

TAKE
ME HOME

FRASER COAST What's On

JULY 2020 MONTHLY MAGAZINE

40

Inside this issue:

FEATURED STORY:

A UNIQUE
HOLIDAY WITHOUT
THE **CROWDS**

SELF DEFENSE
FOR **SENIORS**

WANG'ARI
DREAMING - HERE TO TELL A STORY

A STORY OF
RESISTANCE

QUIET TIMES
AT THE **MAHENO**





What's On

Facebook and the Web?

By Kim Parnell

An imagined event -

I hereby declare Friday, July 10th as Piña Colada Day...Ok, it may not be an Australian thing, more American I think - but it should be! For those who have always been curious, the word Piña means 'Pineapple' and Colada means 'strained', the drink usually consists of pineapple juice, coconut cream and white rum. While sipping, think of the Caribbean, with its stretches of white sandy beaches and wide expanses of water...actually that sounds a lot like our beaches here on the Fraser Coast!



So, sometime in July pop along to your favourite pub, hotel, or licensed restaurant that makes cocktails and order a Piña Colada with your mates. What a great way to support your local venue.

A gift to buy -

Dare I say it...Christmas is only 6 months away; there I have said it! For those super organised people, of which I am not, the Tiaro Christmas Cottage is open once again.

This is one store that you will want to explore as you will find the most amazing decorations, guaranteed to become the talking point at gatherings. Most, you would not find anywhere else as the decorations are sourced from around the world - they make great gifts! One thing is for sure, you will not be able to walk away empty-handed.

Tiaro Christmas Cottage

Open 7 days a week
9am - 5pm (Monday - Friday)
and 10am - 4pm (Sat & Sunday)
24 Mayne St, Tiaro
4193 9834



An Event to look forward to

The FraserPop Festival will be on a smaller scale this year due to COVID-19; it will be held on one day rather than the 'full' FraserPop program that would typically cover the entire weekend. The event is run by Year 12 students at Maryborough State High School and is always a great day out, this year it will be a market day like no other. Save the date:

FraserPop Presents - A Pinch of PopCulture

Saturday, September 12
More details to come



URANGAN

LAT 25° 18' S LONG 152° 55' E

JULY

Time	m	Time	m
1 0501 3.26 1125 0.72 WE 1802 3.49		16 0503 2.75 1129 1.02 TH 1803 3.25	
2 0021 1.04 0601 3.23 TH 1217 0.63 1856 3.69		17 0014 1.36 0553 2.80 FR 1213 0.90 1847 3.45	
3 0121 0.93 0657 3.20 FR 1306 0.58 1944 3.83		18 0103 1.21 0639 2.87 SA 1255 0.79 1928 3.63	
4 0215 0.85 0748 3.18 SA 1351 0.55 2028 3.90		19 0149 1.06 0724 2.95 SU 1338 0.68 2008 3.78	
5 0306 0.81 0835 3.14 SU 1434 0.57 O 2109 3.88		20 0234 0.94 0808 3.02 MO 1421 0.59 2048 3.90	
6 0353 0.82 0919 3.09 MO 1514 0.62 2149 3.80		21 0319 0.84 0853 3.09 TU 1505 0.53 ● 2130 3.97	
7 0436 0.87 1002 3.03 TU 1552 0.72 2227 3.68		22 0404 0.76 0939 3.14 WE 1549 0.52 2212 3.97	
8 0516 0.95 1043 2.95 WE 1630 0.85 2303 3.52		23 0449 0.72 1026 3.15 TH 1632 0.58 2255 3.90	
9 0555 1.04 1124 2.87 TH 1706 1.01 2341 3.35		24 0533 0.73 1115 3.13 FR 1718 0.71 2340 3.76	
10 0633 1.13 1209 2.79 FR 1746 1.19		25 0618 0.78 1209 3.09 SA 1808 0.90	
11 0021 3.18 0716 1.20 SA 1259 2.74 1831 1.38		26 0030 3.57 0704 0.84 SU 1307 3.05 1907 1.11	
12 0109 3.01 0805 1.25 SU 1400 2.71 1933 1.56		27 0125 3.36 0757 0.90 MO 1413 3.05 ● 2021 1.29	
13 0206 2.87 0858 1.25 MO 1507 2.75 ● 2055 1.65		28 0227 3.16 0856 0.93 TU 1526 3.10 2148 1.36	
14 0307 2.78 0952 1.21 TU 1613 2.87 2214 1.62		29 0335 3.01 1000 0.92 WE 1644 3.23 2312 1.28	
15 0408 2.74 1043 1.13 WE 1713 3.05 2320 1.51		30 0447 2.94 1103 0.86 TH 1752 3.42	
		31 0021 1.13 0553 2.95 FR 1200 0.78 1847 3.61	

Tide time table brought to you by
 www.frasercoastweather.com
 www.facebook.com/frasercoastweather1



**We need your help.
Please download
the COVIDSafe
app today.**

**Download the
COVIDSafe app today.**

COVIDSAFE
+ COVIDSAFE +



Visit [health.gov.au](https://www.health.gov.au)

Download the COVIDSafe app today to keep yourself and your community safe by helping our health workers to notify you quickly if you've come in contact with someone who has Coronavirus.

With your privacy protected by law, COVIDSafe keeps a secure note of other users you've been near if you have to go out. So, if they test positive for Coronavirus, you'll be notified. It'll help us stop the spread sooner, so we can all get back to the things we love.

Contents

WOFC: On Facebook and the Web	2
WOFC Index	4
Editor's Note	5
JULY: Inside this Edition	5
Featured Story: A unique holiday without the crowds.....	6
Maryborough's historic Portside Precinct re-opens.....	7
Wang'ari Dreaming - here to tell a story.....	8
Rising Up	10
A Passion for Creating.....	11
Moments in Sports.....	12
Blandy's World	13
FX of Coffee: A Story of Resistance	14
Photos: Get out and see the whales.....	15
History in Pictures	16-17
Time for the next Generation	18
Underrated but educated	19
Mak's Column: I Love this Place	19
Self Defence for Seniors	20
Delve into Books - Cate Akaveka	21
Fashion with Leah	22
Growth opportunities are readily available	23
Quiet Times at the Maheno	24
Voxpop.....	25
Fraser Coast Markets	26
Social Pics.....	29-30
Umbrellas of Kindness amongst the Clouds of Coronavirus ...	31



Disclaimer: The information in this magazine is intended as a guide only and does not represent the opinion or view of the publisher. Advertising placed in this publication is assumed that the advertiser is not infringing any copyright, trademark, breach of confidence, or does not infringe the Trade Practices Act or other laws, regulations or statutes. Whilst reasonable care is undertaken in producing content for this publication, the publisher and staff do not accept liability for any errors or omissions it may contain.

Get in Touch

If you have a local story to share, please contact us at whatsonfrasercoast@outlook.com
We would love to hear from you.



Regular Contributors

Leah Harvey
Cate Akaveka
Kylie Nitz
Stuart Taylor
Emily Jackson & Phoebe Tweddle
Mak – Hit 101.9 Fraser Coast
Blandy – Triple M Fraser Coast

Guest Contributors

Andrew Sadler
Andrew Chorley

Photography

Kim Parnell
Pixabay

What's On

Produced and Published by Kim Parnell
t/a What's On Hervey Bay
ABN: 39 762 265 534

-  whatsonfrasercoast@outlook.com
-  whatsonfrasercoast.com.au
-  0467 303 171
-  www.facebook.com/WhatsOnFraserCoast

"Whatever you are into, get into What's On Fraser Coast"



Note from the Editor

Welcome to our 40th edition of What's On Fraser Coast, and our 38th in print, (two editions were online only due to COVID-19). Going 'online only' for those two months was heartbreaking for me, but necessary to ensure that this business, stayed in business, but still there are no guarantees. We have learnt over the last few months that life has a habit of throwing curve balls that you have to dodge to survive.

If this experience has taught me anything it would be never to take anything for granted, as you never know what tomorrow may bring.

I was also sad to see the demise of our local newspaper of so many years and feel for everybody involved. In its wake will appear other newspapers and magazines, as everyone scrambles to get or to regain a foothold in the world of local media.

For those that think print media is dead, I can tell you that you couldn't be more wrong. Print media will remain a vital part of our community. There is nothing better than the smell of a magazine or a newspaper hot off the press, the physical turning of a page, and the excitement of what lays within the pages.

Please support print media and our magazine, by picking up a copy and having a read, contributing articles, or coming on board as a sponsor or as an advertiser within our pages. HELP us do our bit to keep print media ALIVE!

Kim Parnell
Editor/Owner

Inside this month's edition!

July 9th marks 85 years since the **Maheno** ran aground at 75 Mile Beach on Fraser Island. Maritime Artist, Author and Historian, **Nathan Smith** delves back into the Maheno's rich history which makes for a very interesting read.

We meet **Andrew Chorley** from **Hervey Bay Fly and Sportfishing** and learn all about the sport itself. He also tells us about the wide variety of fish to be found in local waters. With packages and tours to suit most people there has never been a better time to cast a line.

We continue to support small businesses by giving them exposure in our mag. This month we talk about **'Myopic Arts'**. Business owner **Tahlia Williams** has a lot of talent when it comes to digital art and watercolour and also has a degree in animation.

Andrew Sadler of FX of Coffee mentions the pandemic, our Prime Minister, and the generosity of the people within our community, as he talks about 2020 being a year not of disasters, but resilience. I think he may be right; the article is full of humor and wit that is bound to leave you with a smile on your lips.

Kim Parnell

Editor, What's On Fraser Coast

U 10/44 FRESHWATER ST SCARNNESS



FULLY RENOVATED BEACHSIDE APARTMENT
LOCATED TOP FLOOR OF ST TROPEZ.
JUST MOVE IN AND RELAX AND ENJOY THE
LIFESTYLE THIS CENTRALLY LOCATED
APARTMENT OFFERS!

