightly coat chicken mixture with the plain flour, and stir for about 1-2 minutes. Remove from heat to stir in the thickened cream until all mixed in, then stir in mustard. Return pan to heat and bring to the boil, then reduce to low. Simmer until sauce becomes thick. Pop in the fridge until it cold.
4. Preheat oven and tray to 200°C – Grease a flan pan or a springform cake pan.
5. Use two sheets of pastry to line base and sides of the pan, spoon in the cooled chicken mixture, and then use the left over pastry for the top. Cut a cross or some lines in the top, pinch pastry around the sides to seal. Brush with the egg, pop onto tray, bake for approximately 15 minutes then reduce the heat down to 180°C for the remaining 30 minutes until golden. Let rest for about 10 minutes then serve. - Perfect with mashed potato and seasonal vegetables.

## Competition

Would YOU like to see your special recipe published here next month?

Do you enjoy taking photos of your dishes?

Send your recipe and photos along with contact details to: [info@whatsonfrasercoast.com.au](mailto:info@whatsonfrasercoast.com.au).

One winning recipe will be chosen, only the winner will be contacted. What's On Fraser Coast's decision is final and no correspondence will be entered into.

**Competition closes Friday, September, 8 at 5pm.**

**GOOD LUCK!**



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