AN INSPECTION IS A MUST TO APPRECIATE!

2 BED, 2 BATH, 1 CAR, POOL

CALL LISA TODAY!

www.herveybay.realway.com.au

RealWay

PROPERTY CONSULTANTS



LISA SMITH

M: 0427 135 597

Realway Property Consultants

363 Esplanade Scarness

P: 07 4128 4255

A UNIQUE

HOLIDAY WITHOUT THE *crowds*

It's been almost 12 months since Fraser Island Boat Charters launched in the Great Sandy Straits Marina, and owners Scott Whitcombe and Stephanie Foster are now gearing up for a bumper winter season ahead despite the toll that COVID-19 has had on the tourism industry around Australia.

Offering both self-drive [bareboat] and skippered yacht charters, Fraser Island Boat Charters allows Fraser Coast visitors and locals the opportunity to discover the Great Sandy Straits in a unique and intimate setting.

While this experience had been successful in the past in the Fraser Coast area, co-owner Scott Whitcombe recognised it was missing from the current local marine tourism industry in 2019 and there was a need for a yacht chartering experience to be offered from the pristine waters of the Great Sandy Strait.

Scott's love of the water and years of experience skippering boats around the Great Sandy Strait was the driving force behind a dream of building his own water-based tourism experience in his home town of Hervey Bay with fiancée and business partner, Steph, who also comes from an extensive background in tourism marketing across the region.

The passion and fuel for starting Fraser Island Boat Charters has also made Scott & Steph embark on a mission with other local operators to shine a light on the sailing conditions on the Fraser Coast, to bring a new market of visitors to the region. A love for the Fraser Coast and a want for it to succeed is a key driver for the couple.

Scott and Steph started 2020 by leaving full-time positions in their respective careers in the pursuit of committing themselves fully to building Fraser Island Boat Charters in its second year of business and creating a memorable experience for those visiting the Fraser Coast region. While the start of 2020 has been shadowed by the effects of COVID-19, they are hopeful that the tourism industry across the Fraser Coast will bounce back with the opening of intrastate travel across Queensland.

Starting with one sailing yacht in the fleet in July 2019, there have been two new yachts to the fleet over the past 12 months with 'Cattitude', 'Indigo' and 'Dream On' now able to be chartered from the Great Sandy Straits Marina in Hervey Bay. All three yachts are now open for business and taking bookings from fellow Queenslanders who want a unique holiday without the crowds.

Charters are available from a day out on the water [skippered] through to 3 weeks, allowing you to take your time and charter your own path in style. To check out how you can embark on a sailing holiday or a day on the bay, visit www.fraserislandboatcharters.com.au.



Call Now
0488 413 210

info@fraserislandboatcharters.com.au
www.fraserislandboatcharters.com.au

Skipped Yacht Charters

Get out and explore the magic of our backyard along the coast of Fraser Island with bareboat and skippered yacht charters.



Maryborough's historic Portside Precinct re-opens



Fraser Coast residents and visitors are being encouraged to explore Maryborough's historic Portside Precinct as it has now re-opened following the further easing of coronavirus (COVID-19) restrictions.

Fraser Coast Mayor George Seymour said Maryborough's Portside Precinct offered a range of experiences including cafes, museums and historical collections, inspiring art and beautiful Queens Park – one of Australia's first botanic gardens.

"With the easing of coronavirus restrictions from the start of the month, it's meant more people can travel to our region and more people are able to visit our wonderful tourist attractions at the one time," he said.

"Council has re-opened the Bond Store, Gatakers Artspace and the Story Bank, the privately operated Maryborough Military and Colonial Museum re-opened some weeks ago.

"The museums allow visitors to step back in time and learn about our military and portside history, while the Story Bank – which opened a year ago – showcases Maryborough's unique link to Mary Poppins and

the magic of storytelling.

"While Customs House will remain closed for essential building maintenance, the Portside Café and Restaurant is also re-opening seven days a week from tomorrow.

"I encourage both residents and visitors to check out everything that is on offer at the Portside Precinct – it really is a special place.

"We remind everyone that the new government guidelines still require gatherings to be limited to up to 20 people, rising to 100 people from 10 July, so bookings are essential.

"As restrictions ease, it's important we all continue to practice good hygiene, abide by physical distancing guidelines and follow the advice of health authorities to keep ourselves and others safe."

More details about Maryborough's Portside Precinct is available at www.ourfrasercoast.com.au



DSB PROPERTY MANAGEMENT

Rental Specialists

"We are still here for you during Covid-19"

- Showing vacant properties 7 days a week
- Video walk throughs or one on one
- Conducting routine inspections via video link
- Working with our tenants to reduce rent arrears
- Responding to all phone calls and emails within 2 hours
- Happy to answer any questions from Airbnb or Holiday Let owners

3/470 Esplanade (Crn Wilt St) Torquay

 www.facebook.com/dsbpm



www.dsbpm.com.au



rental@dsbpm.com.au



07 4128 9919

Wang'ari Dreaming

here to tell a story

What is the meaning behind the name, and where did the idea stem from?

Wang'ari means Dingo, deriving from our traditional Batjala (Butchulla) Mother tongue. Wang'ari Dreaming Cultural Tours was named by a Senior Elder of the Batjala (Butchulla) people, in honour of the dreaming and songlines of our traditional Country. K'Gari (Fraser Island) literally means 'Paradise' in the Batjala (Butchulla) Language and is home to the last pure breed dingos (*Canis lupus dingos*) in the world. The dingoes have always lived side by side with us on K'Gari.

What kind of tours and experiences will be on offer?

We are excited to announce that we are partnering with Fraser Dingo to provide Wang'ari Dreaming Fraser Dingo Cultural Tours and will begin day tours of our Island paradise from 1 July 2020, in line with the governments roadmap to COVID 19 recovery. Bookings can be made by visiting our website at www.wangaridreaming.com.au or Fraser Dingo. Our Butchulla Guide, Marjah (See pictured) is extremely knowledgeable on the intricate biodiversity of K'Gari, as well as possessing inherent cultural knowledge that you won't find anywhere else!

Marjah has just returned home to country after facilitating World Class Cultural Experiences at Uluru in the Northern Territory, he brings his skills and knowledge of nearly a decade to provide you with a World Class Fraser Island Cultural Experience like no other!

We also have a range of Cultural Experiences that will be available to book from January 1 2020, which include Bush Tucker Cultural Cooking Classes, private Bush Tucker Tasting experiences, Cultural Presentations, Day Tours and Hiking, as well as private charter tours on our gorgeous UNESCO World Heritage Listed Country. Like our facebook page or follow us on Instagram @wangaridreaming for information, updates and developments!

Tell us a little about the Batjala (Butchulla) culture?

Our culture is a part of the oldest continuing culture in the world, and has continually been passed down generation to generation since the time of the Dreaming. Our Traditional land includes Kgari and extends to the Great Sandy Straits and the Islands in it, to the mainland and encompasses the wide bay area from the Gunalda ranges to the banks of the Burrum River, Our bordering neighbours are the Gubbi Gubbi (Kabi Kabi) people to the South, the Gurang Gurang to the North and the Wakka Wakka to the West.

Wang'ari Dreaming are the first 100% Aboriginal owned Tour experience Provider operating on K'gari (Fraser Island) and we are here to tell a story, of our people, our history and our country. Let us show you K'gari like you've never seen it before!

Explain what a traditional Smoking Ceremony entails, and what the significance is?

A smoking Ceremony is conducted to clear out bad spirits and energies that may have clung to a person and is a very important part of our culture. To welcome you to our country, we have to make sure that you are not carrying anything that doesn't belong there.

A smoking ceremony brings in all the good spirits and sends away all the bad.



Name some of the native bush tucker available on Fraser Island?

Batjala people have always enjoyed a high protein diet, K'Gari has such an abundance of Omega 3 rich Seafood, swamp wallaby, goanna, fresh water reserves and rainforest fruits, roots and different nuts such as Bunya and Bauple (Macadamia). This combined with an in-depth understanding of the seasons and our environment provided us a paradise full of produce much like today's supermarkets.

What else would you like the public to know?

Wangari Dreaming Cultural Tours is owned by a Senior Elder of the Batjala People, who has resided on and maintained an unbroken connection to his traditional country K'Gari (Fraser Island), all his life. Following Traditional Law and Customs, he has passed on the ways of his people to his children and grandchildren and together they combine those inherent cultural knowledge's and values with their vast collection of local area history to provide you with World Class Cultural Experiences of K'Gari (Fraser Island).



LAND. LIFESTYLE. LOVE.



KINGSTON
HERVEY BAY



Visit our sales office today: 2 Richard Charles Drive

COVID-19 UPDATE: Our office is open 7 days a week. We are opened in a way that does not compromise the health of our community - protects our employees, customers, clients and visitors. Rest assured the health and safety for COVID-19 will be demonstrated and enforced.

Open 7 days a week

Call today 1300 705 405

Email living@kingstonherveybay.com.au

Sales Office

Direct — 07 4325 3330

Mobile — 0439 436 993

RISING UP

By Kylie Nitz

Isn't it fantastic that we are starting to see a little bit of normality creeping back into our lives? Being involved in community initiatives has kept me positive and moving forward over the past few months, and not just with Maryborough City Progress Association. Over the past few months learning the creative ways in which some of Maryborough's much loved, quirky and tourist attracting signature events will take to the stage in 2020/21 is super impressive. The care and consideration that organisers are putting into evaluating the "Why's" and "How's" to bring back the cheer to Maryborough streets is encouraging. They are certainly coming at the situation full force and rising up to the challenge.

In the past few weeks we have seen the opening of Kent street, revealing the beautiful restoration works to the front of City Hall; the return of our heritage Maryborough Markets, slightly modified to circumstances; the return of sporting activities, lending to several thousand happy children and many more ecstatic parents; the face of the CBD developing an upbeat feel with activity and busy streets, seriously have you noticed how many people are out and about with happy faces and smiles all while safely distancing themselves; and the appearance of tradies in vacant CBD shops measuring up for new fitouts.

We have also heard of the cessation of printed local news, however in typical Maryborough style a group of residents rapidly came together and are well underway to develop "Maryborough Community News", with the first publication expected to be released in July. Meanwhile, The Maryborough & District Committee On The Ageing (MADCOTA) has announced they are working hard to develop a project that will enable community members to come into the Senior Citizens Centre to access local news online. They will be able to read all their favourite articles, search for employment opportunities and print what they need; both projects filling a void before it has time to have a negative impact. True community passion ... because that's just how we roll in Maryborough. Now one notice of news which is particularly exciting is the rise of FraserPop in 2020.

For those who know their mythology, a Phoenix is a mythical bird who dies in flames and is reborn anew from the ashes. To that end, Maryborough State High Schools Diploma of Business students have brought back their multi award winning Expo FraserPop to the Fraser Coast. While not the full 'FraserPop Experience', which in previous years has included lightsabers, live jousting, the Queensland Pops Orchestra and much more, the MSHS team are looking at a single day event, restrictions permitting, on Saturday September 12. The event will still have vendors selling wild and wonderful pop culture fare, food vendors and some special cosplaying guests. It will be a welcome shot in the arm for the economy of the Maryborough region. It will also ensure Maryborough State High Diploma of Business students can complete their assessment for 2020, while providing entertainment for many. FraserPop III, held in 2019, was attended by 15,500 people across the two-day event. The event has won the Fraser Coast Business and Tourism Award for Events Management three years running, earning the school a place in the FCTE Hall of Fame. To see it still come to our wonderful city, albeit in short form, is a fabulous achievement and hits so many outcomes for the students who are putting it together.

Maryborough is forging a fabulous future, the City will keep its momentum and continue to rise up, it is a place that we can be proud to call home.



A passion for creating

WITH TAHLIA WILLIAMS, OWNER OF MOPOTC ARTS



Tell us a little about your background and your passion for art?

As a child growing up on the Fraser Coast, I always did something creative. I knew from a very young age that I wanted to pursue my passion for creation. When the final year of high school came, I struggled to find a path toward an art career. I eventually landed on animation and was accepted into JMC Academy Brisbane. I spent 2 years living and studying in Brisbane and graduated with a bachelor's degree in Creative Arts, Animation. I decided to move back to my roots on the Fraser Coast, to be with my family. Now I run a small creative business and volunteer within the community.

How long have you owned your own business, and what do you hope to achieve?

I have owned my small business for a year. My wish is to use my qualifications and offer a quality service within my hometown.

What medium do you use?

My medium ranges from digital, watercolour, and pencil. My main mediums are watercolour and digital art. A lot of my traditional work gets scanned and edited onto my computer, some I transform into full digital drawings. The digital drawings can then be printed onto many different surfaces such as canvas, photo block, acrylic, metal, and so much more.

Where can people find you?

Every first Thursday of the month, I attend the Maryborough City Heart Markets. Otherwise you could head over to my website www.mopotcarts.online to view my work and place orders. I also have a Facebook page 'Mopotc Arts' that you could follow, I post updates about which markets or events I am attending, plus I do live streams of artwork.

What are some of the services that you offer?

I offer specialised design services which include illustration, animation, photography, printing, editing and macramé. All of which can be personalised.

Tell us about your Animations?

As I do not have a team, I specialise in short 5 - 30 sec 2D Animations. I particularly enjoy animating and drawing animals as I find their movements and personalities gratifying to mimic and study. During university I joined a team of classmates to create a short 2D Animated film called 'Life Fox' which you can view on my website.

What else would you like people to know?

Young Fraser Coast locals leave the area to get degrees and fail to return. I wanted to bring back to my community what I have learned and offer a local service that usually has to be outsourced.

Facebook page - 'Mopotc Arts'.

Email: tj.williams.mopotc@gmail.com / Website www.mopotcarts.online

Mobile 0401519442



excelsior
Maryborough City

Major Sponsor: **What's On**

We'll be back...

During the ongoing Coronavirus pandemic, we are following the Australian Governments' recommendations. Our monthly park events & in-hall concerts have been cancelled until further notice.

To keep up to date when we are able to re-commence Sunday in the Park, check out our Facebook page.



facebook.com/XLCRBAND

Stay Safe



UNCONQUERED - THE STORY OF STIX MCGAVIN

In 2012, Daniel Parker was a soldier in the Australian Defence Force serving a deployment in Afghanistan with the Second Combat Engineer Regiment. As a research commander, he and his team were responsible for planning the movement of soldiers in combat areas. One year later he was discharged. Physically and emotionally broken.

It was always Daniel's desire to follow in his grandfather's footsteps. "My grandfather was the most stable male figure in my life, and he prepared me for the military". Daniel grew up in Warwick, Queensland in what he describes as a tough upbringing. "I came from a broken home, my mum was a drug addict and her partner was not a nice person. It was a bad place to be".

Seeing the risk to Daniel, a local Warwick police officer offered him a place to live and finish school. Daniel played rugby league for the Clifton Warriors and found the training and friendships comforting. "It was my outlet and a way to distract me from the harder things in my life". On finishing his schooling, he immediately joined the Army. At basic training, a tall and skinny Daniel Parker got the nickname, Stix McGavin. He would go on to serve in East Timor and Afghanistan.

Years of intense training, workload and overuse started to have a significant impact on his body and every joint began to break down. "I have had more surgeries than birthdays. I have pins in my hips and a nerve stimulator in my spine". The physical and mental injuries were so significant, that when Stix got back to Australia he was discharged. "I went from a high-risk commander leading 80 to 120 blokes on a route, making sure they all arrived alive. Back to Australia and they say, sorry mate you are too banged up for us. I didn't leave, I was told I was no longer useful, so that was very hard on me".

By 2015, Stix was suffering from clinical depression, anxiety, post-traumatic stress and agoraphobia. He was overweight, heavily medicated and felt a deep sense of rejection at being discharged by the

Army. It was a friend who would give him a glimmer of hope when he told him about the Invictus Games. "It is basically the Olympics for any veteran that is wounded, injured or sick. Giving them an opportunity to compete on a world stage".

Sport was always a passion for Stix, so he set a goal to trial for the Australian team. The problem was, he would have to travel to Canberra. "I couldn't be in a crowd, couldn't go to the shopping centre and the thought of leaving my house would make me sick". He trained his mind to be ready. He started going for short walks and listening to podcasts or music. He then broke the task into smaller pieces – leave home, go to the airport, get on the plane, get off the plane and then turn up to the trials.

He made it to the first trials in Canberra. A big victory! Then to the second, third and fourth trials. After a year of trials, Stix McGavin was selected to represent Australia at the Invictus Games. In 2017 he travelled to Toronto, where he won a silver medal for the 200m sprint and gold medal for the 100m sprint. One year later, he returned to the Invictus Games at Sydney where he claimed 2 gold medals and 3 silver medals.

But the Games meant more than just medals to Stix. "I went to Toronto to find myself. But at Sydney, I went there to help other veterans find themselves". Now an athletics coach, at the Hervey Bay Athletics Club, Stix has taken what he learnt and is using it to help others. "It has put me in a position where I am helping people again, mentally and physically. Healing and helping others does more for me than it does them".

Written by Stuart Taylor

Stuart is a writer and podcaster for Entente Sport and the Future Champions Podcast series. www.ententesport.com

BLANDY'S *World*

With restrictions periodically easing, no longer are we being compared to caged animals but more the caged animal who has been let loose to run wild, chase a ball and generally roam wherever we want, within reason of course.

At the time of writing this article, we are restricted to travel within the state, which brings me to the point of today's chat. If I were to choose which state in this great country of ours to be confined to, surely it would be hard to go past the land of the Pineapple, the cane toad, the land of the country's most amazing beaches and of course excluding floods, cyclones and droughts, the most amazing weather.

As the rest of the country looks with envy from afar, we fellow Queenslanders, have all this on our doorstep. Ok so perhaps if you are on the Gold Coast the 1760 km required to travel to Cairns may not be exactly doorstep, but it is achievable. From the endless coastline winding its way through to central Qld and the beautiful Whitsundays all the way to the far north through to the vast baron lands of the Qld outback where a trip from Brisbane to the Northern Territory border consists of a 2000km plus drive. Isolated towns such as Roma, Charleville, Longreach and Mount Isa, to name a few offer an insight into the historical past of our forefathers and tell the story of the enormous challenges they faced due to the elements and seclusion.

If a venture to the vast depths of our state is not appealing, then what about a getaway to one of the many glorious locations that await within a couple of hours drive. From the beautiful beaches of Barga to the north, to the versatile options of the picturesque Sunshine Coast and everything in between.

Travel a couple of hours west of the Bruce highway and a host of small communities along with their bushwalks and water activities await. Oh, and then there's the world's largest sand island which does literally sit at our doorstep. I am still surprised by the number of locals who have never stepped foot on what is quite possibly, one of the most amazing places on earth. So, get out and enjoy our big backyard.

Listen to the Big Breakfast with Blandy on 103.5 Triple M – 6am weekdays.



A Story of Resistance

By Andrew Sadler

At first sight you might think the use of resistance is about a war, you would be close. When I look back and remember those carefree days in our instantly gratified little world, I am not sure if it was a good life or just an existence.

Then out of the blue we're told life as we knew it was changing, caused by an unseen virus with more acronyms than I know what to do with. Our elected leaders informed us, businesses were to be closed, everyone was to isolate themselves for fear of contracting this indescribable unseen and worse still indiscriminate disease. The panic struck, people began hiding from the world or staring it in the face. Countries locked down their borders as IT flaunted the sovereign borders of each country, all played out every day and night, in front of us on News feeds from around the world.

Then I heard our Prime Minister say take away coffee was to remain open, which told me 2 things, Scott Morrison was addicted to his Coffee Fix and Baristas had regained their rightful position as Essential to the survival of the Australian Economy, well slaves to a sinking ship is maybe more accurate, but it's my story and this is my version of events.

From that point on I knew my little café across the road from Shelley Beach, had a fighting chance to survive. As long as I could keep my doors open, I was doing a service. This wasn't just keeping my staff employed and working, but it was going to make sure every person who was out and about and in dire need of a coffee was going to get one.

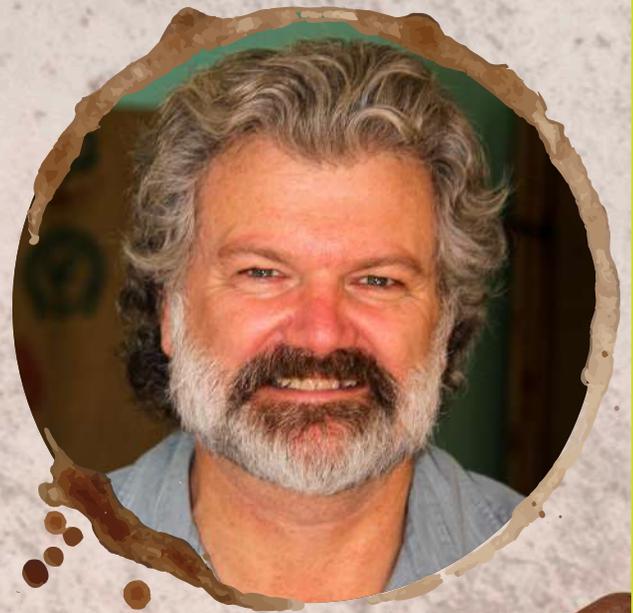
The word went out to our regular family of customers, we were remaining open in the face of this pandemic as it became known. We started with text messages, making sure our family were kept in the know, including those who were self-isolating, they weren't to be left behind. Word of mouth started to spread and as each restaurant closed new people started to arrive on our door with an addiction that we were able to satisfy. This is what all those hours of toil had prepared us for, the making of the essential caffeine to alleviate people's withdrawal symptoms.

Customers regular and new, all politely lined up for an essential take away coffee then continued with their "exercise" all appropriately spaced apart. At this point I realised something; we crave human interaction and Coffee provides that connection.

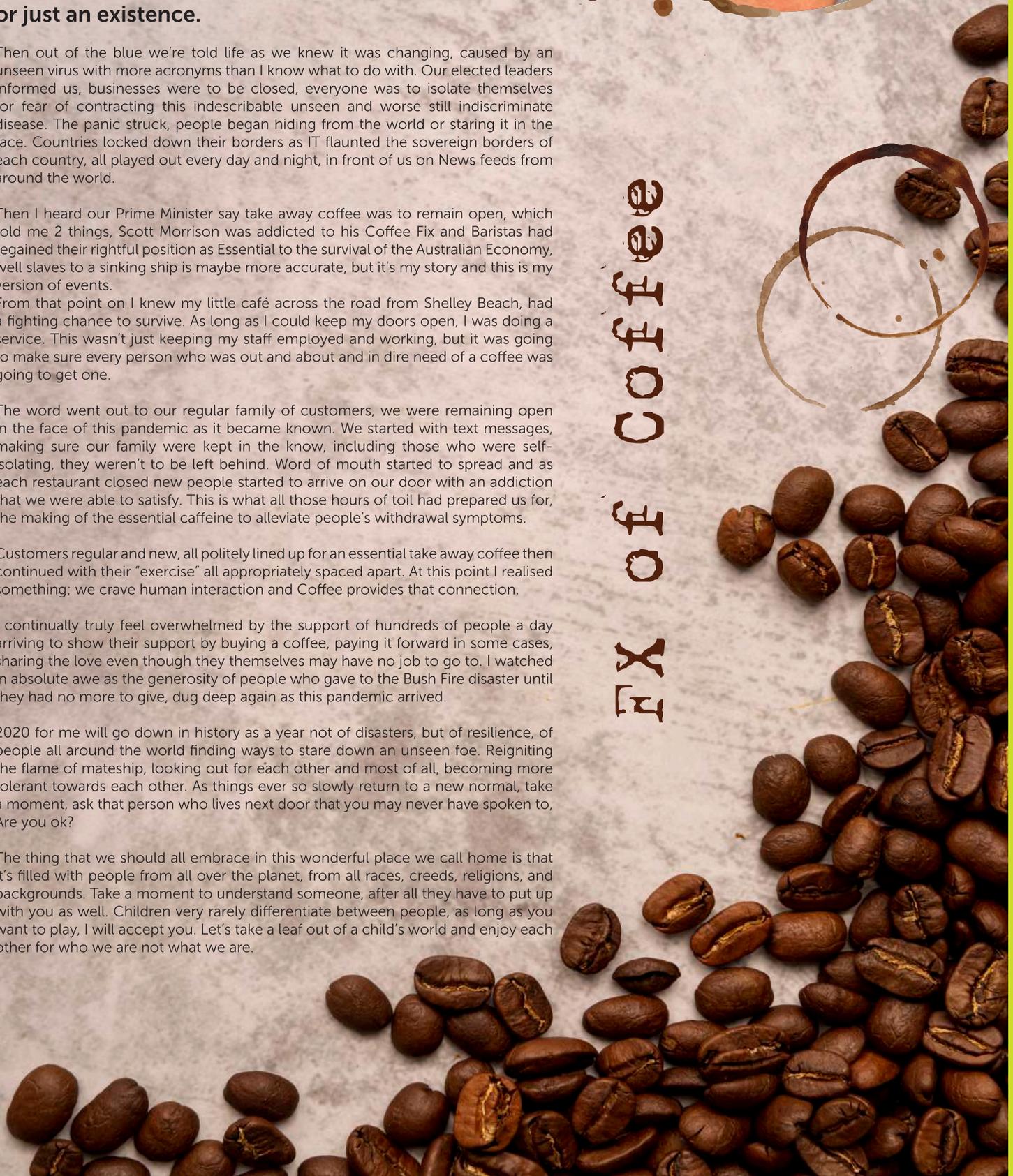
I continually truly feel overwhelmed by the support of hundreds of people a day arriving to show their support by buying a coffee, paying it forward in some cases, sharing the love even though they themselves may have no job to go to. I watched in absolute awe as the generosity of people who gave to the Bush Fire disaster until they had no more to give, dug deep again as this pandemic arrived.

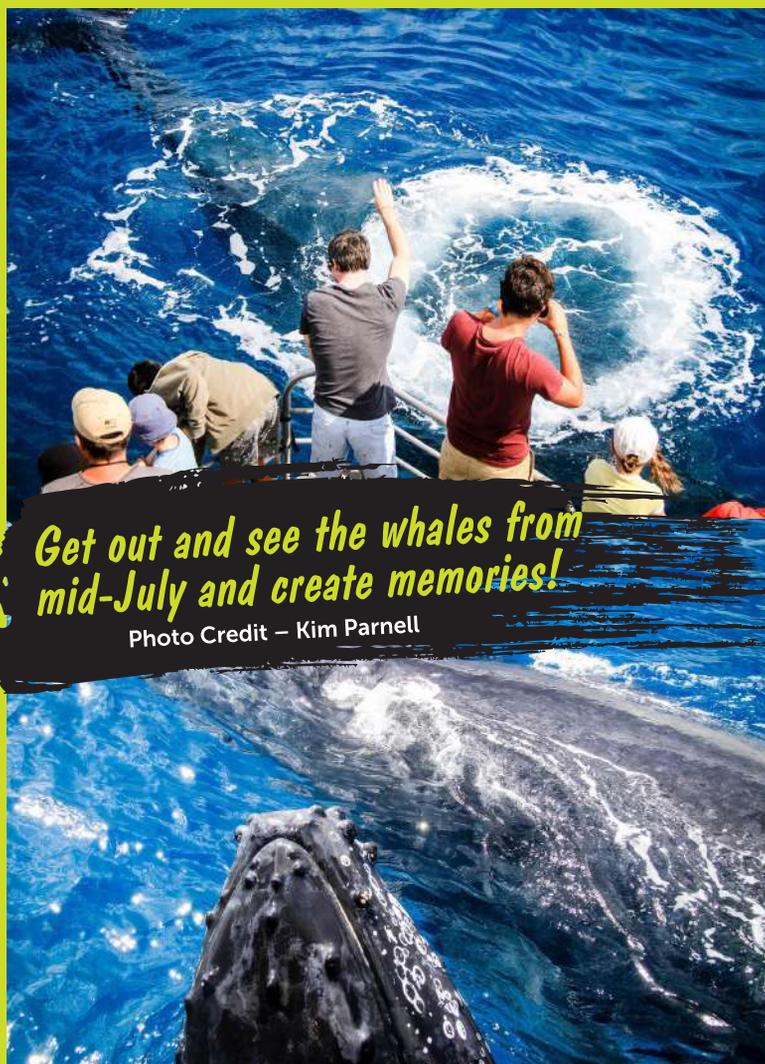
2020 for me will go down in history as a year not of disasters, but of resilience, of people all around the world finding ways to stare down an unseen foe. Reigniting the flame of mateship, looking out for each other and most of all, becoming more tolerant towards each other. As things ever so slowly return to a new normal, take a moment, ask that person who lives next door that you may never have spoken to, Are you ok?

The thing that we should all embrace in this wonderful place we call home is that it's filled with people from all over the planet, from all races, creeds, religions, and backgrounds. Take a moment to understand someone, after all they have to put up with you as well. Children very rarely differentiate between people, as long as you want to play, I will accept you. Let's take a leaf out of a child's world and enjoy each other for who we are not what we are.



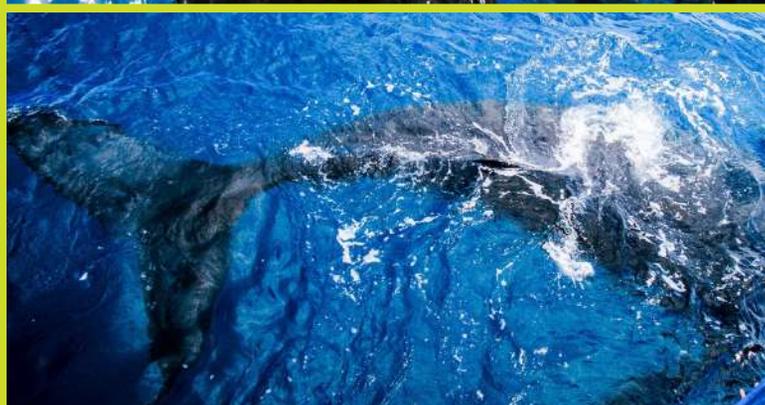
EX OF COFFEE





Get out and see the whales from mid-July and create memories!

Photo Credit – Kim Parnell



Fraser Coast LIBRARIES

All branches now open!

Limited hours. For more details, visit:
frasercoast.qld.gov.au/libraries-location-and-hours

Learn, play and discover online!

Borrow eBooks, eAudiobooks, eMagazines and eComics and stream movies for free:

frasercoast.qld.gov.au/elibrary

Enjoy children's storytelling online via Story Box, Ziptales and more for free:

frasercoast.qld.gov.au/eresources-children

Read thousands of the world's most popular newspapers and magazines available through PressReader:

frasercoast.qld.gov.au/emagazines

Join online for free:

catalogue.frasercoast.qld.gov.au/montage/join.aspx

 library@frasercoast.qld.gov.au

 frasercoast.qld.gov.au/libraries

 facebook.com/LibrariesFC

 youtube.com/frasercoastlibraries

 (07) 4197 4220

Fraser Coast LIBRARIES 
REGIONAL COUNCIL

OUR HISTORY

in Pictures



Bark Church Urangan 1931

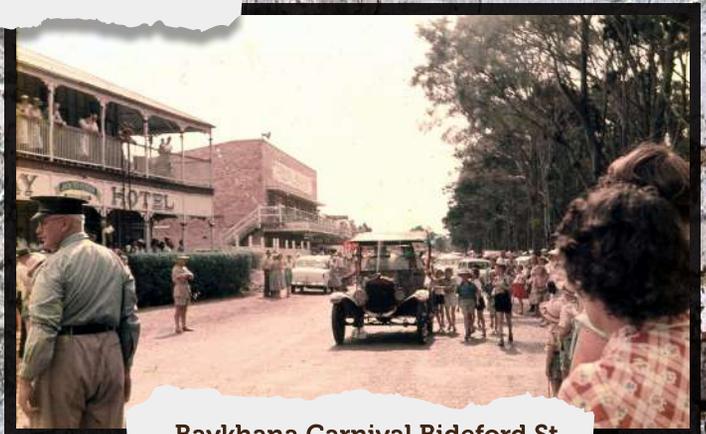


Local Group at Maheno, c.1940's



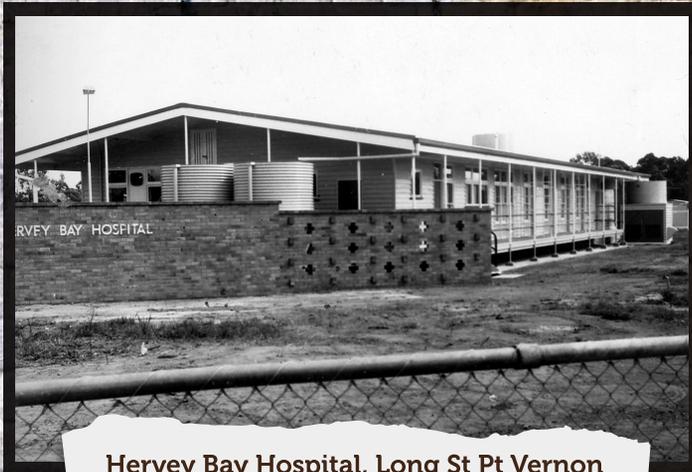
First Pialba Bus

1st Pialba Bus



Baykhana Carnival Bideford St
Torquay 1958

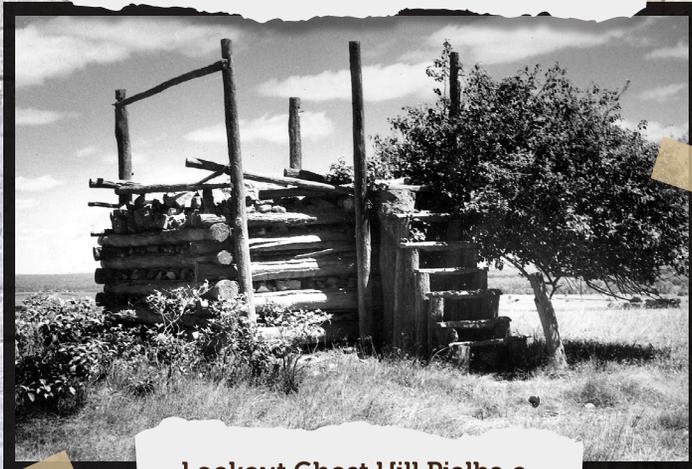
All photos supplied by Hervey Bay Historical Village & Museum



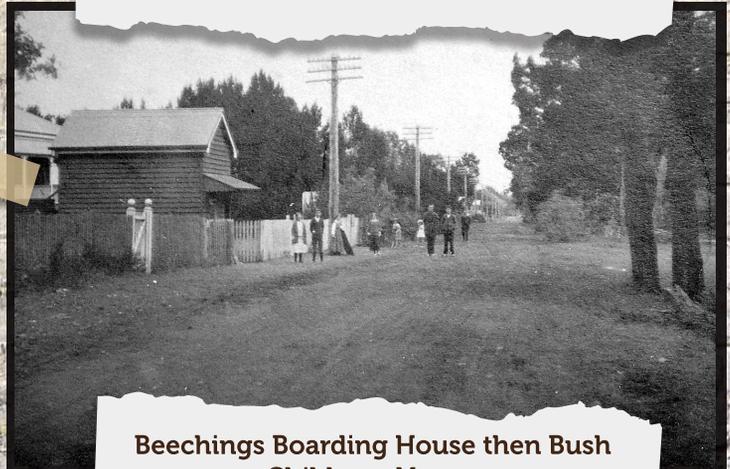
Hervey Bay Hospital, Long St Pt Vernon



Loading Sugar Cane, Walligan Siding.c.1916



Lookout Ghost Hill Pialba c



Beechings Boarding House then Bush Childrens Home.



Nikenbah Cane Loading



Scarness Esplanade, c. 1920



Bean Beat

Espresso bar



SCARNESS 4124 0616
(Next to Beach House Hotel)

PIALBA 4128 4411
(At the WetSide Water Park)

Add us @bean.beat 

TIME

DUNGA DERBY BY RALLY FOR A CAUSE

for the NEXT GENERATION

By Mitchell, Summer and Jake



#44 Derbydore has been part of the Dunga Derby community since the events second year in 2016. Derbydore was purchased for two cartons of beer by original owners Ross and Bec. In the first year, Ross took two staff members from Auto Electrical Solutions (AES).

The car has evolved each year from a near-stock commodore to what it is today. She has gone on many recce's, finishing every event - although a few minor roadside repairs have been made along the way.

The second year the team members were Ross, Bec and Chow. In its third year, Ross and Chow decided to donate time away from Derbydore to become part of the mechanical team, better known as the Greased Monkeys, who were on standby to help stranded dungas. Now it was time for Bec, along with new team members Simone and Darryl to take over for the next two years.

The car and its team are very well known for their fund-raising abilities, having raised over tens of thousands of dollars over its time for the Dunga Derby by Rally for a Cause. Some of its previous fund-raising events have included its legendary Bunnings sausage sizzle drive- thru and various movie nights.

Now that Ross and Bec have moved onto bigger projects it was time to pass #44 Derbydore onto someone else. The car has now been passed to the next generation of Dungarians, Mitchell and his team, Summer and Jake, who are an enthusiastic group of young adults very keen to continue #44 Derbydore's legacy in helping Fraser Coast families through difficult times.

I would like to share with you a little about why I, (Mitchell) and my team have decided to join the Dunga Derby.

The Dunga Derby is a good way to make new friends and to have a blast whilst driving through small towns and putting smiles on people's faces. So much is given back to the community, this is what really lured my team to join Dunga Derby by Rally for a Cause in the first place.

The experience has also been a family thing since that first year in 2015. Both my parents have been part of the dunga community for much longer than myself. I was not quite old enough at the time to go on all the adventures at that time.

Over the years I have heard all of the wonderful and funny stories about how awesome the experience was. I have also seen all the photos of everyone having fun and heard the various family's stories on how Rally for a Cause has helped them in their times of need.

Now it's time for myself and my team to create some of our own memories to look back and to cherish over the coming years. Being a young and new team in the event, I am very excited to raise funds that go towards helping out the community that I have been part of for most of my life.



Underrated

BUT EDUCATED

The Twenties Trip

Do your twenties look the way you thought they would?

Over puppy cuddles and backyard fires, this was a question that presented itself at the forefront of our minds, and quickly became a captivating topic of conversation. More jarring than the realisation that it'd been five years since we'd graduated high school and entered this new chapter of our lives, was the realisation that our perception of these years was incredibly idealistic.

In our teenage minds, these years of growth would bring with them a wealth of opportunities, continual self-development, and impending success. However, what we failed to realise was that a wealth of opportunities often means a mind plagued with confusion, continual self-development often means the intake of constructive criticism (sometimes at the cost of a bruised ego), and impending success often means a constant internalised pressure to perform.

For one of us (Emily), I approached my twenties with a 'standard' and clear ambition; to graduate university, before embarking on my mission to climb the ranks in a profession I was certain about. Those entry years were shaped with clarity and development, however, what I wasn't expecting come graduation was a plague of hesitation regarding job prospects. Many restless nights were spent grappling with my decisions, and whilst I am truly content with the decision that led me to where I am now, I can't help but feel a desire for something greater.

For the other (Phoebe) these formative years have manifested very differently. My twenties began atop a pinnacle that I've yet to reach

Underrated but Educated: The musings of Emily Jackson and Phoebe Tweddle and their experiences through the perilous journey of growing up.

again – with the booking of my first professional acting job in Los Angeles. Now, years later, instead of definitive progression, I find myself back in Australia, struggling, on occasion, to shake the feeling that I'm moving backwards.

Even though our twenties haven't been as picturesque and quintessential as we'd anticipated, what they have brought us are experiences and lessons that have shaped us into the women we are today. Whether that's full-time employment in the town we grew up in, or dabbling in a field that you never thought you would, these outcomes have shown us that success is ever-changing, undefined, and impossible to achieve without failure.



I Love this Place

Last time we were chatting I was doing a COVID-19 test. Turns out it was just a bad flu. My non-medical advice = Eat more veggies and wash your hands. (I thought I was doing that....)

Now for some good news. let's keep positive. I love what the crew from the Neighbourhood Centre are doing. One of their projects that has come about in the last 6 months is the Bless Box. This is a box where you can drop off non-perishable items for those doing it tough. You can put food, books and things like toothbrushes and toothpaste, as well as ladies sanitary items or deodorant in there. Think of things people struggling might need. I have stopped giving to national charities and am now making donations to the Bless Box as it's our local people that benefit. It's also a nice way to show our children how to give back to our community. It's amazing how much food you can buy for \$20 and how many people that can help.

I caught up with Melissa who works for the Neighbourhood Centre and she said that they were getting a great response to the Bless Box. One of the more heartening things she told me was that some of the people that were regular givers were actually people who were low-income earners that felt they wanted to give to people who needed things more than themselves.

We live in an era when we have seen money go to charities who are paying CEO's and Administrations large sums of money that has been given by the public with their understanding that the funds would go directly to the people in need. It's things like this that have led people away from giving.

Projects like the Bless Box are a way for us that want to give, to directly see our money helping people that need it most. Individually we are never going to be able to save the world like Superman did in the comic books but we can make things a little nicer if we choose to.

Want to hear more from [Mak](#)
Listen from 6am weekday mornings to Hit 101.9





Self Defence for Seniors

For those who are in the age bracket of 50 to 90 plus and live in Hervey Bay or the outer suburbs, expressions of interest are being sought for people interested in new martial arts classes as part of a seniors self-defence program.

CQC Martial Arts Instructor – Michael Landas said, "I've been walking up and down the Esplanade the past couple of weeks and had some great conversations with some seniors that would like to see a program created just for them."

"If we get enough interest we are going to start up a beginners 'Seniors Self Defence' program, that is low impact and gentle on the body that can be easily modified to suit individual needs".

Benefits of Martial Arts for the senior age:

- Increase Physical strength and agility
- Stronger Joint strength
- Stronger stabiliser/secondary muscles
- Improve oxygen flow throughout body
- Increase balance, flexibility, and coordination
- Less at risk for injuries from accidental falls
- Increase in immune system immunity
- Improved Memory and Memory recall
- Self Defence skills and Self Empowerment/ Mental state skyrocket



Discounts are offered for any holders of a Seniors Card, Seniors Business Discount Card, Pensioner Concession Card and Veterans Affairs Card.

About the Instructor

Master Michael Landas is an Award Winning Instructor and started Martial Arts at age 15, he has been studying Martial Arts full time for over 23 years.

He is a 6th Degree Black Belt in Combative TaekwonDo, an Expert in Joint Locks, Restraints and Apprehension, a Level 4 Kru in Muay Thai Kickboxing, Black Belt in Karate and a Black Belt in Japanese Weaponry. He found his passion very young and has never stopped loving it.

He has watched first-hand the Martial Arts industry change and adapt over the years to the Incredible life changing tool it is today for Adults and Children. Master Michael holds 7 x Australian Champion titles and was an Ambassador to stop the "Coward Punch" in his local area.

He has been submitting articles for Child Development, Awareness and Bullying in Primary and High school magazines for years as well as Publishing a Number 1 Best Selling Book "BUILDING WINNERS – Essential Strategies for Raising Strong Kids". He owns one of Australia's most Premiere Martial Arts schools.

Michael can't wait to meet you all!
Call 0466635557 / Email cqu@hotmail.com
CQC Martial Arts



PARNELL MOBILE MAINTENANCE 0404 641 834

DELVE INTO Books

with Cate Akaveka

Book Review

Humankind: A Hopeful History
By Rutger Bregman

From the author of Utopia for Realists, a revolutionary argument that the innate goodness and cooperation of human beings has been the greatest factor in our success.

It's a belief, long held by psychologists and philosophers, that human beings are by nature selfish and driven by self-interest. This belief is captured in daily headlines and the laws that govern our lives.

In *Humankind*, Rutger Bregman claims that by thinking the worst of others, we bring out the worst in ourselves, our politics and our economies. He suggests a new way of thinking - to assume that people are good and have natural instincts to cooperate rather than compete, trust rather than distrust.

By providing a new perspective on human history, Bregman theorises that all progressive ideas, e.g. the advent of democracy, the abolition of slavery, women's suffrage, or marriage equality, were once considered radical or dangerous.

He offers a range of little-known true stories to back up his argument on the innate capacity of humans to care for each other. There's the tale of twin brothers on opposing sides of South African apartheid who joined Nelson Mandela to create peace, or a post-World War II study that found as few as 15% of American soldiers were actually capable of firing at the enemy. Perhaps most interesting is a real-life *Lord of the Flies* story about a group of six shipwrecked Tongan children who survived 18 months on a deserted island by working together.

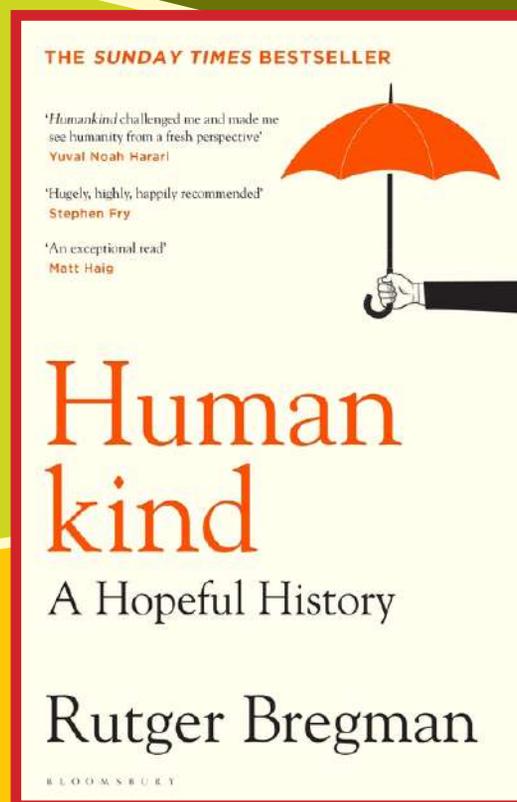
The main goal of *Humankind* is to suggest that changing our thinking toward positive and high expectations of our fellow humans will reap lasting success.

Bregman writes with a witty frankness, making history and social science very accessible and enjoyable for lay readers.

Perhaps it's time for a new view of human nature.



Cate Akaveka



Fashion

WITH LEAH



"What's under the clothes, matters!"

"Stand up straight!" "Don't pick your undies out of your bum!" "Shoulders back darling!" "Poke your toosh out!" "Suck that tum tum in!"

These are just some of the things I remember hearing from my mama when growing up. And although we live in an era of practicing 'positive body image' regardless of shape, size or colour, my mamas words regarding correct posture were golden and imperative when it comes to good styling and fashion. In addition to this, so much of maintaining a good posture also comes down to what's being worn under the clothes!

Let's deconstruct this a little...

Wearing good quality and correct-fitting underwear is just so darn important! It'll elevate a 2/10 outfit to a 10/10 outfit. The reason being it changes the WHOLE person. You know when you've been at an event and you see 'that girl' walk in who just oozes beauty and confidence with zero effort! She's comfortable, not tugging on bra straps, pulling undies out of crevices, or readjusting the titties a million times into the right spot! Besides her own gorgeous styling, she is probably wearing correct fitting underwear which in turn decreases the tugging/rearranging of body parts and creates absolutely divine posture.

Whatever your outfit, be it for work, exercise, events or leisure, wear the right underwear! Get properly fitted for a bra by a professional (our boobies change and evolve as we do, so get professionally fitted often). A special mention here goes to strapless bras - invest in a good one! The strapless bra has been the culprit of bad posture and hunched shoulders for decades! Just get professional advice with them and invest in good quality.

Put some thought into where your undie lines sit and show up under clothing. If it's cutting in and creating a whole new bum cheek for you, it's time to invest in proper-fitting undies! There are so many wonderful options on the market now for all shapes and sizes - from G-strings, bodysuits, shapewear, seam-free underwear, full coverage underwear, strapless bras, chicken fillets and so much more!

Beautiful posture is just such a vital part of good styling, for both males and females (I've already noticed my 9yro hunching his shoulders!). Keep whispering 'stand tall' in their ears mamas and do yourselves a favour and get a bra and knickers overhaul!

**Need help with the undies upgrade?... I'm here to help.
Drop me a line anytime xx**

0439 723 832

leahharvestyling@bigpond.com

[@leah.harvey.styling](https://www.instagram.com/leah.harvey.styling)

www.facebook.com/leahharveymakeupandstyling

GROWTH OPPORTUNITIES ARE READILY AVAILABLE

Every parent wants their child to grow to be the best they can be, achieve happiness and find a career path that suits them into the future. In today's rapidly evolving employment environment, established confident skillsets are key to achieving a lead in the competitive workforce. Students who have set pathway goals by the conclusion of their secondary education are better prepared to step into their chosen industry.

Choosing an education provider who keeps developing to be in front of our current fast-paced future, needs to be an important consideration for every parent, because beyond results, the pathway to a well-rounded and successful student is a holistic approach.

St Mary's College has continued to be recognised as an educator supporting their student's success' as each is encouraged individually to grow into their strengths, becoming confident and self-assured contributors to the College community. Growth opportunities are readily available to St Mary's students with progressive integrated technology programs combined with small class sizes. Contemporary education delivery is supported with strong emphasis on creating educational pathways tailored to each students' talents with the launch of an innovative excellence program.

Crediting the tailored pathways St Mary's develops with their students, the College is continually proving it is a leader, with the highest OP Percentages in the Fraser Coast region and Maryborough's best NAPLAN results. Students are individually supported in this established system, whether this is heading off to university, TAFE, undertaking a trade or moving directly into employment after school through the dedicated Senior Pathways Centre.

The journey through education excellence does not just start at secondary schooling, supported transition through a linked community collaboration between St Mary's Primary and the College is a strong element between the two campuses, providing a coordinated approach to innovative education. Enrolments are open and tour bookings are available for interested parents of both schools.

St Mary's Primary (07) 4121 5705
St Mary's College (07) 4190 2200

The transition into secondary school can be daunting for students and parents. St Mary's College values the benefits of transition for our new students. We invite students of the Fraser Coast to come and try our Taster Day Wednesday 5 August (bookings essential).



2020 science Ambassadors - St Mary's College



St Japanese Kimono wearing
- Year 7 2020 (6)



Science

ST. MARY'S

COLLEGE MARYBOROUGH

DISCOVER

Education with Exceptional Results



ENROL NOW

INNOVATIVE Excellence Program

Year 7 2021 Scholarships

HIGHEST OP Percentages in Fraser Coast

BEST Maryborough NAPLAN Results

ESTABLISHED 1:1 Laptop Program

WINNERS of multiple National & Local
Technology awards

FOCUS on developing individual
pathways for each student

Years 7 - 12

www.smcm.qld.edu.au

College tours available by appointment

(07) 4190 2200

SERVICE · COURAGE · JUSTICE

QUIET TIMES AT THE

MAHENO

By Nathan Smith

As we slowly wake from lock-down and begin to venture from our homes to try to regain some sort of normality, The Maheno wreck is beginning to see a steady flow of visitors again as Fraser Island is gradually re-opened. It would be easy to think that the last couple of months of solitude, rusting alone on the deserted eastern beach would be the quietest in the ships entire 115-year history. The truth is though, the Maheno would spend an accumulated 6 years of her commercial service languishing at anchor, Laid-up and mothballed, bogged down in economic depression and industrial dispute. Decks I have always envisioned full of passengers in their Edwardian finery were in-fact quiet for years at a time, but for the echo of a lone nightwatchman's footsteps.

As words like recession and even depression circulate in the back of our psyche, it was indeed the great depression of 1929 that inevitably sealed Maheno's fate. Government stimulus in the UK saw new shipbuilding continue even though trade had dropped dramatically and soon a whole new class of liners appeared in Australian waters. These new leviathans sported swimming pools and private bathrooms, leaving the antiquated Maheno outdated, and outclassed.

Laid up in Port Chalmers for over 18 months prior, The Maheno was given one last hoorah when she was re-commissioned for a special service in late 1934 to coincide with the Victorian centenary celebrations. By early 1935 the service was withdrawn along with the heavy government subsidy and the Maheno offered up for sale.

The ship was of very little value, and shipbrokers Banks Bro's of Sydney scouted the scrap merchants of Japan (also heavily governmentally subsidised) in the hope of a quick sale. Myachi Kiessen K.K of Kobe would eventually purchase the vessel, having successfully scrapped

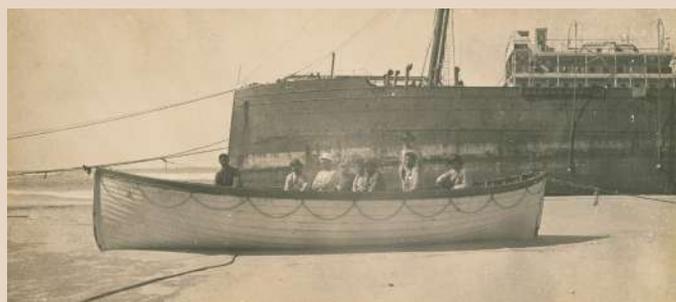
many aging Union Steamship Company vessels in the few years prior. This would be the first time the company would attempt to tow a ship back to Japan however, with all previous vessels making the 6800km journey under their own steam. The aging union liner Oonah was also purchased as tow ship for what should have been a straightforward journey through calm waters.

In weather that also parallels predictions for this winter, unseasonal tropical lows lashed the Australian east coast in June/July of 1935. I often feel for Captain Tanaka (and expedition leader Captain Hashimoto aboard the Oonah) and the dread they must have felt while looking out at the black circling horizon as their barometers crashed, realizing the peril of their hopelessly underpowered convoy.

July 9th will mark 85 years since the Maheno gently bumped ashore in her current position and I would usually be madly organizing the latest 5-year periodical exhibitions I hold of my artefact and photo collection, but given the 3000+ (mostly older) visitors we had in 2015, it would be irresponsible to press ahead in these uncertain times.

I will continue lobbying local Government to establish a permanent Maritime Museum for the Fraser/Cooloola Coast, which might seem trivial in a time of economic uncertainty, but I believe new tourism ventures will be an important part of getting people back to our beautiful region and what better way than connecting with our rich (and often tumultuous) relationship with the sea.

You can read more about our famous wrecks fascinating history in my book 'The Long Life and Slow Death of the T.S.S Maheno' available directly from us at <https://mahenoguy.ecwid.com>



Vox Pop



This month, we have seen some more easing of COVID-19 restrictions after months of isolation and a city in lockdown. The one thing that shines through with the responses below is our need for people - that interaction and socialisation with others, whether it be with family or friends. – Kim Parnell

Question: Now that restrictions have eased, what do you look forward to doing the most?



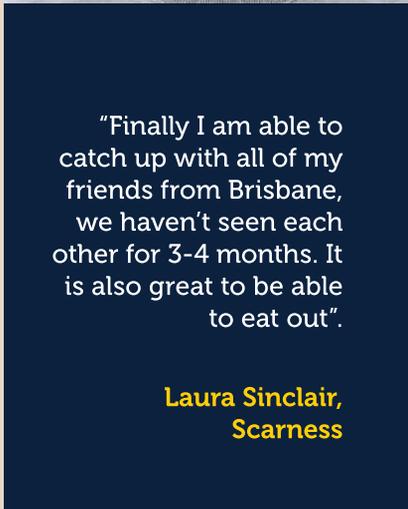
"I work heavily in the music industry, things are slowly coming back to life, I look forward to performing again very soon".

**Joel Aspinall,
East Brisbane**



"It has been nearly six months since I have been able to visit family and friends, so this is what I am looking forward to the most".

**Karen Rayner,
Sunshine Coast**



"Finally I am able to catch up with all of my friends from Brisbane, we haven't seen each other for 3-4 months. It is also great to be able to eat out".

**Laura Sinclair,
Scarness**



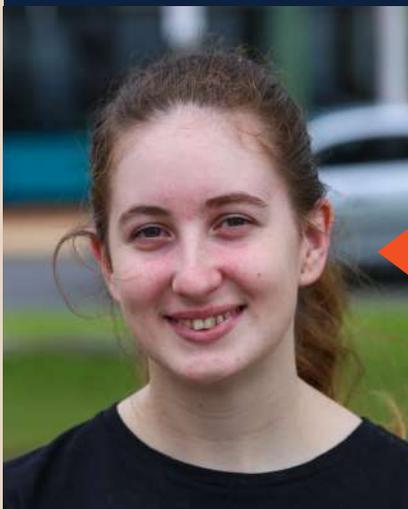
"Coming out and having coffee with friends, seeing family in Brisbane and just socialising in general".

**Lyn Marshall,
Kawungan**



"I can't wait to visit my family in NSW, I last saw them at Christmas. It is great to be able to socialise legally now."

**Van Graham,
Pialba**



"Being able to hang out with my friends again, also having lunch out or going to a restaurant".

**Samara Greig,
Scarness**



Fraser Coast Markets



MARYBOROUGH

MARYBOROUGH MARKETS

Adelaide & Ellena St,
Maryborough

Every Thursday
7am to 12pm

markets@fcte.com.au

HERVEY BAY

TORQUAY BEACHSIDE MARKETS

Outside Aquavue,
Torquay

Every Saturday
7am to 1pm

bayconnect@hotmail.com

HERVEY BAY

NIKENBAH MARKETS

Hervey Bay
Animal Refuge
Nikenbah-
Dundowran Rd,
Nikenbah

1st, 3rd & 5th Sun
of the month
6am to 12noon

hbarpets@gmail.com

HERVEY BAY

URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan
(in front of Jetty)

Every Saturday
7am to 1pm

pierparkcommunitymarkets@gmail.com

HOWARD

HOWARD COUNTRY MARKETS

Howard Community
Centre
Steley St, Howard

1st Sat of the month
7am to 12noon

info@howardcommunitycentre.org.au

For all Market submissions or corrections :

Please contact: What's On Fraser Coast on

Ph 0467 303 171

or email: whatsonfrasercoast@outlook.com

DISCLAIMER: Markets subject to change due to COVID-19, school holidays, public holidays and weather conditions.

FRASER COAST

What's On

July 2020 26

OUT ON THE Water

with **Andrew Chorley** - Hervey Bay
Fly and Sportfishing



Longtail Tuna



Black Marlin



Golden Trevally



Cobia

Tell us a little about your background Andrew?

I am a born and bred Hervey Bay local and have been fishing all my life, I have been guiding professionally for 10 years. Growing up in Hervey Bay I was drawn to the ocean and fishing spending many days stomping the Urangan Pier and the local beaches.

I had an opportunity to pursue a dream of being a fishing guide 10 years ago and grabbed it with both hands. After 10 years guiding on the water plus a lifetime of fishing there aren't too many things I haven't seen out there, yet everyday something will remind you how lucky we are to have this as our backyard.

What is Hervey Bay Fly and Sportfishing all about?

Hervey Bay Fly and Sportfishing offers a personalised professional guiding service. We have 4 trained and highly skilled guides with 4 custom built sportfishing vessels. We mostly concentrate on sportfishing which involves lure and fly-fishing techniques and give all the tuition required to use those styles. We can also do bait and reef fishing trips but choose mostly to focus on lure and fly.

Lure fishing is very effective and is deadly on finding those bigger trophy fish. With no bait and generally single hooks any fish that are not wanted for the table can be unhooked and released quickly and unharmed. Having 4 guides and vessels we can offer group bookings and unique corporate events. We have plenty of availability now, so don't miss out on getting out on the water.

What kind of fish can you catch?

On the sheltered waters of Hervey Bay, the Great Sandy Straits and around Fraser Island we have an overlap of southern and northern species. Snapper, Barramundi, Flathead, Threadfin Salmon, Longtail Tuna, GTs, Queenfish, Juvenile Black Marlin, Golden Trevally and more can all be caught when fishing in this unique location.

Hervey Bay's calm waters are home to dolphins, dugongs, marine turtles, shore and seabird... Fraser Island to the East protects Hervey Bay from the south easterly trade winds, this gives anglers access to sheltered fishing conditions all year round.

What trips do you offer?

We offer private half and full day charters along with multi day packages in Hervey Bay's calm waters for up to 3 people per boat.

We also offer 3- 5-day mothershiping packages along the western side of Fraser Island using the 58 ft catamaran Freedom III

We are also doing a Bay to Barra promotion at the moment which has 6 nights' accommodation and 4 days fishing, split between Hervey Bay on our saltwater species and Lake Awoonga targeting Barramundi. That package is a self-drive package targeted at the drive market which is going to be popular now coming out of covid restrictions.

Do you cater for novices?

We cater for all levels of experience from the complete novice to the most seasoned angler. All tuition and quality gear is supplied ensuring you have the best day possible on the water.

Tell us about Hervey Bay's famous flats?

The flats of Hervey Bay are renowned as one of the birth places of flats fishing in Australia, in the summer months the flats can see a wide range of species coming up to feed from...

Tailing Golden Trevally
Cruising Queenfish
Big GT's
Yellowtail king fish
Black Marlin and.
Longtail tuna ...just to name a few.

Targeting these species on lure and fly will certainly get your heart pumping. It is one of the only known places in the world where you can see Juvenile Black Marlin cruising the shallow flats. Hervey Bay fishermen can certainly deliver some unique shallow water captures on both fly and lure.

Whales, dolphins, dugong's, marine turtle's, shore and seabirds, the elusive Fraser Island dingo and much more wildlife can also be seen whilst fishing this diverse area.

Social Snaps

Out and About on the Fraser Coast!



Older Men Unlimited cook a mean BBQ



Juanita Tazzyman loves her handmade soap

Urangan Pier Park Markets

Photo Credit – Kim Parnell



Peter Degroot sells for Flowers & Colour Nursery



Lisa Barlow from Barlow's Farm



Laura Bennett and dog Chia enjoy the markets

Social Snaps

Out and About on the Fraser Coast!



Christine Lotika is a regular at the markets



Karen Mojica from Salubrious Source

Torquay Beachside Markets

Photo Credit – Kim Parnell



Jo Leahy shows off a dress and bag for sale



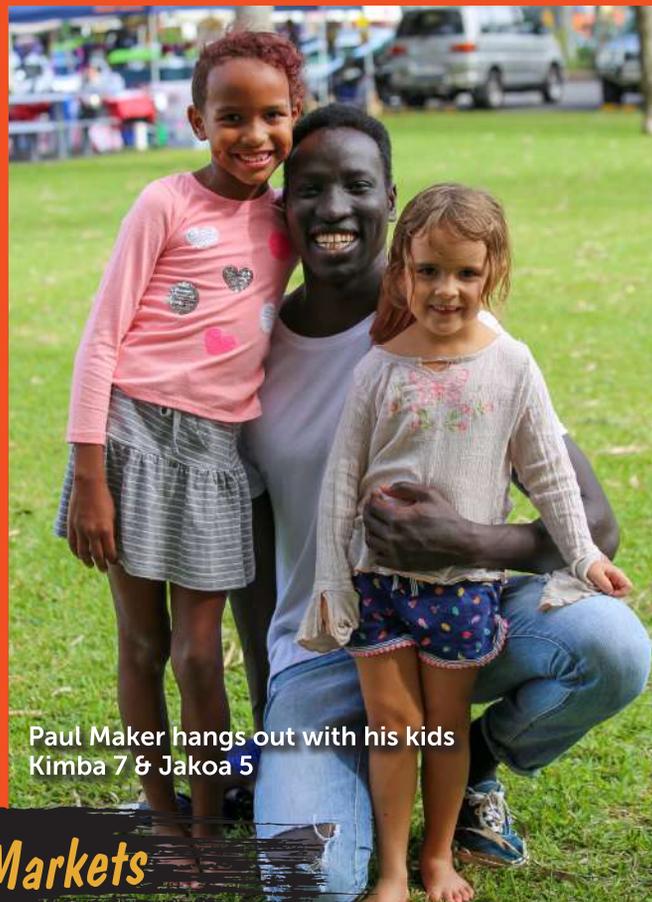
Ian Harper from Harper's Bizarre enjoys creating

Social Snaps

Out and About on the Fraser Coast!



Leanne McCarthy chooses a belt



Paul Maker hangs out with his kids Kimba 7 & Jakoa 5

Torquay Beachside Markets

Photo Credit – Kim Parnell



Tamara Cobban is busy making fairy floss



Musician Doug Edwards performs at the markets

UMBRELLAS OF KINDNESS AMONGST THE CLOUDS OF CORONAVIRUS

By Andrea Huglin

Fraser Coast secondary schools are on the brink of a Mary Poppins inspired adventure with the Noosa Film Academy. Funded by Fraser Coast Council's Regional Arts Development fund, eight schools will be the recipients of one day filmmaking workshops, taught by Academy Award winning Cinematographer Greg Huglin (The Cove).

With over 50 years as a Cinematographer based in California, Greg is very familiar filming and photographing famous actors and models around the globe. After becoming an Australian citizen on a rare distinguished talent visa, Greg and his wife Andrea are committed to give back to Queensland's remote and rural youth by teaching film and video screen production.

"Shooting a film is a team effort", explained Greg "and the teenagers will be immersed into hands on roles as the film crew learning how to produce, act, direct, shoot and edit a short film." By beginning the workshop with a careers guidance movie montage, the teens also discover the range of vocational pathways within the screen industry.

Emma Bannerman, Fraser Coast Regional Council's valued advocate of the arts, encouraged the films to follow a storyboard that aligned with the Mary Poppins Story Telling Festival.

"We created a script which opens with a shot of a student carrying an umbrella into their classroom," said Greg, "and like a spoonful of sugar, a kindness comes with it." That kindness is paid forward from one student to the next via compliments and acts of consideration. The students invent dialogue, block out scenes and then film it with a state of the art, industry level, ultra-high definition 5K RED Epic camera, as used in the Hobbit and Star Wars. "It's a \$60,000 camera so it does have a bit of a wow factor," said Greg.

The day concludes with collaborative editing and then the short film is uploaded to YouTube, a useful addition to the students' digital portfolio when seeking employment or tertiary pathways. Each student receives a Certificate of Completion along with their expanded set of screen production skills. The teenagers are excited to see their production premiere on the big screen at an inter school premier event at The Brolga Theatre when it reopens. Additionally, their Umbrella Films will also go on exhibit at the Story Bank in Maryborough.

The competency-based training workshops were made possible by Fraser Coast's forward-thinking educators, councilors, advocates for the arts and reported by Kim Parnell from What's On Fraser Coast. By providing this valuable vocational opportunity for the young people of the Fraser Coast, hundreds of teenagers will create mindful movies while learning useful new screen production skills.

"I believe in learning with laughter," said Greg, "and we always have plenty of that, but the Kindness Umbrella is special because it sprinkles positive movie magic wherever we go."

The Regional Arts Development Fund is a partnership between the Queensland Government and Fraser Coast Regional Council to support local arts and culture in regional Queensland.

Greg Huglin is supported by Queensland Government through Arts Queensland.





FRASER COAST

What's On

"Whatever you are into, get into What's On Fraser Coast"

Kim Parnell 0467 303 171